

On the average size of sets in intersecting Sperner families

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Abstract

We show that the average size of subsets of $[n]$ forming an intersecting Sperner family of cardinality not less than $\binom{n-1}{k-1}$ is at least k provided that $k \leq n/2 - \sqrt{n}/2 + 1$. The statement is not true if $n/2 \geq k > n/2 - \sqrt{8n+1}/8 + 9/8$. © 2002 Elsevier Science B.V. All rights reserved.

1. Introduction

Let $[n]$ be the set $\{1, \dots, n\}$ and $2^{[n]}$ be the power set of $[n]$. A set $\mathcal{F} \subseteq 2^{[n]}$ is called a *Sperner family* (or *antichain*) if there are no inclusion relations between the members of \mathcal{F} :

$$A \not\subseteq B \quad \text{for all } A, B \in \mathcal{F}, A \neq B.$$

A family $\mathcal{F} \subseteq 2^{[n]}$ is called *intersecting* if any two members of \mathcal{F} are non-disjoint:

$$A \cap B \neq \emptyset \quad \text{for all } A, B \in \mathcal{F}.$$

In [12], Kleitman and Milner found the following result on the average size of sets in Sperner families:

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Theorem 1. *Let $k \leq n/2$ be an integer. If $\mathcal{F} \subseteq 2^{[n]}$ is a Sperner family with $|\mathcal{F}| \geq \binom{n}{k}$, then the average size of the sets in \mathcal{F} is at least k .*

Kleitman and Milner gave two proofs for their result, one using replacement operations as in [13], the other using the LYM-inequality and linear duality. See also [3, 8–10], [1, p. 62] and [2, p. 155].

In this note we address the question whether the corresponding statement of Theorem 1 remains true for intersecting Sperner families. Note that by the Erdős–Ko–Rado Theorem [5] the maximum size of an intersecting Sperner family consisting only of sets of size k , $k \leq n/2$, is $\binom{n-1}{k-1}$. Thus, we ask whether the average size of the sets of an intersecting Sperner family $\mathcal{F} \subseteq 2^{[n]}$ is at least k provided that $|\mathcal{F}| \geq \binom{n-1}{k-1}$.

This is certainly true if all sets in \mathcal{F} have size not greater than $n/2$, which follows directly from Theorem 1 using a correspondence between intersecting Sperner families in $2^{[n]}$ and Sperner families in $2^{[n-1]}$ ([6], see also [1, Chapter 8]).

Putting no restrictions on the set sizes, we have the following result.

Theorem 2. *Let $k \leq (n+2)/2 - \sqrt{n}/2$. If $\mathcal{F} \subseteq 2^{[n]}$ is an intersecting Sperner family with $|\mathcal{F}| \geq \binom{n-1}{k-1}$, then the average size of sets in \mathcal{F} is at least k .*

This statement fails if $n/2 \geq k > n/2 - \sqrt{8n+1}/8 + 9/8$.

One might ask for the smallest cardinality an intersecting Sperner family must have in order to ensure an average set size not less than k . An easy general upper bound for this cardinality is given by the next theorem:

Theorem 3. *Let $k \leq n/2$. If $\mathcal{F} \subseteq 2^{[n]}$ is an intersecting Sperner family with $|\mathcal{F}| \geq \binom{n}{k-1}$, then the average size of sets in \mathcal{F} is at least k .*

The proofs of Theorems 2 and 3 use the known description [4, 11] of the convex hull of all profiles of intersecting Sperner families. Recall that the *profile* of a family $\mathcal{F} \subseteq 2^{[n]}$ is the $(n+1)$ -dimensional vector having the number of i -sets of \mathcal{F} as its i th entry ($0 \leq i \leq n$).

2. Proof of Theorem 3

Our proof follows the one given in [9] for Theorem 1 (see also [1, p. 62]).

