

SHARPENING THE LYM INEQUALITY

PÉTER L. ERDŐS<sup>1</sup>, P. FRANKL, D. J. KLEITMAN<sup>2</sup>, M. E. SAKS<sup>3</sup>  
and L. A. SZÉKELY<sup>4</sup>

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The level sequence of a Sperner family  $\mathcal{F}$  is the sequence  $f(\mathcal{F}) = \{f_i(\mathcal{F})\}$ , where  $f_i(\mathcal{F})$  is the number of  $i$  element sets of  $\mathcal{F}$ . The LYM inequality gives a necessary condition for an integer sequence to be the level sequence of a Sperner family on an  $n$  element set. Here we present an indexed family of inequalities that sharpen the LYM inequality.

1. Introduction

A collection  $\mathcal{F}$  of subsets of a set  $X$  is a *Sperner family* of  $X$  if no member of  $\mathcal{F}$  is a subset of another. Sperner theory is a rich area in combinatorial theory; the seminal result in the area is the well known:

**Theorem 1.** (Sperner) [9] *If  $\mathcal{F}$  is a Sperner family of a set of cardinality  $n$ , then*

$$|\mathcal{F}| \leq \binom{n}{\lfloor \frac{n}{2} \rfloor}.$$

More detailed information about the structure of Sperner families can be obtained by considering their *level sequences*. The level sequence of a family  $\mathcal{F}$ ,  $f(\mathcal{F}) = \{f_i(\mathcal{F})\}$ , has  $f_i(\mathcal{F})$  equal to the number of members of  $\mathcal{F}$  with exactly  $i$  elements. Sperner's theorem asserts that  $\sum_i f_i(\mathcal{F}) \leq \binom{n}{\lfloor \frac{n}{2} \rfloor}$ . A stronger restriction on the level sequence was proved independently by Lubell, Yamamoto and Meshalkin:

**Theorem 2.** (The LYM inequality) [7], [10], [8] *If  $\mathcal{F}$  is a Sperner family of an  $n$ -set then*

$$\sum_{i=0}^n \frac{f_i(\mathcal{F})}{\binom{n}{i}} \leq 1.$$

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We say that a sequence  $f = \{f_i : i \in \mathbb{Z}\}$  is *realizable* as a Sperner family of an  $n$ -set, or  $n$ -realizable for short, if there is a Sperner family  $\mathcal{F}$  of an  $n$ -set such that  $f = f(\mathcal{F})$ . Theorem 2 gives an important necessary (but far from sufficient) condition for  $f$  to be  $n$ -realizable. On the other hand, Clements and Daykin et. al. gave necessary and sufficient conditions for  $n$ -realizability based in the notion of a highly structured class of Sperner families called canonical Sperner families (defined in section 2). Their result asserts:

**Theorem 3.** ([1], [2]) *For each  $n$ -realizable sequence  $f$  there is a unique canonical Sperner family  $\mathcal{F}$  such that  $f = f(\mathcal{F})$ .*

In this note, we use Theorem 3 to derive a sequence of inequalities each of which strengthens the *LYM* inequality. The first of these strengthenings yields, for instance, an immediate proof of Sperner's stronger theorem that a maximum size Sperner family on an  $n$ -set consists of sets of the same size. It has also been used by Kleitman and Sha [6] to bound the number of linear extensions of the lattice of subsets of a set.

## 2. Preliminaries

To define the notion of canonical Sperner family (which appears in Theorem 3) requires some preliminary definitions. Assume that the base set  $X$  is totally ordered,  $X = \{\alpha_1 < \alpha_2 < \dots < \alpha_n\}$ . This total ordering induces a total ordering on  $2^X$ , called the *antilexicographic order*:

$$A <_{AL} B \Leftrightarrow \max\{\alpha_j : \alpha_j \in (A \setminus B) \cup (B \setminus A)\} \in A.$$

Let  $X^{(i)}$  denote the collection of  $i$  element subsets of  $X$  and  $AL(i)$  denote the restriction of  $AL$  to  $X^{(i)}$ . Also, let  $AL(i, t)$  denote the first  $t$  subsets of  $X^{(i)}$  under  $AL(i)$ .

