On the volume product of planar polar convex bodies - lower estimates with stability

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## Abstract

[^0]Let $K \subset \mathbb{R}^{2}$ be an $o$-symmetric convex body, and $K^{*}$ its polar body. Then we have $|K| \cdot\left|K^{*}\right| \geq 8$, with equality if and only if $K$ is a parallelogram. ( $|\cdot|$ denotes volume). If $K \subset \mathbb{R}^{2}$ is a convex body, with $o \in \operatorname{int} K$, then $|K| \cdot\left|K^{*}\right| \geq 27 / 4$, with equality if and only if $K$ is a triangle and $o$ is its centroid. If $K \subset \mathbb{R}^{2}$ is a convex body, then we have $|K| \cdot \mid[(K-K) / 2)]^{*} \mid \geq 6$, with equality if and only if $K$ is a triangle. These theorems are due to Mahler and Reisner, Mahler and Meyer, and to Eggleston, respectively. We show an analogous theorem: if $K$ has $n$-fold rotational symmetry about $o$, then $|K| \cdot\left|K^{*}\right| \geq n^{2} \sin ^{2}(\pi / n)$, with equality if and only if $K$ is a regular $n$-gon of centre $o$. We will also give stability variants of these four inequalities, both for the body, and for the centre of polarity. For this we use the BanachMazur distance (from parallelograms, or triangles), or its analogue with similar copies rather than affine transforms (from regular $n$-gons), respectively. The stability variants are sharp, up to constant factors. We extend the inequality $|K| \cdot\left|K^{*}\right| \geq n^{2} \sin ^{2}(\pi / n)$ to bodies with $o \in \operatorname{int} K$, which contain, and are contained in, two regular $n$-gons, the vertices of the contained $n$-gon being incident to the sides of the containing $n$-gon. Our key lemma is a stability estimate for the area product of two sectors of convex bodies polar to each other. To several of our statements we give several proofs; in particular, we give a new proof for the theorem of Mahler-Reisner.

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## 1 Notations

We write $o$ for the origin, $\langle\cdot, \cdot\rangle$ for the scalar product, $\|\cdot\|$ for the Euclidean norm, $\left[x_{1}, \ldots, x_{k}\right]$ for the convex hull of $\left\{x_{1}, \ldots, x_{k}\right\}$, and $|\cdot|$ for the volume (area in $\mathbb{R}^{2}$ ). We write vert $(\cdot)$, int $(\cdot), \partial(\cdot)$, for the vertex set of a convex polytope, or interior, or boundary of a set in $\mathbb{R}^{d}$.

A convex body in $\mathbb{R}^{d}$ is a compact convex set with non-empty interior. If $o \in \operatorname{int} K$, then its polar (w.r.t. the unit sphere with centre $o$ ) is

$$
K^{*}=\left\{x \in \mathbb{R}^{d}: \forall y \in K \quad\langle x, y\rangle \leq 1\right\} .
$$

If $A: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ is a non-singular linear map, then $(A K)^{*}=\left(A^{-1}\right)^{*} K^{*}$, where $\left(A^{-1}\right)^{*}$ is the transpose of the inverse of $A$. It is known (Santaló [69], or Meyer-Pajor [55]), that there exists a unique point $s(K) \in \operatorname{int} K$, called Santaló point of $K$, such that

$$
\left|(K-s(K))^{*}\right|=\min \left\{\left|(K-z)^{*}\right|: z \in \operatorname{int} K\right\} .
$$

Additionally, the origin is the centroid of $(K-s(K))^{*}$. The uniqueness and the affine invariance of the Santalo point yields that $s(K)=o$ if $K$ is $o$ symmetric, or if $d=2$ and $K$ has $n$-fold symmetry about $o$ for some $n \geq 3$.

For convex bodies $K, L \subset \mathbb{R}^{d}$, the Banach-Mazur distance $\delta_{B M}(K, L)$ is $\min \left\{\lambda_{2} / \lambda_{1} \mid \lambda_{1}, \lambda_{2} \in(0, \infty), \exists\right.$ affinity $A, \exists x \in \mathbb{R}^{d}, \lambda_{1} A(K) \subset L \subset$ $\left.\lambda_{2} A(K)+x\right\}$. If we allow for $A$ only similarities, then we obtain the definition of $\delta_{B M}^{s}(K, L)$. (Clearly, $\delta_{B M}(K, L) \leq \delta_{B M}^{s}(K, L)$. If both $K, L$ are $o$-symmetric, or $d=2$ and both have $n$-fold rotational symmetry about $o$, with $n \geq 3$ an integer, then in the definition of $\delta_{B M}(K, L)$, or $\delta_{B M}^{s}(K, L)$, we may assume $x=o$.) We will write $T, P, R_{n}$ for a triangle, parallelogram, or regular $n$-gon, respectively.

We write $\kappa_{d}=\pi^{d / 2} / \Gamma(d / 2+1)$ for the volume of the unit ball in the $d$-dimensional Euclidean space.

## 2 Introduction

Generalities. Let $K \subset \mathbb{R}^{d}$ be a convex body, with $o \in \operatorname{int} K$. Blaschke [8] was the first who considered the so called volume product $|K| \cdot\left|K^{*}\right|$ of the body $K$, and proved that for $d \leq 3$, and $o$ the barycentre of $K$, its maximum is attained, e.g., if $K$ is an ellipsoid. He was motivated by the investigation
of the affine geometry of convex bodies, e.g., of the so called affine surface area (a definition cf. in [43], or [11]), that is intimately related to the volume product (cf. [43], [11]). The volume product is invariant under non-singular linear transformations, cf. [43], p. 109. The investigation of the question of the lower estimate of the volume product was initiated by Mahler [44], [45]. He had in view applications in the geometry of numbers (i.e., investigation of the relation of convex, or more generally, of star-bodies, and lattices, i.e., nonsingular linear images of $\mathbb{Z}^{d}$ in $\mathbb{R}^{d}$ ). The volume product, in particular, for $o$-symmetric $K$, is a basic quantity, that later has arisen in several branches of mathematics, cf. later in this introduction.

Lower bound, $o$-symmetric case. For a while we suppose that $K$ is $o$-symmetric. Mahler [45], for $d \geq 2$, conjectured for the volume product the lower bound $4^{d} / d!=d^{-d}(4 e+o(1))^{d}$, and proved the lower bound $4^{d} /(d!)^{2}$. It is usually credited to Saint Raymond [68] that this conjectured lower bound is attained not only for parallelotopes and cross-polytopes. However, this had already been observed by Guggenheimer [30] some years earlier, where the way of obtaining all examples of [68] had already been described. These examples are the following. Beginning with $[-1,1] \subset \mathbb{R}$, we define inductively convex bodies in $\mathbb{R}^{d}$, from examples in lower dimensions: if $d=d_{1}+d_{2}$ is an arbitrary decomposition of $d$ as a sum of positive integers $d_{1}, d_{2}$, then for the already defined bodies in $\mathbb{R}^{d_{i}}$ we take either their Minkowski sum, or the convex hull of their union. The Banach spaces with these unit balls are called Hansen-Lima spaces, and their unit balls are called Hansen-Lima bodies. They are called also Hanner bodies. Since they were introduced already by Hammer [31] in 1956, while Hansen-Lima [32] dates to 1981, it would be more correct to call them Hanner-Hansen-Lima spaces, and bodies. Also the well known book of Grünbaum on polytopes [29] calls these bodies Hanner polytopes. Moreover, [31] and [32] proved two characterizations of these convex bodies $K$ : (1) (a Helly type property): $K$ is $o$-symmetric, and if three translates of $K$ pairwise intersect, then their intersection is not empty. (2): $K$ is an $o$-symmetric convex polytope, and for any two disjoint faces (of any dimensions $\leq d-1$ ), say, $K_{1}, K_{2}$, of $K$, there are two distinct parallel supporting hyperplanes $\Pi_{1}$ and $\Pi_{2}$ of $K$, such that $K_{1} \subset \Pi_{1}$, and $K_{2} \subset \Pi_{2}$. [68] conjectured that the volume product attains its minimum exactly for the Hanner-Hansen-Lima bodies. (However, the claim of [30] that its author settled the 3-dimensional case is incorrect.)

Mahler [44] proved the sharp lower bound $|K| \cdot\left|K^{*}\right| \geq 8$ for $d=2$ and $K$ o-symmetric. Morerover, [44] showed that, for $K$ a polygon, the lower bound
is attained, for the o-symmetric case, if and only if $K$ is a parallelogram.
The above lower estimate of [45] for $\mathbb{R}^{d}$, for the $o$-symmetric case, was sharpened to $2^{d} \kappa_{d} /\left(d!d^{d}\right)^{1 / 2}$ by Dvoretzky-Rogers [16], and to $\kappa_{d}^{2} / d^{d / 2}$ by Bambah [4]. Then it has become clear that the volume product is very important in functional analysis, where it is just the product of the volumes of the unit balls of a finite dimensional Banach space and its dual. This has importance in the so called local theory of Banach spaces, i.e., the asymptotic study of finite dimensional Banach spaces, of high dimension, cf. Pisier's book [62]. A number of other geometric characteristics of these Banach spaces have a connection to the volume product. Therefore functional analysts became strongly interested in the subject, which resulted in ever better lower estimates, namely $d^{-d}(\log d)^{-d}$. const ${ }^{d}$ by Gordon-Reisner [27] and later by Kuperberg, G. [39], and to $d^{-d} \cdot$ const $^{d}$ by Bourgain-Milman [14] (with an unspecified constant). Quite recently $(\pi / 4)^{d-1} 4^{d} / d!=d^{-d}(e \pi+o(1))^{d}$ was proved by Kuperberg, G. [40]. Observe that the quotient of Kuperberg G.'s estimate and the conjectured minimum is $(\pi / 4+o(1))^{d}$. The paper Nazarov [59] proved the bit weaker estimate $\left(4^{d} / d!\right)(\pi / 4)^{3 d}$, using an unexpected connection of the volume product problem to the theory of functions of several complex variables.

A class of o-symmetric convex bodies in $\mathbb{R}^{d}$, for which the lower bound $4^{d} / d!$ is known, is the class of (non-singular) linear images of convex bodies symmetric with respect to all coordinate hyperplanes (also called unconditional convex bodies), cf. Saint Raymond [68]. The equality cases were proved by Meyer [52] and Reisner [65] - these are just the Hanner-HansenLima bodies. The combinatorial aspect of the proof was later studied by Bol-lobás-Reader-Radcliffe [9]. Actually [68] proved this inequality for a larger class of $o$-symmetric convex bodies. These are the ones, for which the associated norm satisfies the following. There exists a base, such that for the coordinates $x_{1}, \ldots, x_{d}$ w.r.t. this base, the projections $\left(x_{1}, \ldots, x_{d}\right) \rightarrow$ $\left(x_{1}, \ldots x_{i-1}, x_{i+1}, \ldots x_{d}\right)$, where $1 \leq i \leq d$, are contractions. Moreover, [68] also extended his inequality, for unconditional convex bodies, in the following way. Let $k \geq 2$ be an integer, let an unconditional norm $\|\cdot\|$ on $\mathbb{R}^{k}$ be given (i.e., the unit ball is unconditional), and let $d_{1}, \ldots, d_{k} \geq 1$ be integers. Let $K_{i} \subset \mathbb{R}^{d_{i}}$ be $o$-symmetric convex bodies, which are the unit balls of norms $\|\cdot\|_{i}$. We consider $\prod_{i=1}^{k} \mathbb{R}^{d_{i}}$, with the norm $\left\|\left(\left\|x_{i}\right\|_{i}\right)\right\|$ (where $x_{i} \in \mathbb{R}^{d_{i}}$ ), where we consider $\|\cdot\|_{i}$ as fixed, and $\|\cdot\|$ as variable. Then the volume product of the unit ball of this norm attains its minimum, e.g., for the cases, when $\left\|\left(\lambda_{1}, \ldots, \lambda_{k}\right)\right\|$ equals $\sum_{i}\left|\lambda_{i}\right|$, or $\max _{i}\left|\lambda_{i}\right|$.

Mahler's conjecture in the o-symmetric case, together with the conjecture about the equality cases, is also proved for convex polytopes with (at most) $2 d+2$ vertices or facets, for $d \leq 8$, cf. Lopez-Reisner [42].

Mahler's conjecture is also proved for zonoids $K$ in $\mathbb{R}^{d}$ (i.e., limits in the Hausdorff-metric of finite sums of segments), with centre at o, and with int $K \neq \emptyset$. This is due to Reisner [63], [64], and in these papers it is also proved that the lower bound for zonoids is attained if and only if $K$ is a parallelotope, with centre at o. Later, a simpler proof was given by Gordon-Meyer-Reisner [26]. Observe that this settles the case of equality for $o$ symmetric convex bodies in $\mathbb{R}^{2}$, since each such body is a zonoid. Both [63], [64] use the connection of the volume product problem with stochastic geometry (geometric probability), as is done also later in Böröczky, K. J.Hug [12], in another context. A variety of other connections to geometric probability are contained in Thompson's book [73], in particular in Ch. VI. [63] also gave an analogue of the last mentioned Saint Raymond's theorem: if each $K_{i}$, there considered, is either a zonoid, or the polar of a zonoid, then $|K| \cdot\left|K^{*}\right| \geq 4^{d} / d$ !. Reisner [65] clarified the equality cases in the last mentioned Saint Raymond's theorem ([68]): this is the case if and only if $\|\cdot\|$ is a norm of a Hanner-Hansen-Lima space.