Let $\mathcal{F} \subseteq 2^{[n]}$ be an intersecting Sperner family with profile (f_0, f_1, \dots, f_n) . The following LYM-type-inequality was proved in [7]

$$\sum_{i \leq n/2} \frac{f_i}{\binom{n}{i-1}} + \sum_{i > n/2} \frac{f_i}{\binom{n}{i}} \leq 1. \quad (1)$$

Let $g(i)$ denote the coefficient of f_i in this inequality. It is easy to verify that the sequence $g(i)$, $i=1, \dots, n$, is convex. If g is extended to a function on the real

interval $[1, n]$ by linear interpolation, then Jensen's inequality, (1) and the hypothesis $|\mathcal{F}| \geq \binom{n}{k-1}$ give

$$g\left(\sum_i \frac{f_i}{|\mathcal{F}|} i\right) \leq \sum_i \frac{f_i}{|\mathcal{F}|} g(i) \leq \frac{1}{|\mathcal{F}|} \leq g(k).$$

Now the theorem follows from the monotonicity of the function $g(x)$, $1 \leq x \leq k$.

We remark that instead of (1) other inequalities [11] might be used as well, which give slight improvements of the bound $\binom{n-1}{k}$. We omit the details.

3. A preliminary lemma

Let us first record the following easily established numerical fact: If (as in the supposition of Theorem 2)

$$k \leq \frac{n+2}{2} - \frac{\sqrt{n}}{2},$$

then

$$(n+1-2k)(n+2-2k) \geq 2(k-1) \quad (2)$$

and the sequence

$$\left(\frac{n+1}{2} - i\right) \binom{n-1}{i-1}, \quad i=1, \dots, k \quad (3)$$

is increasing.

Lemma 4. Let $a < b < c < d$, $e \leq n$ natural and δ, ε nonnegative real numbers satisfying $b \leq n/2$,

$$\frac{b-a}{d-b} > \delta, \quad (4)$$

$$(n+1-2b)(d-b) \geq b, \quad (5)$$

$$(n+1-2b)(e-b) \geq b. \quad (6)$$

Then

$$\begin{aligned} & (c-b+(e-b)\varepsilon) \frac{1}{\binom{n}{a}} + (b-a-(d-b)\delta) \frac{1}{\binom{n}{c}} \\ & \geq (c-a+(e-a)\varepsilon - (d-c)\delta + (e-d)\delta\varepsilon) \frac{1}{\binom{n}{b}}. \end{aligned} \quad (7)$$

Proof. Let $\binom{n}{x}$ for $0 \leq x \leq n$, x real, be defined by linear interpolation of the sequence $1/\binom{n}{i}$, $i=0, \dots, n$, i.e.

$$\frac{1}{\binom{n}{x}} := \frac{1 - (x - [x])}{\binom{n}{[x]}} + \frac{x - [x]}{\binom{n}{[x]+1}}.$$

It is well known that the function $1/\binom{n}{x}$, $0 \leq x \leq n$, is convex. We will use the function

$$\psi(x) := \frac{b - x}{\binom{n}{b} / \binom{n}{x} - 1}, \quad 0 \leq x < b.$$

It is easily established that ψ is increasing on the entire domain $[0, b)$. Indeed, if $x = i + \alpha$, $i < b$ a nonnegative integer, $0 \leq \alpha \leq 1$ real, we have

$$\frac{d}{d\alpha} \psi(i + \alpha) = \frac{1 + (b - i - 1) \binom{n}{b} / \binom{n}{i} - (b - i) \binom{n}{b} / \binom{n}{i+1}}{\left(\binom{n}{b} \left((1 - \alpha) / \binom{n}{i} + \alpha / \binom{n}{i+1} \right) - 1 \right)^2},$$

which is nonnegative by the convexity of the sequence $1/\binom{n}{i}$, $i=0, \dots, n$. (The monotonicity of the sequence $\psi(i)$, $i \neq b$, $i \leq n/2$, was already used in [12].) Furthermore, the function ψ is constant on $[b - 1, b)$:

$$\psi(x) = \frac{b}{n + 1 - 2b} \quad \text{for } b - 1 \leq x < b.$$

Now the LHS of (7) is by Jensen's inequality not less than

$$(c - a + (e - b)\varepsilon - (d - b)\delta) \frac{1}{\binom{n}{b^*}},$$

where

$$b^* = b - \frac{(b - a)(e - b)\varepsilon + (c - b)(d - b)\delta}{c - a + (e - b)\varepsilon - (d - b)\delta}.$$