A Sperner family  $\mathcal{F}$  is *canonical* if for some integers  $t_0, t_1, \dots, t_n$ ,  $\mathcal{F}$  consists of the minimal sets (with respect to inclusion) of  $AL(0, t_0) \cup AL(1, t_1) \cup \dots \cup AL(n, t_n)$ . Generally this form is not unique, but if we suppose, that the condition  $f_i(\mathcal{F}) = 0$  ( $i = 0, \dots, n$ ) implies that  $t_i = 0$  then this form becomes unique. The connections between the parameters  $f_i(\mathcal{F})$ 's and  $t_i$ 's are determined by the Kruskal–Katona Theorem ([4] and [5]).

In addition to Theorem 3, we will need an additional fact about canonical Sperner families. For a Sperner family  $\mathcal{F}$  on  $\{\alpha_1, \dots, \alpha_n\}$  and for every pair  $k, i$  ( $k \leq n$  and  $0 \leq i \leq 2^k - 1$ ) define  $\mathcal{F}^{i,k}$  to be  $\{A \in \mathcal{F} : A \cap \{\alpha_{n-k+1}, \dots, \alpha_n\} = T_i\}$  where  $T_i$  is the  $i^{\text{th}}$  set of  $\{\alpha_{n-k+1}, \dots, \alpha_n\}$  in the  $AL$  order. Then for each  $0 \leq k \leq n$ ,  $\mathcal{F}^{0,k}, \mathcal{F}^{1,k}, \dots, \mathcal{F}^{2^k-1,k}$  is a partition.

**Proposition 4.** *If  $\mathcal{F}$  is a canonical Sperner family of  $\{\alpha_1, \dots, \alpha_n\}$  and  $0 \leq i < j \leq 2^k - 1$  then every set in  $\mathcal{F}^{i,k}$  has cardinality less than or equal to every set in  $\mathcal{F}^{j,k}$ .*

**Proof.**  $\mathcal{F}$  is the set of minimal sets (with respect to inclusion) of  $AL(0, t_0) \cup \dots \cup AL(n, t_n)$  for some  $t_0, \dots, t_n$ . Suppose  $i < j$  and  $A \in \mathcal{F}^{j,k}$  with  $|A| = a$ . Then  $A \in AL(a, t_a)$  and by definition of  $AL$  order,  $AL(a, t_a)$  contains all sets of size  $a$  whose

intersection with  $\{\alpha_{n-k+1}, \dots, \alpha_n\}$  is  $T_i$ . Thus if  $|B| > |A|$  and  $B \cap \{\alpha_{n-k+1}, \dots, \alpha_n\} = T_i$  then  $B$  has a subset in  $AL(a, t_a)$  so  $B \notin \mathcal{F}$ . ■

The following definitions concerning sequences of integers will be needed. For simplicity, all such sequences,  $f = \{f_i\}$ , are assumed to have index set  $\mathbb{Z}$ . The *support* of  $f$ ,  $\text{supp}(f) = \{i : f_i \neq 0\}$ . A sequence  $g$  is a *prefix* of  $f$  if there is an index  $j$  such that  $g_i = f_i$  if  $i < j$ ,  $g_i = 0$  if  $i > j$  and  $0 \leq g_j \leq f_j$ . There is a natural total ordering on prefixes of  $f$  with  $g \leq h$  if  $g_i \leq h_i$  for all  $i$ . Finally, define the operations  $+$  and  $-$  on prefixes componentwise.