Barthe-Fradelizi in the paper [6] proved that if $K$ is a convex body and $P$ is a regular convex polytope in $\mathbb{R}^{d}$ such that the origin is the centroid of $P$, and $K$ has all the symmetries of $P$ - thus the origin is also their common Santaló point - then $|K| \cdot\left|K^{*}\right| \geq|P| \cdot\left|P^{*}\right|$, with equality if and only if $K$ is a dilate of $P$ or of $P^{*}$. Its particular case for $d=2$ is given in a bit stronger form in our Corollary 4 ; however, we have as well a stability variant of our Corollary 4, in our Theorem 5. [6] has some generalizations of the above cited inequality as well. Let $d=d_{1}+\ldots+d_{k}$ be a decomposition of $d$ into positive integers. Let us have in $\mathbb{R}^{d}$ a convex body $K$, whose symmetry group $\mathcal{O}(K)$ (i.e., the group of congruences mapping $K$ onto $K$ ) contains the group $\mathcal{O}\left(P_{1}\right) \times \ldots \times \mathcal{O}\left(P_{k}\right)$, where each $P_{i}$ is either a regular convex polytope or a ball in $\mathbb{R}^{d_{i}}$, of centre $o$. Then we have $V(K) V\left(K^{*}\right) \geq V\left(P_{1} \times \ldots \times P_{k}\right) V\left(\left(P_{1} \times \ldots \times P_{k}\right)^{*}\right)$. Here the equality cases are not clarified. However, there are a lot of equality cases: for each $i$, we may take $P_{i}$ or $P_{i}^{*}$, and may construct from these inductively new bodies, like in case of the Hanner-Hansen-Lima bodies. We remark that our $\S 4$ has a considerable overlap with [6].

Upper bound, o-symmetric case. In the o-symmetric case, the sharp upper bound is $\kappa_{d}^{2}=d^{-d}(2 e \pi+o(1))^{d}$, and it is attained if and only if $K$ is an o-symmetric ellipsoid, which is due to Blaschke [8] $(d \leq 3)$ and Santaló
[69] (for general d), with the equality case proved by Saint Raymond [68]. Ball [2] and Meyer-Pajor [54] pointed out that a proof of the inequality can be given by Steiner symmetrization: namely that Steiner symmetrization does not decrease $|K| \cdot\left|K^{*}\right|$. A number of simplifications of these proofs has appeared.

Fradelizi-Meyer [21] also considers the upper estimate for the volume product for measures other than the Lebesgue measure.

Lower bound, general case. As an application to the original volume product problem, Meyer-Reisner [56] gives the following statement. If all non-empty intersections of $K$ with horizontal hyperplanes are positive homothets of a given $(d-1)$-dimensional convex body $L$, and these intersections have their Santaló points (taken in their affine hull) on a line, then $|K| \cdot|K-s(K)| /(|L| \cdot|L-s(L)|)$ attains its minimum $(d+1)^{d+1} / d^{d+2}$ (that is independent of $L$ ), if and only if $K$ is a cone, with base a translate of L. (Examples of such bodies are bodies rotationally symmetric about the $x_{d}$-axis.)

Mahler [44] proved the sharp lower bound $|K| \cdot\left|K^{*}\right| \geq 27 / 4$, for $K \subset \mathbb{R}^{2}$ a convex body, with $o \in$ int $K$. Morerover, [44] showed that, for $K$ a polygon, the lower bound is attained, for the case $o \in \operatorname{int} K$, if and only if $K$ is a triangle with barycentre at $o$. Later Meyer [53] showed that for the case $d=2$ and $o \in \operatorname{int} K$, the lower bound is attained only for triangles, with barycentre at o. A simpler proof of this is contained in Meyer-Reisner [57], Theorem 15.

For the case $o \in \operatorname{int} K$, Mahler [45] conjectured that $|K| \cdot\left|K^{*}\right| \geq(d+$ $1)^{d+1} /(d!)^{2} \sim$ const $\cdot d^{-d} e^{2 d}$, where equality stands only for a simplex with barycentre at $o$. The lower bound $(d+1)^{d+1} /\left(d^{d}(d!)^{2}\right)$ is due to Mahler [46], that was sharpened to $\kappa_{d}^{2} /(d!)^{2}$ by Bambah [4], to const ${ }^{d} \cdot d^{-d}$ by BourgainMilman [14] (with an unspecified constant), while $(\pi /(2 e))^{d-1}(d+1)^{d+1} /(d!)^{2}$ has been recently proved by Kuperberg, G. [40]. Observe that the quotient of this estimate and the conjectured minimum is $(\pi /(2 e)+o(1))^{d}$. Mahler's conjecture, for the asymmetric case, together with the conjecture about the equality cases, is proved for convex polytopes with at most $d+3$ vertices or facets, cf. Meyer-Reisner [57], Theorem 10.

Observe that, for bodies $K$ having all symmetries of a regular simplex, the Barthe-Fradelizi result, from [6], above cited, implies Mahler's conjecture, in the asymmetric case, together with the cases of equality. [6] contains also the following. Let us have in $\mathbb{R}^{d}$ a convex body $K$, such that the group of
affinities preserving $K$ contains not necessarily orthogonal symmetries w.r.t. affine hyperplanes $H_{1}, \ldots, H_{m}$, where $\cap_{i=1}^{m} H_{i}$ is a one-point set. Then we have $|K| \cdot\left|(K-s(K))^{*}\right| \geq(d+1)^{d+1} /(d!)^{2}$, with equality if and only if $K$ is a simplex. In other words, for these bodies Mahler's conjecture, in the asymmetric case, about the lower bound of the volume product is true.

Cf. also, e.g., the recent papers Hug [33], Klartag-Milman [38], CampiGronchi [15], Meyer-Reisner [57], Fradelizi-Meyer [21], Fradelizi-Meyer [22], Fradelizi-Meyer [23], Böröczky, K. J. [11], Lin, Youjiang and Leng, Gangsong [41], Böröczky, K. J.-Hug [12], Fradelizi-Gordon-Meyer-Reisner [20], Fradelizi-Meyer [24], and the references therein.

Upper bound, general case. One has for $|K| \cdot\left|[K-s(K)]^{*}\right|$ the upper estimate $\kappa_{d}^{2}$, with equality if and only if $K$ is an ellipsoid, cf. Blaschke [8], Santaló [69] for the inequality, and Petty [61], Meyer-Pajor [55] for the cases of equality. Again, [55] used for the proof, among others, Steiner's symmetrization, but in a more involved manner, than in the o-symmetric case. Recently Artstein-Avidan-Klartag-Milman [1] and Meyer-Reisner [57] showed that Steiner symmetrization proves the Blaschke-Santaló inequality, namely that Steiner symmetrization does not decrease $|K| \cdot\left|(K-s(K))^{*}\right|$ (the case when $K$ is $o$-symmetric, was cited above). [57] proved in this way also the case of equality. Actually the same upper estimate $\kappa_{d}^{2}$ holds for $|K| \cdot\left|[K-b(K)]^{*}\right|$, where $b(K)$ is the barycentre of $K$, and again with equality if and only if $K$ is an ellipsoid, cf. [43], p. 165. Actually, if $s(K)$, or $b(K)$, is $o$, then $b\left(K^{*}\right)$, or $s\left(K^{*}\right)$, is $o$, respectively, cf. [43], p. 165, which explains the symmetric role of the Santaló point, and the barycentre.

A general reference to these problems, and their connections to other affine inequalities for convex bodies, is Lutwak [43]. A more recent survey on the volume product is Thompson [74].

Eggleston-Zhang type problems. For another generalization of the volume product, from the $o$-symmetric case to the general case, Eggleston [17] proved the following. If $K \subset \mathbb{R}^{2}$ is a convex body, then $|K| \cdot\left|[(K-K) / 2]^{*}\right| \geq$ 6 , with equality if and only if $K$ is a triangle.

A generalization of this to $\mathbb{R}^{d}$, however not for polar bodies, but for polars of projection bodies, was given by Zhang [75]: his inequality is $|K|^{d-1}$. $\left.\mid(\Pi K)^{*}\right) \left\lvert\, \geq\binom{ 2 d}{d} d^{-d}\right.$, with equality if and only if $K$ is a simplex. (The projection body $\Pi K$ of a convex body $K \subset \mathbb{R}^{d}$ is the $o$-symmetric convex body - actually a zonoid - whose support function at a point $u \in S^{d-1}$ is given as the $(d-1)$-volume of the orthogonal projection of $K$ to the linear subspace orthogonal to $u$. Observe that for $d=2$ the bodies $\Pi K$ and $K-K$
can be obtained from each other by a rotation through $\pi / 2$ about the origin, hence their polars have equal areas.) Böröczky, K. J. [10], Theorem 3 proved an almost sharp stability version of this inequality: for $S$ a simplex, $\left.|K|^{d-1} \cdot \mid(\Pi K)^{*}\right) \left\lvert\, \leq\binom{ 2 d}{d} d^{-d}(1+\varepsilon)\right.$ implies $\delta_{B M}(K, S) \leq 1+$ const $_{d} \cdot \varepsilon^{1 / d}$, while the actual error term cannot be less than const $_{d} \cdot \varepsilon^{1 /(d-1)}$ ([10], Example 19), which quantity is conjectured to be the exact order of the error term.

For the original question about the lower estimate of $|K| \cdot\left|[(K-K) / 2]^{*}\right|$, for $K \subset \mathbb{R}^{d}$ a convex body, the sharp lower bound is conjectured to be $(d+1) 2^{d} / d!\sim 2^{d} e^{d} d^{-d}(1+o(1))^{d}$, with equality for $K$ a simplex, cf. [47]. (A calculation, that for $K$ a simplex we have equality, is given in [51].) This quantity occurs in a number of problems of the theory of packings and coverings, and more generally in density estimates of sytems of convex sets (for the non-symmetric case seemingly even more than the original volume product), cf. e.g., [47], [48], [50] Theorem 5.2, Remark 5.3. Since $|K| \cdot\left|[(K-K) / 2]^{*}\right|=[|K| /|(K-K) / 2|] \cdot\left[|(K-K) / 2| \cdot\left|[(K-K) / 2]^{*}\right|\right]$, Kuperberg G.'s result and the difference body inequality (i.e., $|K-K| /|K| \leq\binom{ 2 d}{d}$, cf. Rogers-Shephard [67]) imply $|K| \cdot\left|[(K-K) / 2]^{*}\right| \geq(\pi / 4)^{d-1} 8^{d} /\left(d!\binom{2 d}{d}\right) \sim$ $d^{-d}(e \pi / 2)^{d}(1+o(1))^{d}$. Observe that the quotient of this value and the conjectured value is $(\pi / 4+o(1))^{d}$.

Florian's inequalities. A question of another character was treated by Florian in [18] and [19]. He investigated convex bodies in $\mathbb{R}^{2}$, contained in the unit circle about $o$, and showed the sharp estimate $|K|+\left|K^{*}\right| \geq 6$, attained for a square inscribed to the unit circle. He gave as well a stability result in a more special case. See references to earlier results of this type as well in [18] and [19].

Local and global stability results. A stability version of the BlaschkeSantaló inequality, for $d \geq 3$, is proved by Böröczky, K. J. [11] (stability meant for the Banach-Mazur distance). For $d=2$ the same is done in BallBöröczky, K. J. [3], Böröczky, K. J.-Makai, Jr. [13].

After essentially finishing our paper we were informed from the paper Nazarov-Petrov-Ryabogin-Zvavitch [60] about the following theorem. For $d \geq 2$ an integer there exist $\varepsilon_{d}>0$ and $c_{d}>0$ with the following properties. If the Banach-Mazur distance of an o-symmetric convex body $K \subset \mathbb{R}^{d}$ from the class of parallelotopes is $1+\varepsilon \in\left(1,1+\varepsilon_{d}\right]$, then the volume product $|K| \cdot\left|K^{*}\right|$ is at least $\left[4^{d} / d!\right]\left(1+c_{d} \varepsilon\right)$. Here the order of the error term is optimal. Together with the paper Böröczky, K. J.-Hug [12] (which calls the attention to the fact that, although [60] states its theorem in the form that
parallelotopes are strict local minima, the proof in [60] actually gives this stronger, namely, stability variant, cited above; cf. [60], §4), this gives the following. For the case of o-symmetric zonoids $K$ in $\mathbb{R}^{d}$, with int $K \neq \emptyset$, in particular, for o-symmetric convex bodies in $\mathbb{R}^{2}$, we have global stability of the parallelotopes, i.e., the above inequality, without a restriction of the form $0<\varepsilon \leq \varepsilon_{d}$. For $\mathbb{R}^{2}$, this is our Theorem 1, without the specification of the coefficient of $\varepsilon$ in the lower estimate. Once more, the order of the error term is optimal.