To establish (7), it suffices therefore to show that

$$\frac{\binom{n}{b}}{\binom{n}{b^*}} \geq \frac{c - a + (e - a)\varepsilon - (d - c)\delta + (e - d)\delta\varepsilon}{c - a + (e - b)\varepsilon - (d - b)\delta},$$

which is easily seen to be equivalent to

$$\psi(b^*) \leq \frac{(b - a)(e - b)\varepsilon + (c - b)(d - b)\delta}{(b - a)\varepsilon + (c - b)\delta + (e - d)\delta\varepsilon}.$$

Since by (4) we have $b^* < b$, it suffices to show by the above-mentioned properties of ψ that the RHS of the last inequality is not less than $b/(n + 1 - 2b)$. If $\varepsilon = 0$ resp. $\delta = 0$ this is just (5) resp. (6). If $\delta, \varepsilon > 0$, we want to show that

$$\begin{aligned} & \frac{b - a}{\delta} ((n + 1 - 2b)(e - b) - b) + \frac{c - b}{\varepsilon} ((n + 1 - 2b)(d - b) - b) \\ & \geq b(e - d). \end{aligned}$$

However, using (4), the last inequality follows from

$$\begin{aligned} (d - b)(n + 1 - 2b) \left(e - b + \frac{c - b}{\varepsilon} \right) &\geq b(e - d) + b(d - b) + b \left(\frac{c - b}{\varepsilon} \right) \\ &= b \left(e - b + \frac{c - b}{\varepsilon} \right), \end{aligned}$$

which is (5). \square

4. Proof of Theorem 2

We start with the first statement of Theorem 2. Our proof method follows the proofs of Theorem 1 given in [2,10].

Let $\mathcal{P} \subseteq \mathbb{R}^{n+1}$ be the convex hull of all profiles of intersecting Sperner families in $2^{[n]}$. The extreme points of the polytope \mathcal{P} were determined in [5]. They are

$$\begin{aligned} z &= (0, 0, \dots, 0), \\ v_j &= \left(0, 0, \dots, \binom{n}{j}, \dots, 0 \right), \quad j > n/2, \\ w_i &= \left(0, 0, \dots, \binom{n-1}{i-1}, \dots, 0 \right), \quad i \leq n/2, \\ w_{ij} &= \left(0, 0, \dots, \binom{n-1}{i-1}, \dots, \binom{n-1}{j}, \dots, 0 \right), \quad i \leq n/2, \quad i + j > n, \end{aligned}$$

where the nonzero entries of v_j , w_i resp. w_{ij} occur at the coordinates j , i resp. i and j .

If $\mathcal{F} \subseteq 2^{[n]}$ is an intersecting Sperner family with $|\mathcal{F}| \geq \binom{n-1}{k-1}$, then the profile (f_0, f_1, \dots, f_n) of \mathcal{F} lies in the intersection of \mathcal{P} and the halfspace given by

$$\sum_{i=0}^n x_i \geq \binom{n-1}{k-1}. \tag{8}$$

We denote this new polytope by \mathcal{P}' . The average size of sets in \mathcal{F} will be at least k iff the profile of \mathcal{F} satisfies the linear inequality

$$\sum_{i=0}^n (i - k) f_i \geq 0. \tag{9}$$

Hence, it is enough to verify (9) (under the hypothesis of Theorem 2) only for the extreme points of \mathcal{P}' . Obviously, each extreme point of \mathcal{P}' is a convex combination of two extreme points of \mathcal{P} . Consequently, it is sufficient to prove the following implication: If p_1 and p_2 are extreme points of \mathcal{P} such that $\alpha p_1 + (1 - \alpha) p_2$ satisfies (8) for some $0 \leq \alpha \leq 1$, then $\alpha p_1 + (1 - \alpha) p_2$ satisfies also (9).