An easy consequence of Proposition 4 is

**Proposition 5.** *Let  $\mathcal{F}$  be a canonical Sperner family on  $\{\alpha_1, \dots, \alpha_n\}$  with  $f = f(\mathcal{F})$ . For  $k \leq n$  and  $0 \leq i \leq 2^k - 1$ , let  $f^{i,k} = f(\mathcal{F}^{i,k})$ . Then*

- (i)  $f^{0,k}$  is a prefix of  $f$ ,
- (ii) For  $1 \leq i \leq 2^k - 2$ ,  $f^{i,k}$  is a prefix of  $f - (f^{0,k} + f^{1,k} + \dots + f^{i-1,k})$ ,
- (iii)  $f^{2^k-1,k} = f - (f^{0,k} + \dots + f^{2^k-2,k})$ . ■

A sequence  $f$  satisfies the property  $LYM_n$  if

$$f_i = 0 \text{ if } i < 0 \text{ or } i > n;$$

$$\sum_{i=0}^n \frac{f_i}{\binom{n}{i}} \leq 1.$$

The *shift sequence*  $\varrho f$  of  $f$  is defined by  $(\varrho f)_i = f_{i+1}$ . For  $k \geq 0$ ,  $\varrho^k f$  is given by  $(\varrho^k f)_i = f_{i+k}$ .

### 3. A stronger version of LYM

In this section we prove the first strengthening of the  $LYM$  inequality.

**Theorem 6.** *Let  $f$  be a nonzero sequence with  $\text{supp}(f) \subseteq \{0, 1, \dots, n\}$ . Let  $g$  be the maximal prefix of  $f$  (with respect to the prefix ordering) such that  $\varrho g$  satisfies  $LYM_{n-1}$  and let  $q$  be the largest index such that  $g_q \neq 0$  (or  $q = 0$  if no such index exists). Then if  $f$  is  $n$ -realizable,*

$$(1) \quad \sum_{i=0}^q \frac{q}{i} \frac{f_i}{\binom{n}{i}} + \sum_{i=q+1}^n \frac{n-q}{n-i} \frac{f_i}{\binom{n}{i}} \leq 1.$$

**Remark:** The theorem sharpens the  $LYM$  inequality since the coefficients of  $f_i / \binom{n}{i}$  are at least 1.

**Remark:** The theorem implies the strict version of Sperner's theorem, i.e., the only Sperner families of cardinality  $\binom{\lfloor \frac{n}{2} \rfloor}{\lfloor \frac{n}{2} \rfloor}$  are  $X^{\lfloor \frac{n}{2} \rfloor}$  and  $X^{\lceil \frac{n}{2} \rceil}$ . To see this, write (1) in the form  $\sum (1 + \Delta_i)(f_i / \lfloor \frac{n}{2} \rfloor)$ . Then each  $\Delta_i$  is nonnegative with  $\Delta_i = 0$  only if  $i = q$  and  $q = \lfloor \frac{n}{2} \rfloor$  or  $\lceil \frac{n}{2} \rceil$ . Thus if  $\sum f_i = \binom{\lfloor \frac{n}{2} \rfloor}{\lfloor \frac{n}{2} \rfloor}$  the summation simplifies to  $1 + \sum (\Delta_i f_i) / \binom{\lfloor \frac{n}{2} \rfloor}{\lfloor \frac{n}{2} \rfloor}$ . The summation must be 0, which implies that  $f_i = 0$  unless  $q = \lfloor \frac{n}{2} \rfloor$  or  $\lceil \frac{n}{2} \rceil$ .

**Proof of Theorem 6.**

**Claim.**  $f - g$  satisfies  $LYM_{n-1}$ .

**Proof.** Let  $\mathcal{F}$  be the canonical Sperner family with  $f = f(\mathcal{F})$ , which exists by Theorem 3. As defined in the previous section,  $\mathcal{F}^{0,1} = \{A \in \mathcal{F} : \alpha_n \in A\}$  and  $\mathcal{F}^{1,1} = \{A \in \mathcal{F} : \alpha_n \notin A\}$ . Deleting  $\alpha_n$  from each set in  $\mathcal{F}^{0,1}$  yields a Sperner family on  $\{\alpha_1, \alpha_2, \dots, \alpha_{n-1}\}$  with level sequence  $\varrho f^{0,1}$ . By Proposition 5,  $f^{0,1}$  is a prefix of  $f$  so, by choice of  $g$ ,  $f^{0,1} \leq g$ , and  $f^{1,1} = f - f^{0,1} \geq f - g$ . Since  $f^{1,1}$  satisfies  $LYM_{n-1}$ ,  $f - g$  does as well.  $\blacksquare$