Since optimality of the order of the above two error terms was not proved in [60] or [12], we show it. Of course, it suffices to deal with the case of $o$-symmetric zonoids only, for which we give the following example. For $d=2$ we take $[-1,1]^{2}$, and cut off small isosceles right triangles of legs $\varepsilon$ at each vertex. For $d \geq 3$ we take the product of this example with $[-1,1]^{d-2}$. Thus we obtain an $o$-symmetric zonoid, $K$, say. Then $|K|$. $\left|K^{*}\right|=\left(4^{d} / d!\right)\left(1+c_{1} \varepsilon+O\left(\varepsilon^{2}\right)\right)$, for some $c_{1}>0$. Clearly $\delta_{B M}\left(K,[-1,1]^{d}\right) \leq$ $1+c_{2} \varepsilon+O\left(\varepsilon^{2}\right)$, for some $c_{2}>0$. Now we estimate $\delta_{B M}\left(K,[-1,1]^{d}\right)=$ $\delta_{B M}\left(K^{*}\right.$, conv $\left.\left\{ \pm e_{i} \mid 1 \leq i \leq d\right\}\right)$ from below, by $1+c_{3} \varepsilon+O\left(\varepsilon^{2}\right)$, for some $c_{3}>0$ (the $e_{i}$ 's are the standard unit vectors). Thus, we have to consider cross-polytopes $C_{i}$ contained in $K^{*}$, and $C_{o}$ containing $K^{*}$, with centres at $o$. Of course, it suffices to show

$$
\begin{equation*}
\left|C_{i}\right| /\left|K^{*}\right| \leq 1-c_{4} \varepsilon+O\left(\varepsilon^{2}\right), \text { for some } c_{4}>0 . \tag{1}
\end{equation*}
$$

We may assume that vert $C_{i} \subset$ vert $K^{*}$. Here vert $K^{*}$ consists of $\pm e_{i}$, for $1 \leq i \leq d$, and still four vertices, close to $\left( \pm e_{1} \pm e_{2}\right) / 2$. If for some $i \geq 3$ we have $\pm e_{i} \notin C_{i}$, then $\left|C_{i}\right|=0$. If $\pm e_{1}, \pm e_{2} \in C_{i}$, then (1) holds. Otherwise, e.g., $\pm(1 / 2,1 / 2) \in \operatorname{vert} C_{i}$, and either e.g. $\pm e_{1} \in \operatorname{vert} C_{i}$, or $\pm(1 / 2,-1 / 2) \in$ vert $C_{i}$; in both cases $\left|C_{i}\right| /\left|K^{*}\right|=1 / 2+O(\varepsilon)$. So (1) is shown.

In a still more recent paper, namely Kim-Reisner [36], there is proved the asymmetric variant of the theorem of Nazarov-Petrov-Ryabogin-Zvavitch [60]. For $d \geq 2$ an integer there exist $\varepsilon_{d}^{\prime}>0$ and $c_{d}^{\prime}>0$ with the following properties. If the Banach-Mazur distance of a convex body $K \subset \mathbb{R}^{d}$, with $o \in \operatorname{int} K$, from the class of simplices is $1+\varepsilon \in\left(1,1+\varepsilon_{d}^{\prime}\right]$, then the volume product $|K| \cdot\left|K^{*}\right|$ is at least $\left[(d+1)^{d+1} /(d!)^{2}\right]\left(1+c_{d}^{\prime} \varepsilon\right)$. Again, also here the order of the error term is optimal. (An example is obtained from a regular simplex of edge length 1 , and barycentre $o$, with small regular simplices of edge lengths $\varepsilon$ cut off at each vertex. The argument showing optimality of the order of the error term is like above.)

For general information about stability versions of geometric inequalities cf. Groemer [28].

Functional variants. Also variants of the volume product problem have been treated. E.g., functional forms of the inverse Blaschke-Santaló inequality (i.e., of the lower estimate of the volume product), cf. Meyer-Reisner [56] (which states in p. 219 that a special case of its Theorem is the Mahler-Meyer theorem), functional forms of the Blaschke-Santaló inequality, cf. FradeliziMeyer [21] (which states in pp. 386-387, 393-394 that its results imply the Blaschke-Santaló theorem - with the equality case for $o$-symmetry) and Artstein-Avidan-Klartag-Milman [1] (which states in p. 37 that its results imply the Blaschke-Santaló theorem, with the case of equality - however, this holds, strictly speaking, only in the $o$-symmetric case, cf. this introduction, the second paragraph following this paragraph).

Functional variants are of different natures. E.g., the case of "fractional dimension", cf. Fradelizi-Meyer, [24]. Also, convex bodies can be generalized to log-concave functions, i.e., functions $\mathbb{R}^{d} \rightarrow[0, \infty)$, whose logarithm is concave. To a convex body $K \subset \mathbb{R}^{d}$, with $o \in \operatorname{int} K$, one has to associate the log-concave function $\exp \left(-\|x\|_{K}^{2} / 2\right)$, where $\|\cdot\|_{K}$ is the asymmetric norm with unit ball $K$. Then $V(K)=\operatorname{const}_{d} \cdot \int_{\mathbb{R}^{d}} f(x) d x$, so here the integral on the right hand side is the proper substitute of $V(K)$. Moreover, the polarity between $K$ and $K^{*}$ goes over to the following. If we take the negative logarithms of two log-concave functions $f$ and $f^{*}$, then they are the Legendre transforms of each other. The Legendre transform of a function $\varphi: \mathbb{R}^{d} \rightarrow$ $[-\infty, \infty]$ is $\mathcal{L} \varphi: \mathbb{R}^{d} \rightarrow[-\infty, \infty]$, where

$$
(\mathcal{L} \varphi)(y):=\sup \left\{\langle x, y\rangle-\varphi(x) \mid x \in \mathbb{R}^{d}\right\}
$$

Thus, the subject of investigation is

$$
\int_{\mathbb{R}^{n}} f(x) d x \cdot \int_{\mathbb{R}^{n}} f^{*}(x) d x
$$

where one supposes

$$
\int_{\mathbb{R}^{n}} f(x) d x \in(0, \infty)
$$

Cf. the nice expositions in Artstein-Avidan-Klartag-Milman [1] and KlartagMilman [38]. A straightforward calculation shows that this product of integrals is invariant under non-singular linear substitutions of the variable $x$
(analogously as for the volume product of convex bodies), and under taking positive multiples of the function $f$.

Unfortunately, translations of convex bodies have no (good) generalizations to log-concave functions. Thus, in place of a translation $K \mapsto K-x$, where $x \in \operatorname{int} K$, one considers an arbitrary translate of the function $f$ (i.e., $\left.x \mapsto f\left(x-x_{0}\right)\right)$. Then one proves the sharp upper bound $(2 \pi)^{d}$ for a suitable translate of the original function $f$, cf. Artstein-Avidan, Klartag, Milman [1], Klartag-Milman [38]. Here, for even functions $f$, one may choose $x_{0}=o\left(\right.$ as for $o$-symmetric bodies one may consider $(K-o)^{*}$, see $\left.\S 1\right)$, and, more generally, in the general case one can choose for $x_{0}$ the barycentre $\int x f(x) d x / \int f(x) d x$ of $f$ (as for general convex bodies $K$ one may consider $[K-b(K)]^{*}$, see above in this introduction) cf. [1]. Of course, this does not concern the question of the lower bound (as it is a minimum problem), but, in case of the upper bound, only the $o$-symmetric case of the volume product problem generalizes this way to even log-concave functions. (Observe that to translates of convex bodies there do not correspond translates of the respective functions. Already for $d=1$, with unit ball $[-1,1]$, to translates of $[-1,1]$, by some $c \in(-1,1)$, there correspond the functions $\exp \left[-x^{2} /\left(2(1+\operatorname{sg} x \cdot c)^{2}\right)\right]$, whose graphs have no vertical axis of symmetry, while translates of the corresponding function have them. This shows that this functional variant of the Blaschke-Santaló inequality generalizes the case of convex bodies only in the $o$-symmetric case.)

For the upper bound, in the even case, the functional variant (i.e., $\int_{\mathbb{R}^{d}} f d x$. $\int_{\mathbb{R}^{d}} f^{*} d x \leq(2 \pi)^{d}$, cf., Ball [2], [1], Fradelizi-Meyer [21]) immediately implies the o-symmetric case of the volume product problem: namely, the extremal even functions (up to constant factors) are ones derived from $o$-symmetric convex bodies, more exactly, from o-symmetric ellipsoids.

For the lower bound, the functional variant, i.e., $\int_{\mathbb{R}^{d}} f d x \cdot \int_{\mathbb{R}^{d}} f^{*} d x \geq$ $(\pi /(2 e)+o(1))^{d}$ for the case of even functions, and $\int_{\mathbb{R}^{d}} f d x \cdot \int_{\mathbb{R}^{d}} f^{*} d x \geq$ $(\pi /(4 e)+o(1))^{d}$ for the case of general functions, are proved in FradeliziMeyer [22], Theorem 7. (We remark that [22] Theorem 7 gave only the lower bound const ${ }^{d}$, using Bourgain-Milman's theorem, [14]. However, if we rather use the currently best lower bounds for the $o$-symmetric, and the general cases, due to Kuperberg, G., [40], both cited above, then, by the proof of [22] Theorem 7, we obtain the above given lower estimates.)

The conjectured minima, for the even, or the general case, are $4^{d}$, or $e^{d}$, respectively, cf. Fradelizi-Meyer [23]. The minimizing functions are
conjectured to be, in a suitable system of coordinates, with the origin at $o$, the following ones, cf. [23], Conjectures ( $1^{\prime}$ ), ( $2^{\prime}$ ) (in the general case this is stated there not so explicitly). For the even case, $f\left(x_{1}, \ldots, x_{d}\right)=$ const $\cdot e^{-\left\|\left(x_{1}, \ldots, x_{k}\right)\right\|_{K_{1}}} \chi_{K_{2}}\left(x_{k+1}, \ldots, x_{d}\right)$, where $0 \leq k \leq d$, and $K_{1} \subset \mathbb{R}^{k}$ and $K_{2} \subset \mathbb{R}^{d-k}$ are Hanner-Hansen-Lima bodies, and $\chi$ denotes characteristic function. (The constant factor was missing in [23].) For the general case, $f\left(x_{1}, \ldots, x_{d}\right)=$ const $\cdot \prod_{i=1}^{d} e^{-x_{i}} \chi_{[-1, \infty)}\left(x_{i}\right)$. (We remark that [23] considered actually the class of all translates of a function, and considered the infimum of the product $\int_{\mathbb{R}^{d}} f d x \cdot \int_{\mathbb{R}^{d}} f^{*} d x$ on this class. However, a straightforward calculation gives that the minimum of this product on the class of all translates of the function const $\cdot \prod_{i=1}^{d} e^{-x_{i}} \chi_{[-1, \infty)}\left(x_{i}\right)$ is attained, when we translate this function with the 0 vector.) Still we note that the quotients of the above lower estimates and the conjectured minima are $(\pi /(8 e)+o(1))^{d}$, in the even case, and $\left(\pi /\left(4 e^{2}\right)+o(1)\right)^{d}$, in the general case.

In the case of unconditional functions (i.e., $\left.f\left(x_{1}, \ldots, x_{n}\right)=f\left(\left|x_{1}\right|, \ldots,\left|x_{n}\right|\right)\right)$, the sharp lower bound, namely $4^{d}$, is known, cf. Fradelizi-Meyer [22], [23], with the case of equality characterized in Fradelizi-Gordon-Meyer-Reisner [20]: these are just the above given conjectured extremal functions for the $o$-symmetric case. Observe that this includes the case $d=1$, even functions.

For general functions, Fradelizi-Meyer [23] proved the conjectured lower bound $e^{d}$ for functions $f$ being translates of functions $g$, that vanish outside $[0, \infty)^{d}$, and are monotonically non-increasing in each variable on $[0, \infty)^{d}$. They characterized the case of equality: these are just those of the above given conjectured extremal functions for the general case, that verify the hypotheses of their theorem. Also for $d=1$, for general $f$, one has the sharp lower bound e, cf. Fradelizi-Meyer [23], who also determined the cases of equality: these are just the above given conjectured extremal functions for the general case.

Still we note that the conjectures in $\mathbb{R}^{d}$ about the lower bound for the functional variant, for the even, or the general case (i.e., $4^{d}$, or $e^{d}$ ), would imply the conjectures about the lower bound for the volume product, in the $o$-symmetric case, or in the case $o \in \operatorname{int} K$, in $\mathbb{R}^{d}$, or $\mathbb{R}^{d-1}$ (that is, $4^{d} / d$ !, or $\left.\left.d^{d} /[(d-1)!]^{2}\right]\right)$, respectively, cf. [23]. However, the conjecture about the lower bound for the functional variant, for the even, or the general case, for all d, is equivalent to the conjecture of Mahler-Guggenheimer-Saint Raymond, or of Mahler, for all d, respectively, cf. [23].

Miscellaneous (added 5. April 2013) [71] and [66] proved that the volume product $\left|(K-s(K))^{*}\right| \cdot|K|$, or $\left|K^{*}\right| \cdot|K|$ can be (locally) minimal
only if the generalized Gauss curvature of $K$ is a.e. 0 , for the general, or osymmetric case, respectively. [35] proved the following: if $K$ is $o$-symmetric, and $(1+\varepsilon)$-close to some Hanner-Hansen-Lima body, in Banach-Mazur distance (for suitable $\varepsilon>0$ ), then Mahler's conjecture holds for $K$, and there is also a stability variant of this statement. [37] proved a stability variant of the statement that among unconditional bodies Mahler's conjecture is true. They also proved the following: among o-symmetric convex bodies, $(1+\varepsilon)$-close to unconditional convex bodies, in Banach-Mazur distance (for suitable $\varepsilon>0$ ), the minimum of the volume product is attained exactly for the Hanner-Hansen-Lima bodies, and they proved also a certain stability variant of this statement. [5] proved a stability variant of functional forms of the Blaschke-Santaló inequality. [25] also proved a version of the BourgainMilman theorem. A small survey is given in [49].

