# A LOWER BOUND ON THE SIZE OF A COMPLEX GENERATED BY AN ANTICHAIN

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A short proof of the following result of Kleitman is given: the total number of sets contained in some member of an antichain of size  $\binom{n}{k}$  over the *n*-set is at least  $\binom{n}{0} + \cdots + \binom{n}{k}$  for  $0 \le k \le \frac{1}{2}n$ . An equally short proof of Harper's isoperimetric theorem is provided as well.

# **1. Introduction**

Let  $[n] = \{1, 2, ..., n\}$  be an *n*-element set. A family  $\mathscr{F} \subset 2^{[n]}$  is called an *antichain* if  $F, F' \in \mathscr{F}, F \subset F'$  imply F = F'. A family  $\mathscr{C}$  is called a complex if  $\emptyset \in \mathscr{C}$  and  $E \subset F \in \mathscr{C}$  implies  $E \in \mathscr{C}$ . There is a 1-1 correspondence between nonempty antichains and complexes. Namely if  $\mathscr{C}$  is a complex then define the family of maximal sets in  $\mathscr{C}$  by

$$\mathscr{A}(\mathscr{C}) = \{A \in \mathscr{C} : \nexists B \in \mathscr{C}, B \neq A, A \subset B\}.$$

Clearly,  $\mathscr{A}(\mathscr{C})$  is an antichain and

$$\mathscr{C} = \{ C \subset [n] : \exists A \in \mathscr{A}(\mathscr{C}), C \subset A \}.$$

We call  $\mathscr{I}(\mathscr{C}) = \mathscr{C} - \mathscr{A}(\mathscr{C})$  the *interior* of  $\mathscr{C}$ . Recall that  $|\mathscr{F}|$  is called the *size* of  $\mathscr{F}$ . The main result of this note is the following.

**Theorem 1.1.** Suppose that  $\mathscr{C} \subset 2^{[n]}$  is a complex of size at least  $\binom{n}{0} + \cdots + \binom{n}{k} + \binom{k}{k+1}$  for some  $1 \leq k+1 \leq x \leq n$ . Then

$$|\mathscr{I}(\mathscr{C})| \ge {\binom{n}{0}} + \dots + {\binom{n}{k-1}} + {\binom{x}{k}} \text{ holds.}$$
(1)

For a family  $\mathcal{F} \subset 2^{[n]}$  define its boundary  $\sigma(\mathcal{F})$  by

$$\sigma(\mathscr{F}) = \{ E \subset [n] : |E\Delta F| \le 1 \text{ for some } F \in \mathscr{F} \},\$$

where  $\Delta$  denotes the symmetric difference.

The strongest version of the isoperimetric theorem of Harper can be stated as follows (cf. [6, 9] on [4]).

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**Harper's Theorem.** Suppose that  $\mathcal{F} \subset 2^{[n]}$ ,

$$|\mathscr{F}| = {n \choose n} + \cdots + {n \choose k+1} + {a_k \choose k} + \cdots + {a_s \choose s},$$

where  $n \ge a_k \ge \cdots > a_s \ge s \ge 1$ . Then

$$|\sigma(\mathscr{F}) \geq \binom{n}{n} + \cdots + \binom{n}{k} + \binom{a_k}{k-1} + \cdots + \binom{a_s}{s-1}.$$

In Section 3 we give a short proof of this result.

Let us state now the result mentioned in the abstract.

**Kleitman's Theorem** ([10]). Suppose that  $\mathcal{C} \subset 2^{[n]}$  is a complex with  $|\mathcal{A}(\mathcal{C})| \ge {n \choose k}$ ,  $0 \le k \le \frac{1}{2}n$ . Then

$$|\mathscr{C}| \ge {\binom{n}{0}} + \dots + {\binom{n}{k}} holds.$$
 (2)

Before deriving this result from Theorem 1.1 let us mention that the original proof was incomplete. A full version, due to A.M. Odlyzko appears in [5]. The theorem was extended to multisets by Clements [1] who proves best possible inequalities even if  $|\mathscr{A}(\mathscr{C})|$  is not of the form  $\binom{n}{k}$ .

Suppose for contradiction that

$$|\mathscr{C}| = {n \choose 0} + \cdots + {n \choose i} + {x \choose i+1}$$
 holds with  $i < k$  and  $x < n$ .

Then (1) gives

$$|\mathscr{A}(\mathscr{C})| \leq {\binom{n}{i}} + {\binom{x}{i+1}} - {\binom{x}{i}} < {\binom{n}{i+1}} \leq {\binom{n}{k}},$$

a contradiction. (We used the inequality

$$\binom{n}{i+1} - \binom{n}{i} = \frac{n-2i-1}{i+1} \binom{n}{i} > \frac{x-2i-1}{i+1} \binom{x}{i} = \binom{x}{i+1} - \binom{x}{i}$$

which is true by n > 2(i + 1), n > x and the monotonicity of  $\binom{y}{i}$  for  $y \ge i$ .)