By the claim and the fact that  $g_i = 0$  if  $i > q$

$$(2) \quad \frac{(f - g)_q}{\binom{n-1}{q}} + \sum_{i > q} \frac{f_i}{\binom{n-1}{i}} \leq 1.$$

By the choice of  $g$ ,

$$(3) \quad \sum_{i < q} \frac{f_i}{\binom{n-1}{i-1}} + \frac{g_q}{\binom{n-1}{q-1}} \leq 1.$$

Multiplying (2) by  $q/n$  and (3) by  $(n - q)/n$  and summing yields

$$\sum_{i \leq q-1} \frac{q}{i} \frac{f_i}{\binom{n}{i}} + \frac{f_q}{\binom{n}{q}} + \sum_{i > q} \frac{n - q}{n - i} \frac{f_q}{\binom{n}{i}} \leq 1,$$

as required.  $\blacksquare$

**4. A sequence of inequalities**

We now present inequalities, one for each integer  $k \leq n$ , that strengthen the  $LYM$  inequality, where the case  $k=0$  in the  $LYM$  inequality itself and the case  $k=1$  is the result of the previous section. First we need some definitions and preliminary lemmas.

For an integer  $i$ , let  $B(i)$  be the set of nonzero bit positions in the binary expansion of  $i$ , i.e.,  $i = \sum_{j \in B(i)} 2^j$ , and let  $b(i) = |B(i)|$ . If  $f$  is a sequence with support in  $\{0, \dots, n\}$  and  $0 \leq k \leq n$ , the  $(k, n)$ -segmentation of  $f$  is the collection  $f^0, f^1, \dots, f^{2^k-1}$  of sequences where

- (i)  $f^0$  is maximal prefix of  $f$  such that  $\varrho^k f^0$  satisfies  $LYM_{n-k}$
- (ii) For each  $1 \leq i \leq 2^k - 2$ ,  $f^i$  is the maximal prefix of  $f - f^0 - f^1 - \dots - f^{i-1}$  such that  $\varrho^{k-b(i)} f^i$  satisfies  $LYM_{n-k}$ .
- (iii)  $f^{2^k-1} = f - f^0 - f^1 - \dots - f^{2^k-2}$ .

Note that each of  $f^0, f^0 + f^1, f^0 + f^1 + f^2, \dots$  are prefixes of  $f$ . Let  $q_0 = 0$  and for  $1 \leq i \leq 2^k - 1$ , let  $q_i$  be the largest index in  $\text{supp}(f^0 + f^1 + \dots + f^{i-1})$  (or 0 if  $\text{supp}(f^0 + f^1 + \dots + f^{i-1}) = \emptyset$ ). Let  $q_{2^k} = n$ . Note that all nonzero terms of  $f^i$  have indices between  $q_i$  and  $q_{i+1}$ .

**Lemma 7.**  $f^{2^k-1}$  satisfies  $LYM_{n-k}$ .

**Proof.** Let  $\mathcal{F}$  be the canonical family with level sequence  $f$ . Let  $T_i$  denote the  $i^{\text{th}}$  subset of  $\{\alpha_{n-k+1}, \dots, \alpha_n\}$  in  $AL$  order; then deleting  $T_i$  from each member of  $\mathcal{F}^{i,k}$  yields a Sperner family on  $\{\alpha_1, \dots, \alpha_{n-k}\}$  and thus  $\varrho^{k-b(i)} f^{i,k}$  satisfies  $LYM_{n-k}$  for each  $i$ . Furthermore, Proposition 5 implies that  $f^{0,k}, f^{0,k} + f^{1,k}, f^{0,k} + f^{1,k} + f^{2,k}, \dots$  are prefixes of  $f$ .