## 3 Main statements

For stability versions of the Mahler-Reisner, Mahler-Meyer, and Eggleston theorems, we prove the following theorems.

As mentioned in the introduction, the following theorem was obtained also, independently, by Böröczky, K. J.-Hug [12], even for zonoids in $\mathbb{R}^{d}$ (the constants in [12] are unspecified, and stability of the centre of polarity is not investigated in [12]).

Theorem 1 Let $K$ be a centrally symmetric convex body in $\mathbb{R}^{2}$ with $o \in \operatorname{int} K$ and $P$ a parallelogram, and

$$
|K| \cdot\left|K^{*}\right| \leq(1+\varepsilon) \cdot 8, \text { with } \varepsilon>0 .
$$

Then $\delta_{B M}(K, P) \leq 1+200 \varepsilon$. Moreover, let $x \in \mathbb{R}^{2}$ and $\lambda_{i}>0$, and let $P$ be a parallelogram such that $\lambda_{1} P+x \subset K \subset \lambda_{2} P+x$, and $\lambda_{2} / \lambda_{1} \leq 1+200 \varepsilon<2$. Then, in the Euclidean norm, for which $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] P$ is a square of diameter 1, we have that the distance of the centre of $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] P+x$ from $o$ is at most $336 \cdot \sqrt{\varepsilon}$.

Theorem 2 Let $K$ be a convex body in $\mathbb{R}^{2}$ with $o \in \operatorname{int} K$ and $T$ a triangle, and

$$
|K| \cdot\left|K^{*}\right| \leq(1+\varepsilon) \cdot 27 / 4, \text { with } \varepsilon>0 .
$$

Then $\delta_{B M}(K, T) \leq 1+900 \varepsilon$. Moreover, let $x \in \mathbb{R}^{2}$ and $\lambda_{i}>0$, and let $T$ be a triangle such that $\lambda_{1} T+x \subset K \subset \lambda_{2} T+x$, and $\lambda_{2} / \lambda_{1} \leq 1+900 \varepsilon<4$. Then, in the Euclidean norm, for which $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] T$ is a regular triangle of side 1 , we have that the distance of the centre of $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] T+x$ from $o$ is at most $917 \cdot \sqrt{\varepsilon}$.

We note that, for $R_{n}$ a regular $n$-gon with centre $o$,

$$
\left|R_{n}\right| \cdot\left|R_{n}^{*}\right|=(n / 2) \sin (2 \pi / n) \cdot n \tan (\pi / n)=n^{2} \sin ^{2}(\pi / n) .
$$

We prove the following generalization of the Mahler-Reisner and MahlerMeyer theorems.

Theorem 3 Let $K_{i}$ and $K_{o}$ be regular $n$-gons, $n \geq 3$, and let each vertex of $K_{i}$ lie on a side of $K_{o}$, and hence $K_{i}$ and $K_{o}$ have a common centroid $z$. If $K_{i} \subset K \subset K_{o}$ for a planar convex body $K$ with $o \in \operatorname{int} K$, then

$$
|K| \cdot\left|K^{*}\right| \geq n^{2} \sin ^{2}(\pi / n)
$$

with equality if and only if $o=z$, and either $K=K_{i}$, or $K=K_{o}$.
Let us show how Theorem 3 yields the Mahler-Reisner and Mahler-Meyer theorems. For the $o$-symmetric case, one considers an ( $o$-symmetric) parallelogram $P$ of maximal area contained in $K$. Applying a linear map, we may assume that $P$ is a square. Now the Mahler-Reisner theorem follows as $K \subset Q$ for the square $Q$ satisfying that the midpoints of its sides are the vertices of $P$.

For the Mahler-Meyer theorem, let $T$ be a triangle of maximal area contained in $K$. Applying a linear map, we may assume that $T$ is regular, and let $S$ be the regular triangle satisfying that the midpoints of the sides of $S$ are the vertices of $T$. Since $K \subset S$, Theorem 3 yields the Mahler-Meyer theorem.

Another consequence of Theorem 3 is the following.
Corollary 4 If a convex body $K$ in $\mathbb{R}^{2}$ has $n$-fold rotational symmetry about $o$, where $n \geq 3$, then

$$
|K| \cdot\left|K^{*}\right| \geq n^{2} \sin ^{2}(\pi / n),
$$

with equality if and only if $K$ is a regular $n$-gon.

To prove Corollary 4 based on Theorem 3, one just chooses a point $x \in \partial K$ that is the farthest from $o$, and $K_{i}$ is the inscribed regular $n$-gon, of centre $o$, such that $x$ is one of its vertices, and $K_{o}$ is the regular $n$-gon such that the midpoints of the sides of $K_{o}$ are the vertices of $K_{i}$.

Theorem 5 Let $n \geq 3$ be an integer, let $K$ be an $n$-fold rotationally symmetric convex body in $\mathbb{R}^{2}$ with $o \in \operatorname{int} K$ and $R_{n}$ a regular $n$-gon, and let

$$
|K| \cdot\left|K^{*}\right| \leq(1+\varepsilon) \cdot n^{2} \sin ^{2}(\pi / n), \text { with } \varepsilon>0
$$

Then $\delta_{B M}^{s}\left(K, R_{n}\right) \leq 1+18 \varepsilon$. Moreover, let $x \in \mathbb{R}^{2}$ and $\lambda_{i}>0$, and let $R_{n}$ be a regular $n$-gon such that $\lambda_{1} R_{n}+x \subset K \subset \lambda_{2} R_{n}+x$, and $\lambda_{2} / \lambda_{1} \leq 1+18 \varepsilon<$ $1 / \cos (\pi / n) \leq 2$. Then, in the Euclidean norm, for which $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] R_{n}$ is a regular n-gon of diameter 1 , we have that the distance of the centre of $\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] R_{n}+x$ from o is at most $263 \cdot \sqrt{\varepsilon}$.

The following theorem proves the conjecture mentioned in $\S 2$, concerning the exact error term in the stability variant of the Zhang projection body inequality, for the planar case.

Theorem 6 Let $K$ be a convex body in $\mathbb{R}^{2}$ with

$$
|K| \cdot\left|((K-K) / 2)^{*}\right| \leq(1+\varepsilon) \cdot 6, \text { with } \varepsilon>0
$$

Then $\delta_{B M}(K, T) \leq 1+87 \varepsilon$.
Remark. In Theorems 1, 2 we restricted ourselves to the case $\lambda_{2} / \lambda_{1}<2$, or, $\lambda_{2} / \lambda_{1}<4$, respectively. This we did since $\lambda_{2} / \lambda_{1}=2$, or $\lambda_{2} / \lambda_{1}=4$ is no restriction at all for the body $K$. Namely, if $K_{i} \subset K$ is an $o$-symmetric inscribed parallelogram of maximal area (for $K o$-symmetric), or an inscribed triangle of maximal area (for $o \in \operatorname{int} K$ ), then $K \subset K_{o}$, where $K_{o}$ is a parallelogram, or triangle, with side midpoints at the vertices of $K_{i}$. If $K^{\prime}$ is a parallelogram, or triangle, with side midpoints at the vertices of $K_{o}$, then $K_{i}$ and $K^{\prime}$ are homothetic, with homothety ratio 2 , or 4 , respectively, and $K_{i} \subset K \subset K_{o} \subset K^{\prime}$. (For Theorem 5 the analogous inequality would be $\lambda_{2} / \lambda_{1} \leq 1 / \cos ^{2}(\pi / n)<4$, but this does not suffice to prove (17), in the proof of Theorem 5 , with positive right hand side.)

Example. 1. We show that the stability statements in Theorems 1, 2 , 5, 6, concerning the bodies, are of the exact order of magnitude. For this,
let the regular $n$-gon $R_{n}$ be inscribed in the unit circle $U$ about $o$, and let us define $K_{n}$ as the convex polygon with vertices the vertices of $R_{n}$, and $1+\varepsilon$ times the side-midpoints of $R_{n}$, where $\varepsilon \in(0,1 / \cos (\pi / n)]$ (thus $\left.K_{n} \subset U\right)$. Then $\left|K_{n}\right| \cdot\left|\left(K_{n}\right)^{*}\right|=n^{2} \sin ^{2}(\pi / n)+n^{2} \sin ^{2}(\pi / n) \cdot\left(\varepsilon-\varepsilon^{2} \cot ^{2}(\pi / n)\right) /(1+\varepsilon)$. Letting $n=3$, we have $\left|K_{3}\right| \cdot\left|\left(\left(K_{3}-K_{3}\right) / 2\right)^{*}\right|=6 \cdot\left(9+15 \varepsilon+3 \varepsilon^{2}-3 \varepsilon^{3}\right) /(3+$ $\varepsilon)^{2}$. Clearly, $\delta_{B M}^{s}\left(R_{n}, K_{n}\right) \leq 1+\varepsilon$. On the other hand, for suitable $A$ and $x$, we have $\lambda_{1} A R_{n} \subset K_{n} \subset \lambda_{2} A R_{n}+x$ and $\delta_{B M}\left(R_{n}, K_{n}\right)^{2}=\left(\lambda_{2} / \lambda_{1}\right)^{2} \geq$ $\left|K_{n}\right| /\left|\lambda_{1} A R_{n}\right| \geq(1+\varepsilon)\left|R_{n}\right| /\left|R_{n}\right|$ (at the last step we have used that $\lambda_{1} A R_{n} \subset$ $U$ is a convex $n$-gon, hence $\left|\lambda_{1} A R_{n}\right| \leq\left|R_{n}\right|$, similarly as in the end of the introduction, at the proof of the optimality of the order of the error term). Hence, $\delta_{B M}\left(R_{n}, K_{n}\right) \geq \sqrt{1+\varepsilon}$. (For Theorems 1,2 we use the cases $n=$ 4, 3.)
2. For the stability of the centre of polarity (for Theorems 1, 2, 5), we proceed analogously to [36], Proposition 2. An example is a regular $n$ gon $K$ of centre $o$, and diameter 1 (with $\lambda_{i}=1$ ). We use the well-known formula (11) from the proof of Lemma 11, which comes in the sequel, for $d=2$. The inradius of $K$ is at least $1 /(2 \sqrt{3})$. We let $\|x\| \leq 1 /(4 \sqrt{3})$, and estimate $\left(\partial / \partial x_{2}\right)^{2}\left|(K-x)^{*}\right|$ from above by replacing, in the inequality in (11), $h_{K}(u)$ by $1 /(2 \sqrt{3})$, and then $(1-\langle u, x\rangle)^{-4}$ by $(1 /(4 \sqrt{3}))^{-4}$. Then, using still $\int_{S^{1}} u_{2}^{2} d u=\pi$, we get

$$
\left(\partial / \partial x_{2}\right)\left|(K-x)^{*}\right|=0 \text { and }\left(\partial / \partial x_{2}\right)^{2}\left|(K-x)^{*}\right| \leq 2^{8} \cdot 3^{3} \cdot \pi
$$

By diam $K=1$ we have $|K| \leq \pi / 4$. Thus we get $\left(\partial / \partial x_{2}\right)^{2}\left(|K| \cdot\left|(K-x)^{*}\right|\right) \leq$ $2^{6} \cdot 3^{3} \cdot \pi^{2}$, and the analogues of these formulas hold for the first and second directional derivatives in any direction. Thus, for $|K| \cdot \mid\left(K-\left.x\right|^{*} \mid \geq(1+\varepsilon)\right.$. $n^{2} \sin ^{2}(\pi / n)$, we have

$$
\varepsilon \cdot 27 / 4 \leq \varepsilon \cdot n^{2} \sin ^{2}(\pi / n) \leq|K| \cdot\left|(K-x)^{*}\right|-|K| \cdot\left|K^{*}\right| \leq 2^{5} \cdot 3^{3} \cdot \pi^{2}\|x\|^{2}
$$

hence, for any $x$ - i.e., without the restriction $\|x\| \leq 1 /(4 \sqrt{3})$ - we have

$$
\|x\| \geq \sqrt{\varepsilon} \cdot \sqrt{2} /(16 \pi) \text { or }\|x\| \geq 1 /(4 \sqrt{3})
$$

Then the first one of these inequalities holds, if $\varepsilon \in\left(0, \varepsilon_{0}\right]$, where $\sqrt{\varepsilon_{0}}$. $\sqrt{2} /(16 \pi)=1 /(4 \sqrt{3})$, i.e., for $\varepsilon_{0}=8 \pi^{2} / 3$.

In a forthcoming paper, by the first two named authors of this paper, we will show that, for convex $n$-gons $K$, the product $|K| \cdot\left|[K-s(K)]^{*}\right|$ is maximal
exactly for the affine regular $n$-gons. We remark that the $o$-symmetric case of this statement is obtained, independently, also by Tabachnikov, in a more general form, namely for star-polygons, [72], Theorem 2. Moreover, the general case is obtained independently, also by the last two named authors of this paper; see [58]. Further, in the above mentioned forthcoming paper, we will give stability estimates for the Blaschke-Santaló inequality in the plane, for the $o$-symmetric case. Here the deviation from the ellipses will be measured by the quotient of the areas of the convex body, and the maximal area inscribed/minimal area circumscribed ellipse of the convex body, and the order of the error term will be optimal. If any of these ellipses is the unit circle about $o$, then even the arithmetic mean of the areas of the body and the polar body is at most $\pi$.

