# Erdös-Ko-Rado Theorem with Conditions on the Maximal Degree 

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#### Abstract

A family $\mathscr{F}$ of distinct $k$-element subsets of the $n$-element set $X$ is called intersecting if $F \cap F^{\prime} \neq \varnothing$ holds for all $F, F^{\prime} \in \mathscr{F}$. Erdös, Ko, and Rado proved that for $n \geqslant 2 k$ necessarily $|\mathscr{F}| \leqslant\binom{\left.n-\frac{1}{k}\right)}{k-1}$ holds, which is clearly best possible (take all $k$-sets through a fixed element). For a family $\mathscr{F}$, its maximum degree $d(\mathscr{F})$ is the maximum number of sets in $\mathscr{F}$ containing any particular element of $X$. For $3 \leqslant i \leqslant k+1$ define intersecting families $\mathscr{F}_{i}$ as follows. Let $x \notin I \in\left({ }_{i-1}^{x}\right)$ and set $\mathscr{F}_{i}=$ $\left\{F \in\binom{x}{k}: x \in F, F \cap I \neq \varnothing\right\} \cup\left\{F \in\binom{x}{k}: x \notin F, I \subset F\right\}$. The main result of the present paper is: if $\mathscr{F} \subset\binom{X}{k}$ is intersecting, $d(\mathscr{F}) \leqslant d(\mathscr{F})$ and $n \geqslant 2 k$, then $|\mathscr{F}| \leqslant\left|\mathscr{F}_{i}\right|$ holds. © 1987 Academic Press, Inc.


## 1. Introduction

Let $n \geqslant k \geqslant t$ be positive integers. Let $X=\{1,2, \ldots, n\}$ be an $n$-element set. Define $\binom{X}{k}=\{F \subset X:|F|=k\}$. A family $\mathscr{F} \subset\binom{X}{k}$ is called $t$-intersecting if $\left|F \cap F^{\prime}\right| \geqslant t$ holds for all $F, F^{\prime} \in \mathscr{F}$, intersecting will mean 1-intersecting.

Let us recall the following classical result.
Erdös-Ko-Rado Theorem [EKR]. Suppose that $\mathscr{F} \subset\binom{X}{k}$ is intersecling and $n \geqslant 2 k$. Then

$$
\begin{equation*}
|\mathscr{F}| \leqslant\binom{ n-1}{k-1} \quad \text { holds. } \tag{1.1}
\end{equation*}
$$

Hilton and Milner proved that for $n>2 k$ the only way to achieve equality in (1.1) is to take all $k$-sets through a fixed element. Note that for $n=2 k$, (1.1) is almost trivial and there are very many ways to attain equality.

Set $[i, j]=\{i, i+1, \ldots, j\}$ for $1 \leqslant i \leqslant j \leqslant n$. Define the families $\mathscr{F}_{i}$, $i=3,4, \ldots, k+1$

$$
\mathscr{F}_{i}=\left\{F \in\binom{X}{k}: 1 \in F, F \cap[2, i] \neq \varnothing\right\} \cup\left\{F \in\binom{X}{k}: 1 \notin F,[2, i] \subset F\right\} .
$$

It is easy to check that $\mathscr{F}_{i}$ is intersecting,

$$
\begin{equation*}
\left|\mathscr{F}_{i}\right|=\binom{n-2}{k-2}+\cdots+\binom{n-i}{k-2}+\binom{n-i}{k-i+1}, \tag{1.2}
\end{equation*}
$$

in particular,

$$
\begin{equation*}
\left|\mathscr{F}_{3}\right|=\left|\mathscr{F}_{4}\right| . \tag{1.3}
\end{equation*}
$$

Hilton-Milner Theorem [HM]. Suppose that $\mathscr{F} \subset\binom{X}{k}$ is intersecting, $\cap \mathscr{F}=\varnothing, n>2 k$. Then

$$
\begin{equation*}
|\mathscr{F}| \leqslant\left|\mathscr{F}_{k+1}\right| \text { holds. } \tag{1.4}
\end{equation*}
$$

Moreover, $\mathscr{F}$ attains equality in (1.4) if and only if $\mathscr{F}$ is isomorphic to $\mathscr{F}_{k+1}$ or $k=3$ and $\mathscr{F}$ is isomorphic to $\mathscr{F}_{3}$.

For a short proof see [FF1].
The aim of this article is to prove a sharpening of the Hilton-Milner Theorem.