By the definition of  $f^i$ , it is easy to prove by induction that  $f^0 + f^1 + \dots + f^i \geq f^{0,k} + f^{1,k} + \dots + f^{i,k}$  for all  $i \leq 2^k - 2$ . Hence

$$\begin{aligned} f^{2^k-1,k} &= f - (f^{0,k} + f^{1,k} + \dots + f^{2^k-1,k}) \\ &\geq f - (f^0 + f^1 + \dots + f^{2^k-2}) \\ &= f^{2^k-1}. \end{aligned}$$

Since  $f^{2^k-1,k}$  satisfies  $LYM_{n-k}$ , so does  $f^{2^k-1}$ . ■

Subsequently we use the notation  $(x)_j$  for the falling factorial polynomial  $x(x-1)\dots(x-j+1)$  where  $(x)_0 = 1$ .

**Corollary 8.** Let  $f$  be  $n$ -realizable and  $k \leq n$ . Then for any choice of nonnegative  $\lambda_0, \lambda_1, \dots, \lambda_{2^n-1}$  with  $\sum \lambda_i \leq 1$ , we have

$$(4) \quad \sum_{j=0}^{2^k-1} \sum_{i=q_j}^{q_{j+1}} \lambda_j \frac{\binom{n}{k} (n)_k}{\binom{i}{k-b(j)} \binom{n-i}{b(j)}} \frac{f_i^j}{\binom{n}{i}} \leq 1.$$

**Proof.** By part (ii) of the definition of the  $(n, k)$ -segmentation and Lemma 6,  $\varrho^{k-b(j)} f^j$  satisfies  $LYM_{n-k}$  for all  $0 \leq j \leq 2^k - 1$ . Multiplying the  $j^{\text{th}}$  such inequality by  $\lambda_j$  and summing on  $j$  yields (4). ■

To get a strengthening of the  $LYM$  inequality, we want to choose  $\lambda_0, \dots, \lambda_{2^n-1}$  in the corollary so that  $\lambda_j \binom{n}{k} / \binom{i}{k-b(j)} \binom{n-i}{b(j)} \geq 1$  for each  $j$  and for  $q_j \leq i \leq q_{j+1}$ . Such a selection of  $\lambda_j$  is given by the following. Let  $A = \{1, \dots, n\}$ ,  $B = \{0, \dots, k-1\}$  and let  $I$  be the set of injections from  $B$  to  $A$ , so  $|I| = \binom{n}{k}$ . For  $0 \leq j \leq 2^k - 1$ , let  $I_j$  denote the set of injections  $r$  that map the integers in  $B(j)$  to a number bigger than  $q_j$  and each integer in  $B \setminus B(j)$  to a number less than or equal to  $q_{j+1}$ . We will prove:

**Claim 1.**  $|I_0| + \dots + |I_{2^k-1}| \leq \binom{n}{k}$ .

**Claim 2.**  $|I_j| \geq \binom{i}{k-b(j)} \binom{n-i}{b(j)}$  for  $q_j \leq i \leq q_{j+1}$ .

**Claim 3.**  $c_j \equiv |I_j| = \sum_{m=0}^{b(j)} \binom{b(j)}{m} (q_{j+1} - q_j)_m (n - q_{j+1})_{b(j)-m} (q_{j+1} - m)_{k-b(j)}$ .

From these claims, we get that  $\lambda_j = c_j / \binom{n}{k}$  is an appropriate choice and the following strengthening of  $LYM$  is obtained.