## 4 Proof of Theorem 3

First we prove a lower bound for the volume product in sectors. The idea of giving lower bounds in sectors separately, and then using the arithmeticgeometric mean inequality, is due to Saint Raymond [68], proof of Théorème 28. There it is also noted that this approach settles the two-dimensional $o$-symmetric case. Our proofs of our Theorems 1, 2, 3, 5 all use this idea.

The particular case $u=u^{*}=(0,1)$, and $v=v^{*}=(1,0)$ of our following lemma reduces to the two-dimensional case of [68], Théorème 28.

Lemma 7 Let $K$ be a planar convex body with o $\in \operatorname{int} K$. Let, for some linearly independent $u, v \in \partial K$, and linearly independent $u^{*}, v^{*} \in \partial K^{*}$, the supporting lines to $K$ with exterior normals $u^{*}$ and $v^{*}$ intersect $K$, e.g., at $u$ and $v$, respectively, and intersect each other at $p \in \mathbb{R}^{2}$, where $[p, o] \cap[u, v] \neq \emptyset$. Furthermore, let the supporting lines to $K^{*}$ with exterior normals $u$ and $v$ intersect $K^{*}$, e.g., at $u^{*}$ and $v^{*}$, respectively, and intersect each other at $p^{*} \in \mathbb{R}^{2}$ with $\left[p^{*}, o\right] \cap\left[u^{*}, v^{*}\right] \neq \emptyset$. Then, for $C=K \cap[o, u, v, p]$ and $C^{*}=$ $K^{*} \cap\left[o, u^{*}, v^{*}, p^{*}\right]$, we have

$$
|C| \cdot\left|C^{*}\right| \geq|[o, u, v, p]| \cdot\left|\left[o, u^{*}, v^{*}\right]\right|=|[o, u, v]| \cdot\left|\left[o, u^{*}, v^{*}, p^{*}\right]\right|,
$$

with equality if and only if either $C=[o, u, v]$ or $C=[o, u, v, p]$.
Remark. We may assume $C \neq[o, u, v]$. Then, for $p=\lambda u+\mu v$ and $\lambda, \mu>0$, we have $\lambda+\mu>1$ and $p^{*}=\mu u^{*}+\lambda v^{*}$. We choose a coordinate
system, assuming

$$
u=(1,0), \text { and } v=(0,1) .
$$

Then

$$
p=(\lambda, \mu), p^{*}=(1,1), u^{*}=(1,(1-\lambda) / \mu), v^{*}=((1-\mu) / \lambda, 1),
$$

and

$$
\left\{\begin{array}{l}
|[o, u, v, p]| \cdot\left|\left[o, u^{*}, v^{*}\right]\right|=|[o, u, v]| \cdot\left|\left[o, u^{*}, v^{*}, p^{*}\right]\right|= \\
(\lambda+\mu)(\lambda+\mu-1) /(4 \lambda \mu)=\left(2-\left\langle u, v^{*}\right\rangle-\left\langle u^{*}, v\right\rangle\right) / 4
\end{array}\right.
$$

First we show that Mahler's original proofs ([44]) yield our lemma, except the case of equality.

First proof. We exclude $C=[o, u, v],[o, u, v, p]$. Let $k \geq 0$ be an integer, and let us suppose that both $C$ and $C^{*}$ are polygons, such that the total number of their vertices in int $[u, v, p]$, or int $\left[u^{*}, v^{*}, p^{*}\right]$, respectively, is at most $k$. (This case suffices to prove the inequality.) Let $C, C^{*}$ realize the minimum under these hypotheses. If e.g. $C$ has a vertex $c \in \operatorname{int}[u, v, p]$, then we can move $c$ a bit, parallel to the diagonal connecting its neighbours, hence keeping $|C|$ fixed. Then, for $C^{*}$, the polar side line will rotate about some of its points. Since the lines of the neighbours of this side intersect outside this side line, by some small rotation $\left|C^{*}\right|$ strictly decreases, a contradiction. Hence we have a situation as for $k=0$.

If $k=0$, then $C$ has a vertex $c$, e.g. in relint $[u, p]$, and then $C=[o, u, v, c]$, since else $C^{*}$ would have a vertex in int $\left[u^{*}, v^{*}, p^{*}\right]$. Then $c=(\alpha \lambda+1-\alpha, \alpha \mu)$, where $\alpha \in(0,1)$, and $|C| \cdot\left|C^{*}\right|=(1 / 4)(1+(\lambda+\mu-1) \alpha) \cdot[1-(1-\lambda / \mu)-$ $((1-\mu) / \lambda-1)(1-\alpha \lambda) /(1-\alpha+\alpha \mu)]$. The fact that this is at least $(\lambda+$ $\mu)(\lambda+\mu-1) /(4 \lambda \mu)$ can be written, after multiplying with the product of the denominators (each of them being positive), and rearranging (using the program package GAP [70]), as $\lambda(\lambda+\mu-1)^{2} \cdot \alpha(1-\alpha) \geq 0$.

The second proof follows the lines of Meyer [52], proof of Théorème I. 2 (more exactly, its two-dimensional case, that gives our lemma for $u=u^{*}=$ $(0,1)$, and $\left.v=v^{*}=(1,0)\right)$.

Second proof. We have

$$
1=\left\langle u^{*}, u\right\rangle=\left\langle u^{*}, p\right\rangle=\left\langle v^{*}, p\right\rangle=\left\langle v^{*}, v\right\rangle=\left\langle u, p^{*}\right\rangle=\left\langle v, p^{*}\right\rangle .
$$

For $x \in K \cap[p, u, v]$, the sum of the heights of the triangles $[o, u, v]$ and $[x, u, v]$, belonging to their common side $[u, v]$, is $\left\langle p^{*}, x\right\rangle /\left\|p^{*}\right\|$. Thus the vectors $w:=\left[\left\|u^{*}-v^{*}\right\| /(2\|p\|)\right] p$ and $w^{*}:=\left[\|u-v\| /\left(2\left\|p^{*}\right\|\right)\right] p^{*}$ satisfy

$$
\begin{align*}
|C| & \geq|[o, u, v, x]|=\left\langle w^{*}, x\right\rangle \text { for } x \in K \cap[u, v, p] \text {, and }  \tag{2}\\
\left|C^{*}\right| & \geq\left|\left[o, u^{*}, v^{*}, x^{*}\right]\right|=\left\langle w, x^{*}\right\rangle \text { for } x^{*} \in K^{*} \cap\left[u^{*}, v^{*}, p^{*}\right] . \tag{3}
\end{align*}
$$

Since $\left\langle w^{*}, p\right\rangle=|[o, u, v, p]| \geq|C|$, and $\left\langle w^{*}, x\right\rangle<\left\langle w^{*}, u\right\rangle$ for $x \in K \backslash[p, u, v]$, we have $\widetilde{w}^{*}:=|C|^{-1} w^{*} \in K^{*} \cap\left[u^{*}, v^{*}, p^{*}\right]$, and analogously $\widetilde{w}:=\left|C^{*}\right|^{-1} w \in$ $K \cap[u, v, p]$. It follows by applying (2) to $x=\widetilde{w}$, that

$$
\left\{\begin{array}{l}
|C| \cdot\left|C^{*}\right| \geq\left\langle w^{*},\right| C^{*}|\widetilde{w}\rangle=\left\langle w^{*}, w\right\rangle= \\
\left\langle w^{*}, p\right\rangle \cdot\left\|u^{*}-v^{*}\right\| /(2\|p\|)=|[o, u, v, p]| \cdot\left|\left[o, u^{*}, v^{*}\right]\right| .
\end{array}\right.
$$

We also have $\left\langle w^{*}, w\right\rangle=|[o, u, v]| \cdot\left|\left[o, u^{*}, v^{*}, p^{*}\right]\right|$ by the remark following the statement of this Lemma, hence we have equality in the Lemma if $C=[o, u, v]$ or $C^{*}=[o, u, v, p]$.

Assume that equality holds in Lemma 7. It follows by (2) and (3) that

$$
C=[o, u, v, \widetilde{w}] \text { and } C^{*}=\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right] .
$$

In particular $C^{*}$ has vertices $a^{*}$ and $b^{*}$ satisfying

$$
\left\langle a^{*}, u\right\rangle=\left\langle a^{*}, \widetilde{w}\right\rangle=1 \text { and }\left\langle b^{*}, v\right\rangle=\left\langle b^{*}, \widetilde{w}\right\rangle=1 .
$$

Checking the vertices of $C^{*}$, we have only two choices. Either $a^{*}=u^{*}$ and $b^{*}=v^{*}$, and hence $C=[o, u, v, p]$, or $a^{*}=b^{*}=\widetilde{w}^{*}$, and hence $C=[o, u, v]$.

The third proof will use an idea of Behrend, [7], proof of (77), pp. 739740, and of (112), pp. 746-747. Its idea, intuitively, is the following. "If $C$ is close to $[o, u, v]$, then $C^{*}$ is close to $\left[o, u^{*}, v^{*}, p^{*}\right]$, hence $\left|C^{*}\right|$ will be a lot greater than $\left|\left[o, u^{*}, v^{*}\right]\right|$. On the other hand, if $C$ is close to $[o, u, v, p]$, then $|C|$ will be a lot greater than $|[o, u, v]|$."

Third proof. Using the notations of the second proof, we have

$$
|C| \geq|[o, u, v, x]|,
$$

where now $x$ is a point of $C \cap[u, v, p]$, that is farthest from $\left(p^{*}\right)^{-1}(1)$, which line passes through $u, v$. Then there is a supporting line $\left(x^{*}\right)^{-1}(1)$ at $x$ to $K$, parallel to $\left(p^{*}\right)^{-1}(1)$. Then

$$
\left|C^{*}\right| \geq\left|\left[o, u^{*}, v^{*}, x^{*}\right]\right|,
$$

so,

$$
|C| \cdot\left|C^{*}\right| \geq|[o, u, v, x]| \cdot\left|\left[o, u^{*}, v^{*}, x^{*}\right]\right|
$$

Observe that, if $x$ varies in $[u, v, p]$, then $|[o, u, v, x]|$ is proportional to dist ( $o$, $\left.\left(x^{*}\right)^{-1}(1)\right)=1 /\left\|x^{*}\right\|$. Simultaneously, $x^{*}$ varies in $\left[o, p^{*}\right] \cap\left[u^{*}, v^{*}, p^{*}\right]$, hence $\left|\left[o, u^{*}, v^{*}, x^{*}\right]\right|$ is proportional to $\left\|x^{*}\right\|$. Hence, $|[o, u, v, x]| \cdot\left|\left[o, u^{*}, v^{*}, x^{*}\right]\right|$ does not depend on $x$, so has the same value, as for $x \in[u, v]$, and for $x=p$.

For the case of equality we have $C=[o, u, v, x]$ and $C^{*}=\left[o, u^{*}, v^{*}, x^{*}\right]$. We exclude $x \in[u, v]$ and $x=p$. Then $x^{*}$ varies in relint $\left(C^{*} \cap\left[o, p^{*}\right]\right)$, and we get a contradiction as in the second proof.

Proof of Theorem 3. We may assume that $o$ is the Santaló point of $K$. First we show that $o \in \operatorname{int} K_{i}$.

We note that as the origin is the centroid of $K^{*}$, there exists no line $l$, with $o \in l$, and bounding the half planes $l^{-}$and $l^{+}$, such that the reflected image of $K \cap l^{-}$through the line $l$ is strictly contained in $K \cap l^{+}$. If $n \geq 4$ then the angles of a regular $n$-gon are at least $\pi / 2$, thus $o \in \operatorname{int} K_{i}$ by the property of the Santaló point above.

If $n=3$ then we may assume that $K$ is not a parallelogram. In this case for each triangle $S$ cut off by a side $s$ of $K_{i}$ from $K_{o}$, there is a linear transformation $A$ such that the reflected image of $A(S)$ through the line $A(s)$ is strictly contained in $A\left(K_{i}\right)$ (here we use that $K$ is not a parallelogram). Therefore the property of the Santaló point above, applied to $A(K)$, yields $o \in \operatorname{int} K_{i}$.