Let $d(\mathscr{F})$ denote the maximum degree of $\mathscr{F}$, that is, the maximum number of elements of $\mathscr{F}$ containing any particular element of $X$. With this notation we have

$$
\begin{equation*}
d\left(\mathscr{F}_{i}\right)=\binom{n-2}{k-2}+\cdots+\binom{n-i}{k-2} . \tag{1.5}
\end{equation*}
$$

Theorem 1.1. Suppose that $n>2 k, 3 \leqslant i \leqslant k+1, \mathscr{F} \in\binom{X}{k}, F$ is intersecting with $d(\mathscr{F}) \leqslant d\left(\mathscr{F}_{i}\right)$. Then

$$
\begin{equation*}
\left|\mathscr{F}^{2}\right| \leqslant\left|\mathscr{F}_{i}\right| . \tag{1.6}
\end{equation*}
$$

Moreover, if $\mathscr{F}$ attains equality in (1.6) then either $\mathscr{F}$ is isomorphic to $\mathscr{F}_{i}$ or $i=4$ and $\mathscr{F}$ is isomorphic to $\mathscr{F}_{3}$.

Remark. To see that Theorem 1.1 sharpens the Hilton-Milner theorem just note that if $A \subset\binom{X}{k}, x \notin A$ then there are exactly $d\left(\mathscr{F}_{k+1}\right) k$-element sets through $x$ and intersecting $A$. That is, if $\cap \mathscr{F}=\varnothing$ for an intersecting family $\mathscr{F} \subset\binom{K}{k}$ then necessarily $d(\mathscr{F}) \leqslant d\left(\mathscr{F}_{k+1}\right)$ holds.

We shall prove the inequality part, (1.6) of Theorem 1.1 in Sections 2,3 , and 4. The characterization of equality is postponed until Section 6.

Let us mention that the statement of the theorem for $i=3$ was conjectured by Hilton [H] more than 10 years ago. This result was inspired by a recent paper of Anderson and Hilton [AH], who showed that (1.6) holds if $i=3$ and we make the stronger assumption $d\left(\mathscr{F}_{3}\right) \leqslant d(\mathscr{F}) \leqslant d\left(\mathscr{F}_{4}\right)$.

By now there are many asymptotic results (i.e., $n>n_{0}(k)$ ) sharpening the Erdös-Ko-Rado theorem via degree conditions, see, e.g., [F1; Fü1, Fü2, FF2]. The study of those problems was initiated by Erdös, Rothschild, and Szemerédi (cf. [E]), wo proved that for $\mathscr{F} \subset\binom{x}{k}, n>n_{0}(k)$, $d(\mathscr{F}) \leqslant 2|\mathscr{F}| / 3$ and $\mathscr{F}$ intersecting, one has $|\mathscr{F}| \leqslant|\mathscr{F} 3|$.

For a family of sets $\mathscr{H}$ and a positive integer $l$, let us define the $l$ th shadow of $\mathscr{H}$ by

$$
\partial_{\ell}(\mathscr{H})=\{G:|G|=l, \exists H \in \mathscr{H}, G \subset H\} .
$$

Suppose that we know that $\mathscr{H} \subset\binom{X}{k}$ and $|\mathscr{H}|$ is fixed. What is the minimum of $\left|\partial_{1}(\mathscr{H})\right|$ ? This important problem was solved independently by Kruskal and Katona.

To state their result let us define the lexicographic order $<$ on $\binom{X}{k}$ by setting $A<B$ if $\min \{i: i \in A-B\}>\min \{i: i \in B-A\}$. This induces a linear order on $\binom{X}{k}, 1 \leqslant k \leqslant n$.

For $\left.0 \leqslant m \leqslant \begin{array}{c}n \\ k\end{array}\right)$ let $\mathscr{S}(m, k)(\mathscr{L}(m, k))$ be the collection of the smallest (largest) $m$ sets in $\binom{K}{k}$, respectively.

Kruskal-Katona Theorem [Kr, K1]. Suppose that $\mathscr{F} \subset\binom{X}{k}, 0 \leqslant l \leqslant k$. Then $\left|\partial_{l}(\mathscr{F})\right| \geqslant\left|\partial_{l}(\mathscr{S}(|F|), k)\right|$ holds.

For a short proof see [F2]. We will need the following simple numerical corollary (cf. [ $\mathrm{Kr}, \mathrm{K} 1]$ ).

Weak Kruskal-Katona Theorem. Suppose that $m \geqslant k>l>0$, $\mathscr{F} \subset\binom{X}{k}, 0<|\mathscr{F}| \leqslant\binom{ m}{k}$. Then $\left|\partial_{1}(\mathscr{F})\right| /|\mathscr{F}| \geqslant\binom{ m}{l} /\binom{m}{k}$ with equality if and


Note that the uniqueness of the optimal families for $|\mathscr{F}|=\binom{m}{k}$ is not a consequence of the Kruskal-Katona theorem, but follows from the actual proof. For a complete description of the values of $|\mathscr{F}|$ for which there is a unique optimal family in the Kruskal-Katona theorem see [FG] and [M].
The relevance of shadows to intersection problems was first noted by Katona [K2]. In fact, the Kruskal-Katona theorem is equivalent to the following.

Call the families $\mathscr{A}$ and $\mathscr{B}$ cross-intersecting if $A \cap B \neq \varnothing$ holds for all $A \in \mathscr{A}, B \in \mathscr{B}$.