# 2. Proof of the Theorem 1.1

Let us introduce the notation

$$\partial \mathcal{F} = \{ G : \exists F \in \mathcal{F}, \ G \subset F, \ |F - G| = 1 \}.$$

Note that if  $\mathscr{F}$  is a complex then  $\mathscr{I}(\mathscr{F}) = \partial \mathscr{F}$  holds.

Let us recall the definition of the shifting operator  $S_{ij}$  for  $i \le i \le j \le n$ , which goes back to Erdős-Ko-Rado [2].

$$S_{ij}(\mathscr{F}) = \{S_{ij}(F) : F \in \mathscr{F}\}$$

where

$$S_{ij}(F) = \begin{cases} F' = (F - \{j\}) \cup \{i\} & \text{if } i \notin F, j \in F, F' \notin \mathcal{F} \\ F & \text{otherwise.} \end{cases}$$

The following simple but important proposition goes back to Katona [7] (see also [3], where it was used to give a short proof of the Kruskal-Katona Theorem).

### **Proposition 2.1.** $\partial(S_{ii}(\mathcal{F})) \subset S_{ii} \partial \mathcal{F}$ holds for all $1 \leq i < j \leq n$ .

This proposition shows that in proving the theorem we may replace  $\mathscr{C}$  repeatedly by  $S_{ij}(\mathscr{C})$ . Doing so repeatedly for  $\{i, j\} = \{1, 2\}, \ldots, \{1, n\}$  will leave us with a family  $\mathscr{F}$  satisfying  $|\mathscr{F}| = |\mathscr{C}|, |\partial \mathscr{F}| \leq |\partial \mathscr{C}|$  and  $S_{1j}(\mathscr{F}) = \mathscr{F}$  for  $2 \leq j \leq n$ .

Define  $\mathscr{F}(1) = \{F - \{1\} : 1 \in F \in \mathscr{F}\}\ \text{and}\ \mathscr{F}(\overline{1}) = \{F \in \mathscr{F} : 1 \notin \mathscr{F}\}.$ 

### Claim 2.2.

(i)  $|\partial \mathcal{F}| = |\mathcal{F}(1)| + |\partial \mathcal{F}(1)|$ 

(ii)  $\partial \mathscr{F}(\overline{1}) \subset \mathscr{F}(1)$ .

**Proof of Claim.** First we prove (ii). If  $G \in \partial \mathcal{F}(\overline{1})$  then for some  $1 < j \le n$  and  $j \notin G$  we have  $G \cup \{j\} \in \mathcal{F}$ . Since  $1 \notin G$  and  $S_{1j}(\mathcal{F}) = \mathcal{F}$ ,  $(G \cup \{1\}) \in \mathcal{F}$ , i.e.  $G \in \mathcal{F}(1)$  follows.

Now (i) follows from  $|\partial \mathcal{F}| = |\partial \mathcal{F}(1)| + |\mathcal{F}(1) \cup \partial \mathcal{F}(\overline{1})|$  which is valid for all families  $\mathcal{F}$ .  $\Box$ 

Now we are ready to prove Theorem 1.1 by induction on n. We distinguish two cases

(a) 
$$|\mathscr{F}(1)| \ge {\binom{n-1}{0}} + \cdots + {\binom{n-1}{k-1}} + {\binom{x-1}{k}}.$$

By the induction hypothesis  $|\partial \mathcal{F}(1)| \ge \binom{n-1}{0} + \cdots + \binom{n-1}{k-2} + \binom{x-1}{k-1}$ . Thus the statement follows from Claim (i).

(b) 
$$|\mathscr{F}(1)| < {n-1 \choose 0} + \cdots + {n-1 \choose k-1} + {x-1 \choose k}.$$

Now

$$|\mathscr{F}(\overline{1})| > {\binom{n-1}{0}} + \cdots + {\binom{n-1}{k}} + {\binom{x-1}{k+1}}.$$

We want to apply the induction hypothesis to  $\mathscr{F}(\overline{1}) \subset 2^{\{2,\dots,n\}}$ . There is a slight technical difficulty, namely x - 1 < k + 1 might happen. However, in that case we can replace x by k + 2 and the following argument remains valid.

$$|\partial \mathscr{F}(\overline{1})| \ge {\binom{n-1}{0}} + \cdots + {\binom{n-1}{k-1}} + {\binom{x-1}{k}},$$

which contradicts Claim (ii).