When indexing the vertices of an $n$-gon, we identify vertices with indices $j$ and $j \pm n$. Let $x_{1}, \ldots, x_{n}$, and $y_{1}, \ldots, y_{n}$ denote the vertices of $K_{i}$ and $K_{o}$ in counterclockwise order, and $x_{1}^{*}, \ldots, x_{n}^{*}$, and $y_{1}^{*}, \ldots, y_{n}^{*}$ denote the vertices of $K_{i}^{*}$ and $K_{o}^{*}$, respectively, so that, for $j=1, \ldots, n$, we have $x_{j} \in\left[y_{j}, y_{j+1}\right]$, and

$$
1=\left\langle x_{j}^{*}, x_{j-1}\right\rangle=\left\langle x_{j}^{*}, x_{j}\right\rangle=\left\langle y_{j}^{*}, y_{j+1}\right\rangle=\left\langle y_{j}^{*}, y_{j}\right\rangle
$$

In particular, $y_{j}^{*} \in\left[x_{j}^{*}, x_{j+1}^{*}\right]$. For $j=1, \ldots, n$, let $C_{j}=K \cap\left[o, x_{j-1}, x_{j}, y_{j}\right]$ and $C_{j}^{*}=K^{*} \cap\left[o, y_{j-1}^{*}, y_{j}^{*}, x_{j}^{*}\right]$. Therefore Lemma 7 yields that

$$
\begin{equation*}
\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \geq\left|\left[o, x_{j-1}, x_{j}, y_{j}\right]\right| \cdot\left|\left[o, y_{j-1}^{*}, y_{j}^{*}\right]\right| \tag{4}
\end{equation*}
$$

with equality if and only if $C_{j}=\left[o, x_{j-1}, x_{j}, y_{j}\right]$ or $C_{j}=\left[o, x_{j-1}, x_{j}\right]$.
By the $n$-fold rotational symmetry of $K_{i}$ and $K_{o}$ about their common centre, there exist common distances $a=\left\|x_{j-1}-y_{j}\right\|$ and $b=\left\|x_{j}-y_{j}\right\|$ for
$j=1, \ldots, n$, and hence $a+b$ is the side length of $K_{o}$. Since the distance of $o$ from the line $y_{j} y_{j+1}$ is $d_{j}:=\left\|y_{j}^{*}\right\|^{-1}$, for $j=1, \ldots, n$, it follows that

$$
\left|C_{j}\right| \cdot\left|C_{j}^{*}\right|=\frac{\left(a d_{j-1}+b d_{j}\right) \sin (2 \pi / n)}{4 d_{j-1} d_{j}} .
$$

Additionally, we have

$$
\frac{n(a+b)^{2}}{4 \tan (\pi / n)}=\left|K_{o}\right|=\frac{(a+b)\left(d_{1}+\ldots+d_{n}\right)}{2}
$$

We deduce by repeated applications of the inequality between the (weighted) arithmetic and geometric means, that

$$
\begin{align*}
|K| \cdot\left|K^{*}\right| & =\left(\sum_{j=1}^{n}\left|C_{j}\right|\right) \cdot\left(\sum_{j=1}^{n}\left|C_{j}^{*}\right|\right) \geq n^{2}\left(\prod_{j=1}^{n}\left(\left|C_{j}\right| \cdot\left|C_{j}^{*}\right|\right)\right)^{1 / n}  \tag{5}\\
& =\frac{n^{2} \sin (2 \pi / n)}{4}\left(\prod_{j=1}^{n} \frac{a d_{j-1}+b d_{j}}{d_{j-1} d_{j}}\right)^{1 / n} \\
& \geq \frac{n^{2}(a+b) \sin (2 \pi / n)}{4}\left(\prod_{j=1}^{n} d_{j}\right)^{-1 / n}  \tag{6}\\
& \geq \frac{n^{3}(a+b) \sin (2 \pi / n)}{4 \sum_{j=1}^{n} d_{j}}=\frac{n^{2} \sin (2 \pi / n) \tan (\pi / n)}{2} \tag{7}
\end{align*}
$$

Assume that equality holds in Theorem 3. It follows by (6) and (7) that all $d_{j}$ are equal, thus $o$ is the common centre of $K_{i}$ and $K_{o}$. Further, all $C_{j}$ have the same area by (5). Therefore the equality conditions in (4) imply that either $K=K_{i}$ or $K=K_{o}$.

Remark. In the particular case of Lemma 7, when $C$ is an $n$-th part of a convex body $K$ with $n$-fold rotational symmetry about $o$, we could have referred in the first proof to [57], to the so called "shadow movement" (although this is more involved than the elementary proof of Mahler used above). That is, we have an $l n$-gon $K=x_{1} \ldots x_{l n}$ (where $l \geq 2$ ), having $n$-fold rotational symmetry about $o$. The movement of the vertices $x_{2}, x_{2+l}, \ldots x_{2+(n-1) l}$, parallel to the diagonals $x_{1} x_{3}$, etc., preserving the rotational symmetry, and giving a polygon $K^{\prime}$, of course does not determine a shadow movement. However,
we can move only $x_{2}$, in the above way, and this determines a shadow movement, giving a polygon $K^{\prime \prime}$. (More exactly: only the points of $\left[x_{1}, x_{2}, x_{3}\right]$ are moved, in the direction of $x_{1} x_{3}$. At this motion, the points of any chord, parallel to $x_{1} x_{3}$, are moved with the same velocity, so that at any moment the moved chords constitute a triangle with vertices $x_{1}, x_{3}$, and the translate of $x_{2}$ ). Then $|K|=\left|K^{\prime}\right|=\left|K^{\prime \prime}\right|$, and $\left|\left(K^{\prime}\right)^{*}\right|=\left|K^{*}\right|+n\left(\left|\left(K^{\prime \prime}\right)^{*}\right|-\left|K^{*}\right|\right)$, so $\left|\left(K^{\prime}\right)^{*}\right|$ is a linear function of $\left|\left(K^{\prime \prime}\right)^{*}\right|$. Moreover, $K^{\prime \prime}$ and $K$ are not affinely equivalent (consider the barycentres of the subpolygons with vertices each $l^{\prime}$ 'th vertex of $\left.K^{\prime \prime}, K\right)$.

## 5 Proofs of the stability theorems

The main result in this section is the following stability version of Lemma 7.
Lemma 8 Let $C, C^{*}, u, u^{*}, v, v^{*}, p, p^{*}$ be as in Lemma 7, and let $p=\lambda u+\mu v$ for $\lambda, \mu>0$. If

$$
|C| \cdot\left|C^{*}\right| \leq(1+\varepsilon)|[o, u, v, p]| \cdot\left|\left[o, u^{*}, v^{*}\right]\right|,
$$

for positive $\varepsilon<\min \{\lambda, \mu\} /(\lambda+\mu)$, then for $\gamma:=3[(\lambda+\mu) /(\min \{\lambda, \mu\})](1+$ $\sqrt{\lambda+\mu})$,

$$
\left\{\begin{array}{l}
\text { either } C \subset(1+\gamma \varepsilon)[o, u, v], \\
\text { or }(1+\gamma \varepsilon)^{-1}[o, u, v, p] \subset C, \text { that is } C^{*} \subset(1+\gamma \varepsilon)\left[o, u^{*}, v^{*}\right]
\end{array}\right.
$$

First proof. We may assume $C \neq[o, u, v]$. We use the notations from the Remark after Lemma 7, and from the second proof of Lemma 7. We have $\widetilde{w}=t p$ and $\widetilde{w}^{*}=s p^{*}$ for some $t, s \in(0,1]$. Since $\left\langle\widetilde{w}, \widetilde{w}^{*}\right\rangle \leq 1$, we have

$$
\begin{equation*}
t s(\lambda+\mu) \leq 1 \tag{8}
\end{equation*}
$$

Further, for $\tilde{u}^{*}:=(1,(1-t \lambda) /(t \mu))$ and $\tilde{v}^{*}:=((1-t \mu) /(t \lambda), 1)$, we have

$$
1=\left\langle\tilde{u}^{*}, u\right\rangle=\left\langle\tilde{u}^{*}, \widetilde{w}\right\rangle=\left\langle\tilde{v}^{*}, v\right\rangle=\left\langle\tilde{v}^{*}, \widetilde{w}\right\rangle .
$$

It follows by the second proof of Lemma 7 , using the notations $\widetilde{w}, \widetilde{w}^{*}$ introduced there, that

$$
\begin{gather*}
{[o, u, v, \widetilde{w}] \subset C \text { and }|C| \leq(1+\varepsilon)|[o, u, v, \widetilde{w}]|, \text { and }}  \tag{9}\\
{\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right] \subset C^{*} \text { and }\left|C^{*}\right| \leq(1+\varepsilon)\left|\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right]\right| .} \tag{10}
\end{gather*}
$$

It follows that if $\left\langle\tilde{u}^{*}, x\right\rangle \geq\left\langle\tilde{u}^{*}, u\right\rangle=1$ for $x \in C$ then

$$
|[x, u, \widetilde{w}]| \leq \varepsilon \cdot|[o, u, v, \widetilde{w}]|=\varepsilon \cdot[(\lambda+\mu) / \mu] \cdot|[o, u, \widetilde{w}]|,
$$

and hence $\left\langle\tilde{u}^{*}, x\right\rangle \leq 1+\varepsilon \cdot(\lambda+\mu) / \mu$. For $\widetilde{\gamma}:=(\lambda+\mu) / \min \{\lambda, \mu\}$, we deduce that $C \subset(1+\widetilde{\gamma} \cdot \varepsilon)[o, u, v, \widetilde{w}]$, and hence $\left[o, u^{*}, \tilde{u}^{*}, v^{*}, \tilde{v}^{*}, \widetilde{w}^{*}\right] \subset(1+\widetilde{\gamma} \cdot \varepsilon) C^{*}$ by polarity, and analogously $C^{*} \subset(1+\widetilde{\gamma} \cdot \varepsilon)\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right]$. Since $\varepsilon<\widetilde{\gamma}^{-1}$, we deduce

$$
\left[o, u^{*}, \tilde{u}^{*}, v^{*}, \tilde{v}^{*}, \widetilde{w}^{*}\right] \subset(1+\widetilde{\gamma} \cdot \varepsilon)^{2}\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right] \subset(1+3 \widetilde{\gamma} \cdot \varepsilon)\left[o, u^{*}, v^{*}, \widetilde{w}^{*}\right]
$$

For $a:=(\lambda-s \lambda, s \lambda+\mu-1)$, we have $\left\langle a, v^{*}\right\rangle=\left\langle a, \widetilde{w}^{*}\right\rangle=s(\lambda+\mu-1)$, thus

$$
\begin{aligned}
1+3 \widetilde{\gamma} \cdot \varepsilon & \geq \frac{\left\langle a, \tilde{v}^{*}\right\rangle}{\left\langle a, v^{*}\right\rangle}=\frac{t s(\lambda+\mu-1)+(1-s)(1-t)}{t s(\lambda+\mu-1)} \\
& =1+\left(\frac{1}{s}-1\right)\left(\frac{1}{t}-1\right) \frac{1}{\lambda+\mu-1}
\end{aligned}
$$

It follows by (8) that

$$
\text { either } 1 / s \geq \sqrt{\lambda+\mu}, \text { or } 1 / t \geq \sqrt{\lambda+\mu} \text {. }
$$

In the first case, $3 \widetilde{\gamma} \cdot(\lambda+\mu-1) /(\sqrt{\lambda+\mu}-1)=\gamma$ yields $1 / t \leq 1+\gamma \varepsilon$, and hence $(1+\gamma \varepsilon)^{-1}[o, u, v, p] \subset C$. On the other hand, if $1 / t \geq \sqrt{\lambda+\mu}$, then a similar argument leads to $(1+\gamma \varepsilon)^{-1}\left[o, u^{*}, v^{*}, p^{*}\right] \subset C^{*}$, and hence $C \subset(1+\gamma \varepsilon)[o, u, v]$.

The second proof of Lemma 8, where however the constant $\gamma$ will be different, and which iterates the construction in the proof of Behrend ( $[7]$, proof of (77), pp. 739-740, and of (112), pp. 746-747) will be broken up into two parts.

Lemma 9 Under the hypotheses of Lemma 7, and with $p=\lambda u+\mu v$, for $\lambda, \mu>0$, we have

$$
|C| \cdot\left|C^{*}\right| \geq f(\lambda, \mu)+g(\lambda, \mu) \alpha(1-\alpha)
$$

where

$$
\begin{gathered}
f(\lambda, \mu):=(\lambda+\mu)(\lambda+\mu-1) /(4 \lambda \mu), \\
g(\lambda, \mu):=(1 / 4) \cdot(\lambda+\mu-1)^{2} \cdot \min \{1 /[\mu(1+\lambda / 4+\mu)], 1 /[\lambda(1+\lambda+\mu / 4)], 1 /(\lambda \mu)\}, \\
\alpha:=\max \{|[u, v, x]| /|[u, v, p]| \mid x \in C \cap[u, v, p]\} \in[0,1] .
\end{gathered}
$$

Proof. Again we use the notations from the Remark after Lemma 7.
We may suppose $\alpha \in(0,1)$. Let $x=\left(x_{1}, x_{2}\right) \in C \backslash[o, u, v]$ realize $\alpha=\max |[u, v, x]| / \mid[u, v, p]$. We write $C_{i}:=[o, u, v, x]$, and $C_{o}:=\{(\xi, \eta) \in$ $\left.[o, u, v, p] \mid \xi+\eta \leq x_{1}+x_{2}\right\}$. Then $C_{i} \subset C \subset C_{o}$. Let $x$ divide the chord of $[o, u, v, p]$, parallel to the line $u v$, and containing $x$ in the ratio $\beta:(1-\beta)$, where $\beta \in[0,1]$, and where the part of the chord with ratio $\beta$ has an endpoint in $[u, p]$.