Theorem 1.2 (Hilton [H]). Suppose that $\mathscr{A} \subset\binom{X}{a}, \mathscr{B} \subset\binom{X}{b}, \mathscr{A}$ and $\mathscr{S}$ are cross-intersecting. Then the same holds for $\mathscr{L}(|\mathscr{A}|, a)$ and $\mathscr{L}(|\mathscr{B}|, b)$.

Proof. Let $\mathscr{A}^{c}=\{X-A: A \in \mathscr{A}\}$. Observe that $\mathscr{A}$ and $\mathscr{B}$ are cross-intersecting if and only if $\partial_{b}\left(\mathscr{A}^{c}\right) \cap \mathscr{B}=\varnothing$. In particular, $\left|\partial_{b}\left(\mathscr{A}^{c}\right)\right| \leqslant\binom{ n}{b}-|\mathscr{B}|$.

By the Kruskal-Katona theorem $\partial_{b}(\mathscr{P}(|\mathscr{A}|, n-a)) \cap \mathscr{L}(|\mathscr{B}|, b)=\varnothing$. Now the statement follows from $\mathscr{L}(m, a)^{c}=\mathscr{S}(m, n-a)$.

We need three more results about cross-intersecting families. The proofs will be given in Section 5 .

Proposition 1.3. Let $a, b, m$ be nonnegative integers, $m>a+b, a \geqslant b$. Suppose that $|Y|=m, \mathscr{A} \subset\binom{Y}{a}$ and $\mathscr{B} \subset\binom{Y}{b}$ are cross-intersecting. Then $|\mathscr{A}|+|\mathscr{B}| \leqslant\binom{ m}{a}$ with equality holding if and only if $\mathscr{A}=\binom{Y}{a}, \mathscr{B}=\varnothing$ or $a=b, \mathscr{A}=\varnothing$ and $\mathscr{B}=\binom{Y}{b}$.

Recall that a family $\mathscr{B}$ is $t$-intersecting if $\left|B \cap B^{\prime}\right| \geqslant t$ holds for all $B, B^{\prime} \in \mathscr{B}$.

Proposition 1.4. Let $a, t, m$ be positive integers, $m>2 a+t$. Suppose that $|Y|=m, \mathscr{A} \subset\binom{Y}{a}, \mathscr{B} \subset\binom{Y}{a+t}, \mathscr{A}$ and $\mathscr{B}$ are cross-intersecting, moreover, $\mathscr{B}$ is t-intersecting. Then $|\mathscr{A}|+|\mathscr{B}| \leqslant\binom{ m}{a}$ holds, with equality if and only if either $\mathscr{B} \neq \varnothing$ and $\mathscr{A}=\binom{Y}{a}$ or for some $T \in\binom{Y}{l}$,

$$
\mathscr{B}=\left\{B \in\binom{Y}{a+t}: T \subset B\right\} \quad \text { and } \quad \mathscr{A}=\left\{A \in\binom{Y}{a}: A \cap T \neq \varnothing\right\} .
$$

Proposition 1.5. Let $r, v$ be positive integers, $v>2 r$. Suppose that $Y=[1, v], \mathscr{G} \subset\binom{Y}{r}, \mathscr{H} \subset\binom{Y}{r}, \mathscr{G}$, and $\mathscr{H}$ are cross-intersecting and $|\mathscr{H}| \leqslant|\mathscr{G}| \leqslant\binom{ v-1}{r-1}+\binom{v-2}{r-1}$ holds. Then $|\mathscr{G}|+|\mathscr{H}| \leqslant 2\binom{v-1}{r-1}$ with equality holding if and only if either $|\mathscr{G}|=|\mathscr{H}|=\binom{v-1}{r-1}$ or $|\mathscr{G}|=\binom{v-\frac{1}{v}}{r-1}+\binom{v-2}{r-1}$ and $|\mathscr{H}|=\binom{0-\frac{2}{r}}{r}$.

For a family $\mathscr{F} \subset\binom{X}{h}$ and disjoint sets $A, B \subset X$ define $\mathscr{F}(A \bar{B})=\{F-A$ : $A \subset F \in \mathscr{F}, B \cap F=\varnothing\}$. The families $\mathscr{F}(A), \mathscr{F}(\bar{B})$ are defined analogously. If $A=\{i\}, B=\{j\}$ then we write simply $\mathscr{F}(i j)$ or $\mathscr{F}(j i)$ to denote $\mathscr{F}(\{i) \overline{j j\}})$. Note that $\mathscr{F}(A \bar{B})$ is always considered as a family on the underlying set $X-(A \cup B)$. This is important in the definition of $\mathscr{L}(|\mathscr{F}(A \bar{B})|, h)$. Namely, $\mathscr{L}(|\mathscr{F}(A \bar{B})|, h)$ consists of the $|\mathscr{F}(A \bar{B})|$ lexicographically largest sets in $\binom{X \sim(A \cup B)}{h}$.
Another important tool for investigating intersecting families is an operation on families, called shifting.