**Theorem 9.** Let  $f$  be a sequence and  $f^0, f^1, \dots, f^{2^k-1}$  be the  $(n, k)$ -segmentation of  $f$ . Then if  $f$  is  $n$ -realizable,

$$\sum_{j=0}^{2^k-1} \sum_{i=q_j}^{q_{j+1}} \frac{c_j}{\binom{i}{k-b(j)} \binom{n-i}{b(j)}} \frac{f_i^j}{\binom{n}{i}} \leq 1.$$

To prove the theorem it is enough to prove the claims.

**Proof of Claim 1.** This follows from the fact that the  $I_i$ 's are disjoint. Suppose  $0 \leq j < j' \leq 2^k - 1$ . Then  $t \in B(j') \setminus B(j)$  for some  $0 \leq t \leq k - 1$ , which implies that  $r(t) \leq q_{j+1}$  if  $r \in I(j)$  and  $r(t) > q_{j'} \geq q_j$  if  $r \in I(j')$  which means that  $I_j$  and  $I_{j'}$  are disjoint. ■

**Proof of Claim 2.**  $I_j$  contains the set on injections that map  $B \setminus B(j)$  to  $\{1, \dots, i\}$  and  $B(j)$  to  $\{i+1, \dots, n\}$ , and there are  $\binom{i}{k-b(j)} \binom{n-i}{b(j)}$  to these. ■

**Proof of Claim 3.** The members of  $I_j$  can be constructed exactly once as follows. Select the number  $m$  of elements of  $B(j)$  that are mapped to  $\{q_j+1, q_j+2, \dots, q_{j+1}\}$ , where  $0 \leq m \leq b(j)$ . For each such  $m$ , there are  $\binom{b(j)}{m}$  ways to select these  $m$  elements,  $\binom{q_{j+1}-q_j}{m}$  ways to map them,  $\binom{n-q_{j+1}}{b(j)-m}$  ways to map the remaining elements of  $B(j)$  and  $\binom{q_{j+1}-m}{k-b(j)}$  ways to map the elements of  $B - B_j$ . ■

**Remark.** The set of coefficients  $\{c_j\}$  occurring on Theorem 9 are not unique. For  $k=2$ , we give another set of coefficients.

**Theorem 10.** Suppose  $k=2$ , and  $q_3 < n$  or  $q_2 = q_3 = n$ , then Theorem 2 holds with the following coefficients:

$$c_0 = \binom{q_1}{2}, \quad c_1 = q_2(n - q_1), \quad c_2 = q_3(n - q_2), \quad c_3 = (n - q_3)_2.$$

**Proof.** It is sufficient to prove that  $\sum_{j=0}^3 c_j \leq \binom{n}{2}$ . After elementary algebra we see, that this is equivalent to

$$(n - q_3 - 1)(q_3 - q_2) + (q_1 - 1)(q_2 - q_1) \geq 0.$$

This proves the theorem since  $q_1 > 0$  because  $f_0 = 0$ . ■

Note that Theorem 10 sharpens Theorem 9 for  $k=2$  in almost every cases since the coefficients in Theorem 2 are

$$c_0 = \binom{q_1}{2}, \quad c_1 = q_2(n - q_1) - (q_2 - q_1), \quad c_2 = q_3(n - q_2) - (q_3 - q_2), \quad c_3 = (n - q_3)_2.$$

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P. L. Erdős

*Mathematical Institute of the  
Hungarian Academy of Sciences,  
Budapest*  
and  
*Institute of Operations Research,  
University of Bonn*  
erdos@cwi.nl

D. J. Kleitman

*Massachusetts Institute of Technology,  
Cambridge, MA 02139  
U.S.A.*  
djk@math.mit.edu

L. A. Székely

*Eötvös University,  
Budapest*  
and  
*University of New Mexico,  
Albuquerque*  
szekely@gauss.unm.edu

P. Frankl

*University of Paris VII  
2 Place Jussieu  
Paris 75 005, France*  
combinatorics@cs.meiji.ac.jo

M. E. Saks

*University of California,  
San Diego*  
saks@ucsd.edu