Just as in [3], the same proof would work to give the following best possible result. Suppose

$$|\mathscr{F}| = \binom{n}{0} + \dots + \binom{n}{k} + \binom{a_{k+1}}{k+1} + \binom{a_k}{k} + \dots + \binom{a_s}{s}$$

for some integers  $1 \le s \le a_s \le \cdots \le a_{k+1} \le n$ . Then

$$|\partial \mathscr{F}| \ge {\binom{n}{0}} + \cdots + {\binom{n}{k-1}} + {\binom{a_{k+1}}{k}} + \cdots + {\binom{a_s}{s-1}}.$$

Note the relation with the Kruskal-Katona Theorem [8, 11].

The exact form permits to give an exact answer to the problem given in  $1 \le m \le \binom{n}{\lfloor n/2 \rfloor}$ , minimize  $|\mathscr{C}|$ , where  $\mathscr{C}$  is a complex with  $|\mathscr{A}(\mathscr{C})| = m$ , i.e.  $\mathscr{C}$  is generated by an antichain of size m. This problem was solved by Clements [1].

## 3. The size of the exterior of co-complexes and Harper's theorem

Recall that  $\mathscr{F} \subset 2^{[n]}$  is called a co-complex if  $\{[n] - F : F \in \mathscr{F}\}$  is a complex.

**Theorem 3.1.** Let  $\mathcal{F} \subset 2^{[n]}$  be a co-complex,

$$|\mathscr{F}| \ge {n \choose n} + \cdots + {n \choose k+1} + {x \choose k}, \quad k \le x \le n,$$

x real. Then

$$|\partial \mathcal{F}| \ge \binom{n}{n-1} + \dots + \binom{n}{k} + \binom{x}{k-1}.$$
(3.1)

**Proof.** The proof is very similar to that of Theorem 1.1, therefore we shall be somewhat sketchy.

In view of Proposition 2.1 we may assume that  $\mathcal{F}$  is shifted. Apply induction on

n, the case n = 1 being trivial. We distinguish two cases again.

(a) 
$$|\mathscr{F}(1)| \ge {\binom{n-1}{n-1}} + \cdots + {\binom{n-1}{k}} + {\binom{x-1}{k-1}}$$

By the induction hypothesis we have

$$|\partial \mathscr{F}(1)| \ge {\binom{n-1}{n-2}} + \dots + {\binom{n-1}{k-1}} + {\binom{x-1}{k-2}}$$

and (3.1) follows from Claim 2.2(i).

(b) 
$$|\mathscr{F}(1)| < {n-1 \choose n-1} + \cdots + {n-1 \choose k} + {x-1 \choose k-1}.$$

Now

$$|\mathscr{F}(\tilde{1})| > \binom{n-1}{n-1} + \cdots + \binom{n-1}{k+1} + \binom{x-1}{k}$$

and thus by the induction hypothesis

$$|\partial \mathscr{F}(\overline{1})| \ge {\binom{n-1}{n-2}} + \dots + {\binom{n-1}{k}} + {\binom{x-1}{k-1}}$$
 follows.

Since  $[2, n] \in (\mathcal{F}(1) - \partial \mathcal{F}(\overline{1}))$ , Claim 2.2(ii) gives the contradiction

$$|\mathscr{F}(1) \ge \binom{n-1}{n-1} + \binom{n-1}{n-2} + \dots + \binom{n-1}{k} + \binom{x-1}{k-1}. \quad \Box$$

The same proof gives the following, more exact version.

**Theorem 3.2.** Let  $\mathcal{F} \subset 2^{[n]}$  be a co-complex,

$$|\mathscr{F}| = \binom{n}{n} + \cdots + \binom{n}{k+1} + \binom{a_k}{k} + \binom{a_k-1}{k-1} + \cdots + \binom{a_s}{s},$$

 $n \ge a_k > a_{k-1} > \cdots > a_s \ge s \ge 1$ . Then

$$|\partial \mathscr{F}| \ge \binom{n}{n-1} + \dots + \binom{n}{k} + \binom{a_k}{k-1} + \dots + \binom{a_s}{s-1}. \quad \Box$$

Recall the definition of the pushing-up operation  $T_i$ ,  $1 \le i \le n$ .

$$T_i(\mathscr{F}) = \{T_i(F) : F \in \mathscr{F}\}, \text{ where}$$
$$T_i(F) = \begin{cases} F' = F \cup \{i\} & \text{if } i \notin F, F' \notin \mathscr{F}\\ F & \text{otherwise.} \end{cases}$$

The following lemma is easy to prove.

**Prop**esition 3.3 [4].  $\sigma T_i(\mathscr{F}) \subset T_i(\sigma \mathscr{F})$  for all  $\mathscr{F} \subset 2^{[n]}$ .

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Applying  $T_1, \ldots, T_n$  consecutively to a family produces a co-complex of the same size whose boundary is not larger. Noting that  $\sigma \mathcal{F} = \{[n]\} \cup \partial \mathcal{F}$  holds for a co-complex  $\mathcal{F}$ , Harper's theorem follows from Theorem 3.2.

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