For a family, $\mathscr{F} \subset\binom{X}{k}$ and $1 \leqslant i<j \leqslant n$ one defines the $(i, j)$-shift $S_{i j}$ by

$$
\begin{aligned}
S_{i j}(F) & = \begin{cases}(F-\{j\}) \cup\{i\} & \text { if } i \notin F, j \in F \text { and }((F-\{j\}) \cup\{i\}) \notin \mathscr{F} \\
F & \text { otherwise },\end{cases} \\
S_{i j}(\mathscr{F}) & =\left\{S_{i j}(F): F \in \mathscr{F}\right\} .
\end{aligned}
$$

This operation was introduced by Erdös, Ko, and Rado who proved that $\left|S_{i j}(\mathscr{F})\right|=|\mathscr{F}|$ and if $\mathscr{F}$ is intersecting then so is $S_{i j}(\mathscr{F})$.

Part of the difficulties in the proof of Theorem 1.1 stems from the fact that the $(i, j)$-shift changes the degrees of $i$ and $j$ and it might happen that $S_{i j}(\mathscr{F})$ fails to satisfy the degree condition.

However, the following properties of $\mathscr{G}=S_{i j}(\mathscr{F})$ are obvious.
Claim 1.6. $\mathscr{G}(i j)=\mathscr{F}(i j), \mathscr{G}(\bar{y})=\mathscr{F}(\bar{y}),|\mathscr{G}(l)|=|\mathscr{F}(l)|$ for $l \neq i, j$ and $|\mathscr{G}(j)| \leqslant|\mathscr{F}(j)|$.

## 2. The Proof of Theorem 1.1 for Large Maximal Degree

In this section we prove
Lemma 2.1. Suppose that $4 \leqslant i \leqslant k+1, n>2 k, \mathscr{F} \subset\binom{X}{k}, \mathscr{F}$ is intersecting and one has

$$
\begin{equation*}
d\left(\mathscr{F}_{i-1}\right) \leqslant d(\mathscr{F}) \leqslant d\left(\mathscr{F}_{i}\right) . \tag{2.1}
\end{equation*}
$$

Then (1.6) holds, that is, $|\mathscr{F}| \leqslant\left|\mathscr{F}_{i}\right|$.
Proof. Let 1 be the vertex of maximal degree in $\mathscr{F}$, i.e., $|\mathscr{F}(1)|=d(\mathscr{F})$. Let us consider the cross-intersecting families $\mathscr{F}(1)$ and $\mathscr{F}(1)$ on [2, n]. In view of Theorem 1.2, the families $\mathscr{L}_{0}=\mathscr{L}(|\mathscr{F}(1)|, k-1)$ and $\mathscr{L}_{1}=$ $\mathscr{L}(|\mathscr{F}(\overline{1})|, k)$ are cross-intersecting. In view of $(2.1) \mathscr{L}_{0}$ contains all $(k-1)$ subsets of $[2, n]$ which intersect $[2, i-1]$. This forces $[2, i-1] \subset L$ for all $L \in \mathscr{L}_{1}$.

Consequently, the families $\mathscr{L}_{0}(\overline{[2, i-1]})$ and $\mathscr{L}_{1}([2, i-1])$ are crossintersecting and satisfy

$$
\begin{aligned}
\left|\mathscr{L}_{0}(\overline{[2, i-1]})\right| & =d(\mathscr{F})-d\left(\mathscr{F}_{i-1}\right) \\
& \leqslant\binom{ n-i}{k-2}, \quad\left|\mathscr{L}_{1}([2, i-1])=\left|\mathscr{L}_{1}\right|\right.
\end{aligned}
$$

If $\left|\mathscr{L}_{1}\right|<\binom{n-i}{k-i+1}$, then $|\mathscr{F}|<\left|\mathscr{F}_{i}\right|$ follows. Thus we may assume that $\left|\mathscr{L}_{1}([2, i-1])\right| \geqslant\binom{ n-i}{k-i+1}$ and therefore this family contains all $(k-i+2)$ subsets of $[i, n]$ through $i$. Consequently, the cross-intersecting property implies $i \in L$ for all $L \in \mathscr{L}_{0}(\overline{[2, i-1]})$.

Thus $\mathscr{A}=\mathscr{L}_{0}(\overline{[2, i-1]} i)$ and $\mathscr{B}=\mathscr{L}_{1}([2, i-1] i)$ satisfy

$$
\begin{aligned}
|\mathscr{A}| & =\left|\mathscr{L}_{0}(\overline{[2, i-1]})\right|=d(\mathscr{F})-d\left(\mathscr{F}_{i-1}\right) \\
|\mathscr{B}| & =\left|\mathscr{L}_{1}\right|-\binom{n-i}{k-i+1}
\end{aligned}
$$

To prove (1.6) we need to show

$$
|\mathscr{A}|+|\mathscr{B}| \leqslant\binom{ n-i}{k-2} .
$$

This, however, is implied by Proposition 1.3 applied with $m=n-i$, $a=k-2, b=k-(i-2)$.