We iterate this construction. Let $y, z \in C$, and $\bar{y}, \bar{z} \in C_{o}$ lie on the other sides of the lines $u x, v x$ than $o$, and let them realize max $|[u, x, y]|$, or $\max |[v, x, z]|$ and $\max |[u, x, \bar{y}]|$, or $\max |[v, x, \bar{z}]|$ under these conditions, respectively. We define $\gamma:=|[u, x, y] /|[u, x, \bar{y}]| \in[0,1]$ and $\delta:=|[v, x, z]| /$ $|[v, x, \bar{z}]| \in[0,1]$. Let $C_{i}^{\prime}:=C_{i} \cup[u, x, y] \cup[v, x, z]$, and let $C_{o}^{\prime}$ be the intersection of $C_{o}$ and the support half-planes of $C$ at $y, z$, with boundaries parallel to the lines $u x, v x$. Then $C_{i} \subset C_{i}^{\prime} \subset C \subset C_{o}^{\prime} \subset C_{o}$. So for their polars (in the angular domain $\left.u^{*} o v^{*}\right)$ we have $\left(C_{o}\right)^{*} \subset\left(C_{o}^{\prime}\right)^{*} \subset C^{*}$. Hence,

$$
\left\{\begin{array}{l}
|C| \cdot\left|C^{*}\right| \geq\left|C_{i}^{\prime}\right| \cdot\left|\left(C_{o}^{\prime}\right)^{*}\right| \geq \\
\left|C_{i}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}^{\prime} \backslash C_{i}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left|\left(C_{o}^{\prime}\right)^{*} \backslash\left(C_{o}\right)^{*}\right|= \\
\left|C_{i}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left(\left|T_{y}\right|+\left|T_{z}\right|\right) \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left(\left|\left(T^{*}\right)_{y}\right|+\left|\left(T^{*}\right)_{z}\right|\right)
\end{array}\right.
$$

Here $T_{y}:=[u, x, y]$ and $T_{z}:=[v, x, z]$, and the triangles $\left(T^{*}\right)_{y}$ and $\left(T^{*}\right)_{z}$ have as their vertices the polars of the three first, or three last consecutive side lines of $C_{o}^{\prime}$ in the open angular domain $u^{*} o v^{*}$, taken in the positive orientation, respectively.

First we estimate $\left|T_{y}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left|\left(T^{*}\right)_{y}\right|$ from below. We have

$$
\begin{gathered}
\left|C_{i}\right|=[1+(\lambda+\mu-1) \alpha] / 2, \\
\left|\left(C_{o}\right)^{*}\right|=(1 / 2) \cdot[1 /(1+(\lambda+\mu-1) \alpha)] \cdot(\lambda+\mu)(\lambda+\mu-1) /(\lambda \mu), \\
\left|T_{y}\right|=\gamma \beta((\lambda+\mu-1) / 2) \alpha(1-\alpha) .
\end{gathered}
$$

By using the program package GAP [70],

$$
\left\{\begin{array}{l}
\left|\left(T^{*}\right)_{y}\right|=(1 / 2) \cdot(\lambda+\mu-1)^{2} \cdot(1-\gamma) \beta \alpha(1-\alpha) / \\
{\left[\mu \cdot [ 1 + ( \lambda + \mu - 1 ) \alpha ] \cdot \left[\beta\left(1-\alpha-\gamma \alpha+\gamma \alpha^{2}\right)+\right.\right.} \\
\gamma \beta \alpha(1-\alpha) \lambda+\alpha(1+\gamma \beta-\gamma \alpha \beta) \mu]]
\end{array}\right.
$$

Here the denominator is a product of three factors, all being positive. (For the third factor observe that the coefficients of $\lambda$, or $\mu$ are non-negative or
positive, respectively, and the constant term is minimal for $\gamma=1$, and is then non-negative.) The second factor of the denominator will cancel with $\left|C_{i}\right|$, and its third factor will be estimated from above as follows. The coefficients of $\lambda$, or $\mu$, in it, are estimated from above by setting $\beta=\gamma=1$, and the constant term is estimated from above by setting $\gamma=0$, and $\beta=1$. Thus we obtain the upper estimates $\alpha(1-\alpha)$, or $\alpha(2-\alpha)$, or $1-\alpha$, respectively. These can be further estimated from above by $1 / 4$, or 1 , or 1 , respectively.

Hence, minimizing for $\gamma \in[0,1]$,

$$
\left\{\begin{array}{l}
\left|T_{y}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left|\left(T^{*}\right)_{y}\right| \geq \\
(1 / 4) \cdot\left((\lambda+\mu-1)^{2} / \mu\right) \cdot \min \{1 /(1+\lambda / 4+\mu), 1 / \lambda\} \cdot \beta \alpha(1-\alpha)
\end{array}\right.
$$

(the first term being estimated from below by setting $\alpha=1$ in the denominator of the second factor of $\left.\left|\left(C_{o}\right)^{*}\right|\right)$. Changing the roles of $\lambda, \mu$, of $\beta, 1-\beta$, and of $\gamma, \delta$, we obtain similarly

$$
\left\{\begin{array}{l}
\left|T_{z}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left|\left(T^{*}\right)_{z}\right| \geq \\
(1 / 4) \cdot\left((\lambda+\mu-1)^{2} / \lambda\right) \cdot \min \{1 /(1+\lambda+\mu / 4), 1 / \mu\} \cdot(1-\beta) \alpha(1-\alpha) .
\end{array}\right.
$$

Hence,

$$
\left\{\begin{array}{l}
|C| \cdot\left|C^{*}\right| \geq\left|C_{i}\right| \cdot\left|\left(C_{o}\right)^{*}\right|+\left(\left|T_{y}\right|+\left|T_{z}\right|\right) \cdot\left|\left(C_{o}\right)^{*}\right|+\left|C_{i}\right| \cdot\left(\left|\left(T^{*}\right)_{y}\right|+\left|\left(T^{*}\right)_{z}\right|\right) \\
\geq f(\lambda, \mu)+g(\lambda, \mu) \cdot \alpha(1-\alpha) .
\end{array}\right.
$$

Corollary 10 Under the hypotheses of Lemma 9, let

$$
|C| \cdot\left|C^{*}\right| \leq(1+\varepsilon) \cdot f(\lambda, \mu),
$$

where $\varepsilon \in(0, g(\lambda, \mu) /(4 f(\lambda, \mu)))$. Further let $\alpha_{ \pm}:=[1 \pm$
$\sqrt{1-(4 f(\lambda, \mu) / g(\lambda, \mu)) \varepsilon}] / 2$ and let $\alpha_{+}+\left(1-\alpha_{+}\right) \min \{(1-\lambda) / \mu,(1-$ $\mu) / \lambda\}>0$. Then

$$
\text { either } C \subset\left[1+(\lambda+\mu-1) \alpha_{-}\right] \cdot[o, u, v] \text {, }
$$

$$
\text { or } C \supset\left[\alpha_{+}+\left(1-\alpha_{+}\right) \cdot \min \{(1-\lambda) / \mu,(1-\mu) / \lambda\}\right] \cdot[o, u, v, p] \text {. }
$$

Proof. We use the notations from the proof of Lemma 9.
By the hypotheses and Lemma 9, for $\alpha$ from Lemma 9, we have

$$
f(\lambda, \mu) \cdot(1+\varepsilon) \geq|C| \cdot\left|C^{*}\right| \geq f(\lambda, \mu)+g(\lambda, \mu) \alpha(1-\alpha)
$$

hence

$$
\alpha^{2}-\alpha+(f(\lambda, \mu) / g(\lambda, \mu)) \varepsilon \geq 0
$$

i.e., $\alpha \leq \alpha_{-}$, or $\alpha \geq \alpha_{+}$, where $\alpha_{ \pm} \in(0, \infty)$ and $\alpha_{-}<\alpha_{+}$.

Let $x \in C \cap[u, v, p]$, with $|[u, v, x]|$ maximal. Then $C$ lies below the line $l:=\{y \mid y$ lies above the line $u v$, and $|[u, v, y]|=\alpha \cdot|[u, v, p]|\}$. If $\alpha \leq \alpha_{-}$, then $C$ lies below the line $l_{-}$, defined analogously to $l$, but using $\alpha_{-}$rather than $\alpha$. If $\alpha \geq \alpha_{+}$, then $C \supset[o, u, v, x]$, hence $C \supset[o, u, v, \nu x]$, where $\nu x$ lies on the line $l_{+}$, defined analogously to $l$, but using $\alpha_{+}$rather than $\alpha$. Hence $C$ contains the quadrangle obtained from $[o, u, v, \nu x]$, by replacing its side lines $u(\nu x), v(\nu x)$ by lines through $\nu x$, parallel to $u p, v p$. We further diminish this last quadrangle by translating its side lines parallel to up or $v p$ so that they should contain the points of intersection of the sides $v p$ or $u p$ with the line $l_{+}$, respectively. The formulas in the corollary then follow by simple calculations.

Remark. It is probable that with more work one could sharpen the stability estimates in the second proof of Lemma 8, iterating further the construction of inscribed/circumscribed polygons (defining, in an analogous manner, some closer approximations $C_{i} \subset C_{i}^{\prime} \subset C_{i}^{\prime \prime} \subset C \subset C_{o}^{\prime \prime} \subset C_{o}^{\prime} \subset C_{o}$, etc.). However, this way does not seem to be suitable to give estimates which are sharp, up to a quantity $o(\varepsilon)$.

The first inequality in the next lemma is related to [36], Proposition 1, but is formulated with constants according to our particular needs in this paper. The second inequality in our next lemma is related to an opposite inequality as in Proposition 2 of [36], but the idea of the proof is similar.

Lemma 11 Let $d \geq 2$ be an integer, $K_{0} \subset \mathbb{R}^{d}$ be a convex body, and let $0<\varepsilon_{1} \leq \varepsilon_{1}\left(K_{0}\right):=\min \left\{1 / 2,2^{-2 d-1}\left(\kappa_{d-1} /\left(d \kappa_{d}^{2}\right)\right) \cdot\left|K_{0}\right| /\left(\operatorname{diam} K_{0}\right)^{d}\right\}$. Let $K \subset \mathbb{R}^{d}$ be a convex body, and let $\left(1-\varepsilon_{1}\right) K_{0}+a \subset K \subset\left(1+\varepsilon_{1}\right) K_{0}+b$, where $a, b \in \mathbb{R}^{d}$. Then

$$
\left\|s(K)-s\left(K_{0}\right)\right\| \leq c_{1}\left(K_{0}\right) \cdot \varepsilon_{1}
$$

where

$$
c_{1}\left(K_{0}\right):=\left(\operatorname{diam} K_{0}\right)^{(d+1)^{2}}\left|K_{0}\right|^{-d-2} \cdot d\left(d \kappa_{d} / \kappa_{d-1}\right)^{d+2}
$$

If, moreover, $\varepsilon_{2}>0$ and $\left|K_{0}\right| \cdot\left|\left(K_{0}-s\left(K_{0}\right)\right)^{*}\right| \leq|K| \cdot(K-s(K))^{*} \mid$ and $c \in \operatorname{int} K$, and $|K| \cdot\left|(K-c)^{*}\right| \leq\left|K_{0}\right| \cdot\left|\left(K_{0}-s\left(K_{0}\right)\right)^{*}\right|+\varepsilon_{2} \leq \kappa_{d}^{2}$, then

$$
\left\|c-s\left(K_{0}\right)\right\| \leq c_{1}\left(K_{0}\right) \cdot \varepsilon_{1}+c_{2}\left(K_{0}\right) \cdot \sqrt{\varepsilon_{2}}
$$

where

$$
c_{2}\left(K_{0}\right):=\sqrt{\left(\operatorname{diam} K_{0}\right)^{d+2} /\left|K_{0}\right|} \cdot \sqrt{2^{d+3} /\left((d+1) \kappa_{d}\right)} .
$$

Proof. We will suppose that the point of homothety of $\left(1-\varepsilon_{1}\right) K_{0}+a$ and $\left(1+\varepsilon_{1}\right) K_{0}+b$, that is in the first body, is $o$ (this does not change $K_{0}-s\left(K_{0}\right)$, $K-s(K), K-c$; namely, we consider $c$ as "fixed to $K$ "). Thus $a=b=o$ can be supposed.

We have

$$
\left\{\begin{array}{l}
\left|(K-x)^{*}\right|=(1 / d) \int_{S^{d-1}}\left(h_{K}(u)-\langle u, x\rangle\right)^{-d} d u  \tag{11}\\
\left(\partial / \partial x_{d}\right)\left|(K-x)^{*}\right|=\int_{S^{d-1}} u_{d}\left(h_{K}(u)-\langle u, x\rangle\right)^{-d-1} d u \\
\left(\partial / \partial x_{d}\right)^{2}\left|(K-x)^{*}\right|=(d+1) \int_{S^{d-1}} u_{d}^{2}\left(h_{K}(u)-\langle u, x\rangle\right)^{-d-2} d u \\
\geq(d+1)(\operatorname{diam} K)^{-d-2} \kappa_{d}
\end{array}\right.
$$

where $u=\left(u_{1}, \ldots, u_{d}\right)$, and $h_{K}$ is the support function of $K$, and $\kappa_{d}$ the volume of the unit ball in $\mathbb{R}^{d}$. The analogues of these formulas hold for the first and second directional derivatives in any direction.

First we estimate $\delta:=\left\|s(K)-s\left(K_{0}\right)\right\|$ from above. We may assume that $s(K)-s\left(K_{0}\right)=(0, \ldots, 0, \delta)$, where $\delta>0$.