Let us write

$$p_1 = \left(0, 0, \dots, \sigma_{i_1} \binom{n-1}{i_1-1}, \dots, \sigma_{j_1} \binom{n-1}{j_1}, \dots, \sigma_{\ell_1} \binom{n}{\ell_1}, \dots, 0 \right)$$

(the nonzero entries located at coordinates i_1, j_1 and ℓ_1) with $i_1 \leq n/2, i_1 + j_1 > n, \ell_1 > n/2$ and

$$(\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1}) \in \{(0, 0, 0), (1, 0, 0), (0, 0, 1), (1, 1, 0)\}.$$

An analogous notation with $(\sigma_{i_2}, \sigma_{j_2}, \sigma_{\ell_2})$ instead of $(\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1})$ is used for p_2 (where for simplicity of notation the variables $\sigma_{i_2}, \sigma_{j_2}, \sigma_{\ell_2}$ are considered to be different from $\sigma_{i_1}, \sigma_{j_1}, \sigma_{\ell_1}$).

Let $k \leq (n+2)/2 - \sqrt{n}/2$. We want to show that for $0 \leq \alpha \leq 1$ the following is true: If

$$\begin{aligned} & \alpha \sigma_{i_1} \binom{n-1}{i_1-1} + (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1} + \alpha \sigma_{j_1} \binom{n-1}{j_1} \\ & + (1-\alpha) \sigma_{j_2} \binom{n-1}{j_2} + \alpha \sigma_{\ell_1} \binom{n}{\ell_1} + (1-\alpha) \sigma_{\ell_2} \binom{n}{\ell_2} \geq \binom{n-1}{k-1}, \end{aligned} \tag{10}$$

then

$$\begin{aligned} & (i_1 - k) \alpha \sigma_{i_1} \binom{n-1}{i_1-1} + (i_2 - k) (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1} + (j_1 - k) \alpha \sigma_{j_1} \binom{n-1}{j_1} \\ & + (j_2 - k) (1-\alpha) \sigma_{j_2} \binom{n-1}{j_2} + (\ell_1 - k) \alpha \sigma_{\ell_1} \binom{n}{\ell_1} \\ & + (\ell_2 - k) (1-\alpha) \sigma_{\ell_2} \binom{n}{\ell_2} \geq 0. \end{aligned} \tag{11}$$

Since (11) trivially holds if $i_1, i_2 \geq k$, we may assume that $i_1 < k$ and $\sigma_{i_1} = 1$. Then necessarily $\sigma_{\ell_1} = 0$.

Case 1: $i_2 \leq k$ or $\sigma_{i_2} = 0$.

By lower estimating $(j_1 - k), (j_2 - k), (\ell_1 - k)$ and $(\ell_2 - k)$ to $(n+1)/2 - k$ and using (10) we have that the LHS of (11) is not less than

$$\begin{aligned} & \left(\frac{n+1}{2} - k \right) \binom{n-1}{k-1} \\ & - \left(\frac{n+1}{2} - i_1 \right) \alpha \binom{n-1}{i_1-1} - \left(\frac{n+1}{2} - i_2 \right) (1-\alpha) \sigma_{i_2} \binom{n-1}{i_2-1}, \end{aligned}$$

which in both cases $i_2 \leq k$ and $\sigma_{i_2} = 0$ is nonnegative by the monotonicity (3).

Case 2: $i_2 > k$ and $\sigma_{i_2} = 1$.

We have then $\sigma_{i_1} = \sigma_{i_2} = 0$ and $\binom{n-1}{i_2-1} \geq \binom{n-1}{k-1}$.

Case 2.1: $\binom{n-1}{i_1-1} + \sigma_{j_1} \binom{n-1}{j_1} \geq \binom{n-1}{i_2-1}$.