## 3. The Proof of Theorem 1.1 for Shift-Resisting Familes

Suppose that $\mathscr{F} \subset\binom{X}{k}, \mathscr{F}$ is intersecting, 1 is a point of maximal degree and 2 an arbitrary element of $X$, different from 1. In view of Lemma 2.1 we may assume that

$$
\begin{equation*}
|\mathscr{F}(1)| \leqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2} . \tag{3.1}
\end{equation*}
$$

First we prove a simple inequality

$$
\begin{equation*}
|\mathscr{F}(\overline{1} 2)| \leqslant\binom{ n-3}{k-2} . \tag{3.2}
\end{equation*}
$$

Since 1 has maximal degree, we have

$$
|\mathscr{F}(\overline{1} 2)|=|\mathscr{F}(2)|-|\mathscr{F}(12)| \leqslant|\mathscr{F}(1)|-|\mathscr{F}(12)|=|\mathscr{F}(1 \overline{2})| .
$$

Thus $|\mathscr{F}(1 \overline{2})| \leqslant\binom{ n-3}{k-2}$ would imply (3.2).
Suppose the contrary and apply Theorem 1.2 to the cross-intersecting families $\mathscr{F}(1 \overline{2}), \mathscr{F}(\overline{1} 2)$ defined on the underlying set $\lceil 3, n\rceil$.

Now $\mathscr{L}(|\mathscr{F}(1 \overline{2})|, k-1)$ contains all $(k-1)$-subsets of $[3, n]$ going through 3 . Therefore every member of $\mathscr{L}(|\mathscr{F}(\overline{1} 2)|, k-1)$ must contain 3 , yielding (3.2).

Now we conclude the proof of Theorem 1.1 in an important special case.
Iemma 3.1. Assume (3.1). Suppose that $|\mathscr{F}(12)|+\left\lvert\, \mathscr{H}(\overline{12}) \leqslant\binom{ n-2}{k-2}\right.$ and $|\mathscr{F}(\overline{12})| \leqslant\binom{ n-4}{k-2}$. Then (1.6) holds.

Proof. Let $\mathscr{H} \subset\left(\binom{X}{k}-\mathscr{F}\right)$ be an arbitrary family consisting of $|\mathscr{F}(\overline{12})|$ subsets containing [12].

Set $\mathscr{G}=\mathscr{H} \cup \mathscr{F}-\mathscr{F}(\overline{12})$. Then $|\mathscr{G}|=|\mathscr{F}|, \mathscr{G}$ is intersecting and

$$
d(\mathscr{G}) \leqslant d(\mathscr{F})+|\mathscr{H}| \leqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2}+\binom{n-4}{k-2} .
$$

If $d(\mathscr{G}) \geqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2}$, then (1.6) follows from Lemma 2.1. Suppose the contrary and observe

$$
|\mathscr{G}|=|\mathscr{G}(1)|+|\mathscr{G}(\overline{1} 2)| \leqslant d(\mathscr{G})+|\mathscr{G}(\overline{1} 2)|=d(\mathscr{G})+|\mathscr{F}(\overline{1} 2)| .
$$

Now (3.2) implies

$$
|\mathscr{G}| \leqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2}+\binom{n-3}{k-2}
$$

Next we are going to use Lemma 3.1 to show that $\mathscr{F}$ can be always shifted unless (1.6) is true.

Let $2 \leqslant j \leqslant n$ and consider the family $\mathscr{G}=S_{1 j}(\mathscr{F})$. In view of Claim 1.6, 1 is a vertex of maximal degree in $\mathscr{G}$. Thus the only problem which could prevent us from replacing $\mathscr{F}$ by $\mathscr{G}$ is

$$
d(\mathscr{G})=|\mathscr{G}(1)| \geqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2}
$$

If, however, $|\mathscr{G}(1)| \leqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2}+\binom{n-4}{k-2}$, then Lemma 2.1 implies that (1.6) holds for $\mathscr{G}$ and thus for $\mathscr{F}$.

Thus we may assume

$$
\begin{equation*}
|\mathscr{G}(1)|>\binom{n-2}{k-2}+\binom{n-3}{k-2}+\binom{n-4}{k-2} \tag{3.3}
\end{equation*}
$$

Using the obvious inequality $|\mathscr{G}(1 j)| \leqslant\binom{ n-2}{k-2}$, we obtain

$$
\begin{equation*}
|\mathscr{G}(1 j)|>\binom{n-3}{k-2}+\binom{n-4}{k-2} . \tag{3.4}
\end{equation*}
$$

The families $\mathscr{G}(1 \bar{j})$ and $\mathscr{G}(\overline{1 j})$ are cross-intersecting. By Theorem 1.2 so are $\mathscr{L}_{0}=\mathscr{L}(|\mathscr{G}(1 \bar{j})|, k-1)$ and $\mathscr{L}_{1}=\mathscr{L}(|\mathscr{G}(\overline{1 j})|, k)$ as well. It follows from (3.4) that $\mathscr{L}_{0}$ contains all $(k-1)$-sets of $[2, n]-\{j\}$ which go through at least one of the first two elements. This immediately implies

$$
|\mathscr{G}(\overline{1 j})|=\left|\mathscr{L}_{1}\right| \leqslant\binom{ n-4}{k-2} .
$$

Using Claim 1.6 we infer

$$
\begin{equation*}
|\overline{\mathscr{F}}(\overline{1 j})| \leqslant\binom{ n-4}{k-2} . \tag{3.5}
\end{equation*}
$$

Claim 3.2. $|\mathscr{F}(1 j)|+|\mathscr{F}(\overline{1 j})| \leqslant\binom{ n-2}{k-2}$.
Proof. Set $Y=[2, n]-\{j\}, \mathscr{A}=\mathscr{F}(1 j) \subset\left(\begin{array}{c} \\ k-2\end{array}\right), \mathscr{B}=\mathscr{F}(\overline{1 j}) \subset\binom{Y}{k}$. Set also

$$
\mathscr{C}=\mathscr{B}^{c}=\{Y-B: B \in \mathscr{B}\} \subset\binom{Y}{n-k-2} .
$$

By (3.5) we have

$$
|\mathscr{C}| \leqslant\binom{ n-4}{k-2}=\binom{n-4}{n-k-2} .
$$

By the Weak Kruskal-Katona Theorem we infer

$$
\left|\partial_{k-2}(\mathscr{C})\right| \geqslant|\mathscr{C}|
$$

Since $\mathscr{A}, \mathscr{B}$ are cross-intersecting, $\mathscr{A} \cap \partial_{k-2}(\mathscr{C})=\varnothing$ and thus

$$
|\mathscr{A}|+|\mathscr{B}|=|\mathscr{A}|+|\mathscr{C}| \leqslant|\mathscr{A}|+\left|\partial_{k-2}(\mathscr{C})\right| \leqslant\binom{ n-2}{k-2}
$$

follows.

Now (3.5) and Claim 3.2 ensures that $\mathscr{F}$ verifies the assumptions of Lemma 3.1. Thus (1.6) holds.

## 4. The Proof of Theorem 1.1 for Shifted Families

In view of Sections 2 and 3, to prove (1.6) we may assume that the intersecting family $\mathscr{F} \subset\binom{X}{k}$ verifies

$$
\begin{equation*}
d(\mathscr{F})=|\mathscr{F}(1)| \leqslant\binom{ n-2}{k-2}+\binom{n-3}{k-2} \tag{4.1}
\end{equation*}
$$

and the same holds for

$$
\mathscr{G}=S_{1 j}(\mathscr{F}), \quad 2 \leqslant j \leqslant n .
$$

Let us replace $\mathscr{F}$ by $\mathscr{F}_{2}=S_{12}(\mathscr{F})$ then $\mathscr{F}_{2}$ by $\mathscr{F}_{3}=S_{13}(\mathscr{F})$, etc. By abuse of notation write $\mathscr{F}=\mathscr{F}_{n}=S_{1 n}\left(\mathscr{F}_{n-1}\right)$.

In view of Section 3, $\mathscr{F}$ verifies (4.1) and (3.2).
Claim 4.1. $\mathscr{F}(\overline{12})$ is 2-intersecting.
Proof. Suppose for contradiction that $A, B \in \mathscr{F}(\overline{12})$ and $A \cap B=\{j\}$ for some $3 \leqslant j \leqslant n$. Define $A_{0}=(A-\{j\}) \cup\{1\}$. Since $A_{0} \cap B=\varnothing$, $A_{0} \notin \mathscr{F}$.

Since applying the ( $1, i$ )-shift never throws away sets containing 1 and adds only sets containing 1 , we infer $A \in S_{1 j}\left(\mathscr{F}_{j-1}\right)=\mathscr{F}_{j}, A_{0} \notin \mathscr{F}_{j}$, which contradicts the definition of the $(1, j)$-shift.