Then necessarily $\sigma_{j_1} = 1$. Using the last two inequalities we have that the LHS of (11) is not less than

$$(j_1 - k)\alpha \binom{n-1}{j_1} + (i_1 - k)\alpha \binom{n-1}{i_1-1} \geq (j_1 - k)\alpha \binom{n-1}{k-1} - (j_1 - i_1)\alpha \binom{n-1}{i_1-1},$$

which is again nonnegative by the monotonicity (3).

Case 2.2: $\binom{n-1}{i_1-1} + \sigma_{j_1} \binom{n-1}{j_1} < \binom{n-1}{i_2-1}$.

By eliminating α in (10) and (11), it suffices to show that

$$\begin{aligned} & \left(k - i_1 - (j_1 - k)\sigma_{j_1} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \right) \frac{1}{\binom{n-1}{i_2-1}} \\ & + \left(i_2 - k + (j_2 - k)\sigma_{j_2} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} \right) \frac{1}{\binom{n-1}{i_1-1}} \\ & \geq \left(i_2 - i_1 + (j_2 - i_1)\sigma_{j_2} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} - (j_1 - i_2)\sigma_{j_1} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \right) \\ & + (j_2 - j_1)\sigma_{j_1}\sigma_{j_2} \frac{\binom{n-1}{j_1}}{\binom{n-1}{i_1-1}} \frac{\binom{n-1}{j_2}}{\binom{n-1}{i_2-1}} \frac{1}{\binom{n-1}{k-1}}. \end{aligned}$$

We apply Lemma 4 with $a := i_1 - 1$, $b := k - 1$, $c := i_2 - 1$, $d := j_1 - 1$, $e := j_2 - 1$, $\delta := \sigma_{j_1} \binom{n-1}{j_1} / \binom{n-1}{i_1-1}$, $\varepsilon := \sigma_{j_2} \binom{n-1}{j_2} / \binom{n-1}{i_2-1}$ and $n := n - 1$.

Since (11) holds if $\sigma_{j_1} = 1$ and

$$(j_1 - k) \binom{n-1}{j_1} \geq (k - i_1) \binom{n-1}{i_1-1},$$

we may assume the opposite; thus condition (4) from Lemma 4 is satisfied. Finally, conditions (5) and (6) follow from $j_1, j_2 \geq (n + 1)/2$ and (2).

This completes the proof of the first statement of Theorem 2. In order to show the second statement, consider an intersecting Sperner family $\mathcal{F} \subseteq 2^{[n]}$ with $f_{k-1} = \binom{n-1}{k-2}$, $f_{n+2-k} = \binom{n-1}{k-1} - \binom{n-1}{k-2}$ and $f_i = 0$ for $i \neq k-1, n+2-k$. Since $\binom{n-1}{k-1} - \binom{n-1}{k-2} \leq \binom{n-1}{n+2-k} = \binom{n-1}{k-3}$ for $n/2 \geq k > n/2 - \sqrt{8n + 1}/8 + 9/8$, such a family can be taken as a subfamily

of one realizing the profile $w_{k-1, n+2-k}$. It is now easily checked that the inequality (9) fails exactly for our choice of k . \square

Remark. We conjecture that the first statement of Theorem 2 remains valid for all $k < n/2 - \sqrt{8n}/8$. However, our proof method will not give this result: There is a constant $c > \sqrt{8}/4$ such that for $k = \lfloor n/2 - c\sqrt{n}/2 \rfloor$ and large n , the polytope \mathcal{P}' contains a point which does not satisfy the inequality (9). Indeed, take a suitable convex combination $\alpha w_{i_1} + (1-\alpha)w_{i_2, j_2}$, where e.g. $i_1 = \lfloor \frac{n}{2} - 0.8\frac{\sqrt{n}}{2} \rfloor$, $k = \lfloor \frac{n}{2} - 0.76\frac{\sqrt{n}}{2} \rfloor$, $i_2 = \lfloor \frac{n}{2} - 0.3\frac{\sqrt{n}}{2} \rfloor$, $j_2 = \lfloor \frac{n}{2} + 0.31\frac{\sqrt{n}}{2} \rfloor$.

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