Apply Proposition 1.4 with $a=k-2, \quad t=2, \quad m=n-2, \quad Y=[3, n]$, $\mathscr{A}=\mathscr{F}(12)$, and $\mathscr{B}=\mathscr{F}(\overline{12})$. We infer

$$
\begin{equation*}
|\mathscr{F}(12)|+|\mathscr{F}(\overline{12})| \leqslant\binom{ n-2}{k-2} . \tag{4.2}
\end{equation*}
$$

In view of Lemma 3.1 we may assume

$$
\begin{equation*}
|\mathscr{F}(\overline{12})| \geqslant\binom{ n-4}{k-2} . \tag{4.3}
\end{equation*}
$$

Apply now Theorem 1.2 to the cross-intersecting families $\mathscr{F}(1 \overline{2})$ and $\mathscr{F}(12)$. Then (4.3) implies

$$
\begin{equation*}
|\mathscr{F}(1 \overline{2})| \leqslant\binom{ n-3}{k-2}+\binom{n-4}{k-2} . \tag{4.4}
\end{equation*}
$$

Applying Proposition 1.5 with $Y=[3, n], \quad r=k-1, \quad \mathscr{H}=\mathscr{F}(\overline{\mathrm{I}} 2)$, $\mathscr{G}=\mathscr{F}(1 \overline{2})$ we infer

$$
\begin{equation*}
|\mathscr{F}(1 \overline{2})|+|\mathscr{F}(\overline{1} 2)| \leqslant 2\binom{n-3}{k-2} . \tag{4.5}
\end{equation*}
$$

Summing (4.2) and (4.5) gives

$$
|\mathscr{F}| \leqslant\binom{ n-2}{k-2}+2\binom{n-3}{k-2}=\left|\mathscr{F}_{3}\right| .
$$

## 5. The Proof of Propositions 1.3, 1.4, and 1.5

Proof of Proposition 1.3. Set $\mathscr{C}=\left\{C \in\binom{Y}{a}: \exists B \in \mathscr{B}, B \cap C=\varnothing\right\}$. Make a bipartite graph $G=G(\mathscr{C}, \mathscr{B})$ with vertex set $\mathscr{C} \cup \mathscr{B}$ and $C \in \mathscr{C}$ and $B \in \mathscr{B}$ forming an edge if $B \cap C=\varnothing$.
The degree of every vertex $B \in \mathscr{B}$ is exactly ( ${ }^{\left({ }_{a}^{-b}\right)}$ ) while the degree of every vertex $C \in \mathscr{C}$ is at most ( ${ }^{m-a}$ ). Moreover, should equality hold for every $C \in \mathscr{C}$, then $\mathscr{C} \cup \mathscr{B}$ is a connected component of $G\left(\left(\begin{array}{l}{ }_{a}^{\gamma}\end{array}\right),\binom{\gamma}{b}\right)$. Since this latter is connected for $n>a+b$, either $\mathscr{B}=\varnothing$ or $\mathscr{B}=\binom{Y}{b}$ follows in this case.

Otherwise we have the strict inequality $|\mathscr{C}|\left({ }_{\left({ }_{-}-a\right.}^{b}\right)>|\mathscr{B}|\left(\begin{array}{c}\left.m_{a}^{b}\right)\end{array}\right)$, or, equivalently, $|\mathscr{C}|>|\mathscr{B}|\binom{m}{a} /\binom{m}{b} \geqslant|\mathscr{B}|$. Since $\mathscr{A}$ and $\mathscr{B}$ are cross-intersecting, $\mathscr{A} \cap \mathscr{C}=\varnothing$, implying

$$
|\mathscr{A}|+|\mathscr{B}|<|\mathscr{A}|+|\mathscr{C}| \leqslant\binom{ m}{a} .
$$

For the proof of Proposition 1.4 we need the following special case of a result of Katona.

Theorem 5.1 [K2]. Suppose that $\varnothing \neq \mathscr{C} \subset\binom{Y}{h}$ is l-intersecting. Then $\left|\partial_{h-1}(\mathscr{C}) \geqslant|\mathscr{C}|\right.$, with equality holding if and only if $\mathscr{C}=\binom{Z}{h}$ for some $Z \in\left({ }_{2 h-1}^{Y}\right)$.

Proof of Proposition 1.4. Define $\mathscr{C}=\mathscr{B}^{c}=\{Y-B: B \in \mathscr{B}\}$. Since for $B$, $B^{\prime} \in \mathscr{B}\left|B \cap B^{\prime}\right| \geqslant t$ implies $\left|B \cup B^{\prime}\right| \leqslant 2 a+t, \mathscr{C}$ is $(m-2 a-t)$-intersecting.

Applying Theorem 5.1 with $h=m-a-t, \quad l=m-2 a-t$ gives $\left|\partial_{a}(\mathscr{C})\right| \geqslant|\mathscr{C}|$.

Since $\mathscr{A}$ and $\mathscr{B}$ are cross-intersecting, $\mathscr{A} \cap \partial_{a}(\mathscr{C})=\varnothing$. Consequently,

$$
|\mathscr{A}|+|\mathscr{B}| \leqslant|\mathscr{A}|+\left|\partial_{a}(\mathscr{C})\right| \leqslant\binom{ m}{a} \text { follows. }
$$

In case of equality either $\mathscr{B}=\varnothing$ and thus $\mathscr{A}=\binom{Y}{a}$, or equality holds for $\mathscr{C}$ in Theorem 5.1. Set $T=Y-Z$. Then $|T|=m-(2 h-l)=t$. Moreover,

$$
\mathscr{B}=\mathscr{C}^{c}=\left\{B \in\binom{Y}{a+t}: T \subset B\right\} .
$$

Consequently, $\mathscr{A} \subset\left\{A \in\binom{Y}{a}: A \cap T \neq \varnothing\right\}$. and the statement follows.
Proof of Proposition 1.5. If $|\mathscr{G}| \leqslant\binom{(r-1}{r-1}$ then we have nothing to prove. Let us apply Theorem 1.2 to the cross-intersecting families $\mathscr{G}$ and $\mathscr{H}$. Set $\mathscr{L}_{0}=\mathscr{L}(|\mathscr{G}|, r), \mathscr{L}_{1}=\mathscr{L}(|\mathscr{H}|, r)$. Set also $\left.\mathscr{L}_{2}=\mathscr{L}_{0}-\mathscr{L}\binom{\left(v_{r-1}^{v}\right)}{r-1}, r\right) \subset\left(\left[\begin{array}{c}{[2, v]} \\ r\end{array}\right)\right.$. Then $0<\left|\mathscr{L}_{2}\right| \leqslant\binom{ v-2}{r-1}$ implies that every member of $\mathscr{L}_{2}$ contains 2. Hence $\mathscr{L}_{2}$ is 1 -intersecting. Since $\mathscr{L}_{0}$ contains all $r$-subsets of $Y$ through 1, every member of $\mathscr{L}_{1}$ contains 1 , that is $\left|\mathscr{L}_{1}(1)\right|=\left|\mathscr{L}_{1}\right|$. Applying Proposition 1.4 to the cross-intersecting families $\mathscr{L}_{1}(1)$ and $\mathscr{L}_{2}$ with $a=r-1, t=1$, $\mathscr{A}=\mathscr{L}_{1}(1), \mathscr{B}=\mathscr{L}_{2}, m=v-1$ it follows that

$$
|\mathscr{G}|+|\mathscr{H}|-\binom{v-1}{r-1}=\left|\mathscr{L}_{1}(1)\right|+\left|\mathscr{L}_{2}\right| \leqslant\binom{ v-1}{r-1}
$$

which is the desired inequality.
In case of equality, equality must hold in Proposition 1.4 also. Thus either

$$
\left|\mathscr{L}_{1}\right|=\binom{v-1}{r-1}, \quad \mathscr{L}_{2}=\varnothing \quad \text { or } \quad\left|\mathscr{L}_{1}(1)\right|=\binom{v-2}{r-2}, \quad\left|\mathscr{L}_{2}\right|=\binom{v-2}{r-1},
$$

concluding the proof.

## 6. The Case of Equality in Theorem 1.1

For the proof of uniqueness of the optimal families we need the following characterization of equality in Theorem 1.2.

Proposition 6.1. Suppose that $t, a, b, m$ are positive integers, $a+b<m, t \leqslant b$. Further, $\mathscr{A} \subset\binom{[1, m]}{a}, \mathscr{B} \subset\left({ }_{[1, m]}^{b}\right)$ are cross-intersecting with $|\mathscr{A}|=\binom{m-1}{a-1}+\cdots+\binom{m-1}{a-1},|\mathscr{B}|=\binom{m-t}{b-t}$. Then there exists $T \in\left(\begin{array}{c}{[1, m]}\end{array}\right)$ such that $\mathscr{A}=\left\{A \in\binom{[m]}{a}: A \cap T \neq \varnothing\right\}, \mathscr{B}=\left\{B \in\binom{[1, m]}{b}: T \subset B\right\}$.

Proof. Define $\mathscr{C}=\mathscr{B}^{c}=\{[1, m]-B: B \in \mathscr{B}\}$. Then $|\mathscr{C}|=|\mathscr{B}|=\binom{m-t}{m-b}$. By the Weak Kruskal-Katona Theorem one has $\left|\partial_{a}(\mathscr{C})\right| \geqslant\binom{ m-t}{a}$, with equality holding only if $\mathscr{C}=\binom{s}{m-b}$ for some $S \in\binom{[1, m]}{m-i}$. That is, setting

$$
T=[1, m]-S, \quad \text { if } \quad \mathscr{B}=\left\{B \in\binom{[1, m]}{b}: T \subset B\right\} .
$$

Now the statement follows from $\mathscr{A} \cap \partial_{a}(\mathscr{C})=\varnothing$.
Checking through the proof of (1.6) in Section 2, we see that for $d(\mathscr{F}) \geqslant d\left(\mathscr{F}_{3}\right)$ equality can hold only if $\mathscr{F}$ is isomorphic to $\mathscr{F}_{i}, 3 \leqslant i \leqslant k+1$.
In Sections 3 and 4 we might actually suppose that $d(\mathscr{F}) \leqslant d\left(\mathscr{F}_{3}\right)-1$. Checking through the proofs we see that this leads to $|\mathscr{F}| \leqslant\left|\mathscr{F}_{3}\right|-1$.

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