We begin by showing that $s(K) \in \operatorname{int}\left(\left(1-\varepsilon_{1}\right) K_{0}\right)$, and even estimate $\operatorname{dist}\left(s(K), \operatorname{bd}\left[\left(1-\varepsilon_{1}\right) K_{0}\right]\right)$ from below. Let $\eta:=\operatorname{dist}(s(K), \operatorname{bd} K) \leq \operatorname{dist}$ $\left(s(K), \operatorname{bd}\left[\left(1+\varepsilon_{1}\right) K_{0}\right]\right)$. Then $(K-s(K))^{*}$ contains $(\operatorname{diam} K)^{-1} B^{d}$, and a point at distance $\eta^{-1}$ from $o$ (with $B^{d}$ the unit ball about $o$ ). Therefore

$$
\begin{equation*}
\kappa_{d}^{2} \geq|K| \cdot\left|(K-s(K))^{*}\right| \geq|K| \cdot(\operatorname{diam} K)^{-d+1}\left(\kappa_{d-1} / d\right) \eta^{-1} \tag{12}
\end{equation*}
$$

Hence, by $\varepsilon_{1} \leq 1 / 2$,

$$
\left\{\begin{array}{l}
\eta_{0}:=2^{-2 d+1}\left(\kappa_{d-1} /\left(d \kappa_{d}^{2}\right)\right) \cdot\left|K_{0}\right| /\left[\left(\operatorname{diam} K_{0}\right)^{d-1}\right] \leq \\
\left(\kappa_{d-1} /\left(d \kappa_{d}^{2}\right)\right) \cdot|K| /(\operatorname{diam} K)^{d-1} \leq \eta \leq \\
\operatorname{dist}\left(s(K), \operatorname{bd}\left[\left(1+\varepsilon_{1}\right) K_{0}\right]\right) \leq \\
\operatorname{dist}\left(s(K), \operatorname{bd}\left[\left(1-\varepsilon_{1}\right) K_{0}+2 \varepsilon_{1} \cdot \operatorname{diam} K_{0} \cdot B^{d}\right]\right)
\end{array}\right.
$$

Thus, for $\varepsilon_{1} \leq \eta_{0} /\left(4 \cdot \operatorname{diam} K_{0}\right)$,

$$
s(K) \in \operatorname{int}\left[\left(1-\varepsilon_{1}\right) K_{0}\right] \text { and } \eta_{0} / 2 \leq \operatorname{dist}\left(s(K), \operatorname{bd}\left[\left(1-\varepsilon_{1}\right) K_{0}\right]\right) .
$$

Then, using convexity of the function $t^{-d-1}$ for $t>0$, and (12) for $K_{0}$, rather than $K$, we have

$$
\left\{\begin{array}{l}
0=\int_{S^{d-1}} u_{d}\left(h_{K}(u)-\langle u, s(K)\rangle\right)^{-d-1} d u \geq  \tag{13}\\
\int_{S^{d-1}} u_{d}\left[h_{K_{0}}(u)+\operatorname{sg} u_{d} \cdot \varepsilon_{1} h_{K_{0}}(u)-\left\langle u, s\left(K_{0}\right)\right\rangle-\delta u_{d}\right]^{-d-1} d u \geq \\
\int_{S^{d-1}} u_{d}\left(h_{K_{0}}(u)-\left\langle u, s\left(K_{0}\right)\right\rangle\right)^{-d-1} d u+ \\
(d+1) \cdot \int_{S^{d-1}} u_{d}\left(\delta u_{d}-\varepsilon_{1} \cdot \operatorname{sg} u_{d} \cdot h_{K_{0}}(u)\right) \times \\
\left(h_{K_{0}}(u)-\left\langle u, s\left(K_{0}\right)\right\rangle\right)^{-d-2} d u \geq \\
\delta(d+1)\left(\operatorname{diam} K_{0}\right)^{-d-2} \int_{S^{d-1}} u_{d}^{2} d u- \\
\varepsilon_{1}(d+1) \cdot \operatorname{diam} K_{0} \cdot\left[\left(\kappa_{d-1} /\left(d \kappa_{d}^{2}\right)\right)\left|K_{0}\right| /\right. \\
\left.\left(\operatorname{diam} K_{0}\right)^{-d+1}\right]^{-d-2} \int_{S^{d-1}}\left|u_{d}\right| d u .
\end{array}\right.
$$

Here, $\int_{S^{d-1}} u_{d}^{2} d u=\kappa_{d}$, and $\int_{S^{d-1}}\left|u_{d}\right| d u \leq \int_{S^{d-1}} d u$, and comparing the first and last terms of (13), we get the first inequality of the Lemma.

We turn to the second inequality. We have

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq\|c-s(K)\|+\left\|s(K)-s\left(K_{0}\right)\right\| \leq\|c-s(K)\|+c_{1}\left(K_{0}\right) \varepsilon_{1} \tag{14}
\end{equation*}
$$

and

$$
|K| \cdot\left|(K-c)^{*}\right| \leq\left|K_{0}\right| \cdot\left|\left(K_{0}-s\left(K_{0}\right)\right)^{*}\right|+\varepsilon_{2} \leq|K| \cdot\left|(K-s(K))^{*}\right|+\varepsilon_{2} .
$$

We use (11) on the line $s(K) c$, which gives

$$
\begin{equation*}
|K|(d+1)(\operatorname{diam} K)^{-d-2} \kappa_{d} \cdot\|c-s(K)\|^{2} / 2 \leq \varepsilon_{2} \tag{15}
\end{equation*}
$$

(14) and (15) give the second inequality of the Lemma.

Proof of Theorem 5. 1. First we estimate $\delta_{B M}^{s}\left(K, R_{n}\right)$ from above. Here we may assume that $o$ is the Santaló point of $K$, i.e., its centre of rotational symmetry. As explained in $\S 3$, there exist regular $n$-gons $K_{i}$ and $K_{o}$ centred at the origin, such that $K_{i} \subset K \subset K_{o}$, and the midpoints of the sides of $K_{o}$ are the vertices of $K_{i}$. Assuming that the unit circular disc about $o$ is the incircle of $K_{o}$, we have $K_{o}^{*}=K_{i}$. Now the radii from $o$ to the vertices of $K_{i}$ divide $K_{o}$ into $n$ congruent deltoids $\widetilde{C}_{1}, \ldots, \widetilde{C}_{n}$ whose common vertex
is the origin. In particular, $\widetilde{C}_{j}^{*}:=\widetilde{C}_{j} \cap K_{i}$ is the corresponding triangular sector of $K_{i}$, where $j=1, \ldots, n$. For the congruent sectors $C_{j}=\widetilde{C}_{j} \cap K$ of $K$, and the congruent sectors $C_{j}^{*}=\widetilde{C}_{j} \cap K^{*}$ of $K^{*}$, where $j=1, \ldots, n$, we have

$$
(1+\varepsilon) n^{2}\left|\widetilde{C}_{1}\right| \cdot\left|\widetilde{C}_{1}^{*}\right|=(1+\varepsilon)\left|K_{i}\right| \cdot\left|K_{o}\right| \geq|K| \cdot\left|K^{*}\right|=n^{2}\left|C_{1}\right| \cdot\left|C_{1}^{*}\right|
$$

We observe that $\widetilde{C}_{1}^{*}=[o, u, v]$ and $\widetilde{C}_{1}=[o, u, v, p]$, where $p=\lambda u+\lambda v$ for $\lambda=[\cos (\pi / n)]^{-2} / 2$, and

$$
\left|C_{1}\right| \cdot\left|C_{1}^{*}\right| \leq(1+\varepsilon)|[o, u, v, p]| \cdot\left|\left[o, u^{*}, v^{*}\right]\right| .
$$

We deduce by Lemma 8 that either $C_{1} \subset(1+\gamma \varepsilon) \widetilde{C}_{1}^{*}$, or $(1+\gamma \varepsilon)^{-1} \widetilde{C}_{1} \subset C_{1}$, where $\gamma:=6(1+\sqrt{2 \lambda}) \leq 18$. Therefore the rotational symmetry yields that either $K \subset(1+18 \varepsilon) K_{i}$, or $(1+18 \varepsilon)^{-1} K_{o} \subset K$.
2. Now we turn to the proof of the stability of the centre of polarity. The point $x$ is the point of homothety of $\lambda_{1} R_{n}+x$ and $\lambda_{2} R_{n}+x$, and $x \in \lambda_{1} R_{n}+x$. We will suppose $x=o$; then $o \in R_{n}$. Simultaneously, we have to replace $K^{*}$ with $(K-c)^{*}$, for some $c \in \operatorname{int} K$ ("fixed to $K$ "). Let $K_{0, n}:=\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] R_{n}$ (this will take over the role of $K_{0}$ from Lemma 11). Then $\lambda_{1} R_{n} \subset K \subset \lambda_{2} R_{n}$ and $\lambda_{2} / \lambda_{1} \leq 1+18 \varepsilon$ imply

$$
\left\{\begin{array}{l}
K_{0, n}(1-9 \varepsilon) \subset K_{0, n} /\left[\left(1+\lambda_{2} / \lambda_{1}\right) / 2\right] \subset K  \tag{16}\\
\subset K_{0, n} /\left[\left(1+\lambda_{1} / \lambda_{2}\right) / 2\right] \subset K_{0, n}(1+9 \varepsilon)
\end{array}\right.
$$

Note that by hypothesis $\varepsilon<1 / 18$, so here

$$
\begin{equation*}
1-9 \varepsilon>1 / 2 \quad(>0) \tag{17}
\end{equation*}
$$

Restricting Lemma 11 to $d=2$, we have $\varepsilon_{1}\left(K_{0, n}\right)=\left[1 /\left(32 \pi^{2}\right)\right] \cdot\left|K_{0, n}\right| /$ $\left(\operatorname{diam} K_{0, n}\right)^{2}$ and $c_{1}\left(K_{0, n}\right)=2 \pi^{4} \cdot\left(\operatorname{diam} K_{0, n}\right)^{9}\left|K_{0, n}\right|^{-4}$, and $c_{2}\left(K_{0, n}\right)=4$ $\sqrt{2 /(3 \pi)} \cdot\left(\operatorname{diam} K_{0, n}\right)^{2}\left|K_{0, n}\right|^{-1 / 2}$. Here diam $K_{0, n}=1$ (in the Euclidean norm mentioned in the Theorem), hence $\min _{n}\left|K_{0, n}\right|$ is attained for $n=$ 3. So $\min _{n} \varepsilon_{1}\left(K_{0, n}\right)=\sqrt{3} /\left(128 \pi^{2}\right)$, and $\max _{n} c_{1}\left(K_{0, n}\right)=512 \pi^{4} / 9$, and $\max _{n} c_{2}\left(K_{0, n}\right)$ $=8 \sqrt{2 / \pi} 3^{-3 / 4}$.

We apply Lemma 11 for $d=2$, replacing there $\varepsilon_{1}\left(K_{0, n}\right)$ by $\min _{n} \varepsilon_{1}\left(K_{0, n}\right)$ and $c_{1}\left(K_{0, n}\right)$ by $\max _{n} c_{1}\left(K_{0, n}\right)$, and $c_{2}\left(K_{0, n}\right)$ by $\max _{n} c_{2}\left(K_{0, n}\right)$. By (16) we
may choose $\varepsilon_{1}:=9 \varepsilon$. Also, by the hypothesis of the theorem, $\varepsilon_{2}$ can be chosen so that $\varepsilon_{2} \leq \pi^{2} \varepsilon\left(\geq n^{2} \sin ^{2}(\pi / n)\right)$. So

$$
\begin{equation*}
\left\|c-s\left(K_{0, n}\right)\right\| \leq\left(512 \pi^{4} / 9\right) \cdot 9 \varepsilon+8 \sqrt{2 / \pi} 3^{-3 / 4} \cdot \pi \sqrt{\varepsilon} \tag{18}
\end{equation*}
$$

for

$$
\begin{equation*}
0<\varepsilon \leq \varepsilon^{*}:=\left[\sqrt{3} /\left(128 \pi^{2}\right)\right] / 9=0.0001523 \ldots<1 / 18 . \tag{19}
\end{equation*}
$$

However, we will use (18) only for $0<\varepsilon \leq \varepsilon^{* *}$, for some $\varepsilon^{* *} \in\left(0, \varepsilon^{*}\right]$, to be chosen later.

First let $0<\varepsilon \leq \varepsilon^{* *}$. Then (18) gives

$$
\begin{equation*}
\left\|c-s\left(K_{0, n}\right)\right\| \leq\left(512 \pi^{4} \sqrt{\varepsilon^{* *}}+8 \sqrt{2 \pi} 3^{-3 / 4}\right) \cdot \sqrt{\varepsilon} \tag{20}
\end{equation*}
$$

Second let $\varepsilon \geq \varepsilon^{* *}$. Then we have $c \in \operatorname{int} K \subset \lambda_{2} R_{n}+x=\lambda_{2} R_{n}$, and $s\left(K_{0, n}\right) \in K_{0, n}=\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] R_{n} \subset \lambda_{2} R_{n}$ (the last inclusion following from $\left.o \in R_{n}\right)$. Hence, also using $\lambda_{2} / \lambda_{1} \leq 2$, we have

$$
\left\{\begin{array}{l}
\left\|c-s\left(K_{0, n}\right)\right\| \leq \operatorname{diam}\left(\lambda_{2} R_{n}\right)=\lambda_{2} /\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right]  \tag{21}\\
\leq 4 / 3 \leq\left[4 /\left(3 \sqrt{\varepsilon^{* *}}\right)\right] \cdot \sqrt{\varepsilon}
\end{array}\right.
$$

By (20) and (21), we have

$$
\begin{equation*}
\left\|c-s\left(K_{0, n}\right)\right\| \leq\left(\max \left\{512 \pi^{4} \sqrt{\varepsilon^{* *}}+8 \sqrt{2 \pi} 3^{-3 / 4}, 4 /\left(3 \sqrt{\varepsilon^{* *}}\right)\right\}\right) \cdot \sqrt{\varepsilon} \tag{22}
\end{equation*}
$$

Now we minimize the coefficient of $\sqrt{\varepsilon}$ in (22), that is a function of $\varepsilon^{* *}$. This minimum occurs when the two terms under the maximum sign are equal, that occurs for $\varepsilon^{* *}=0.0000258 \ldots$, and its value is $262.30682 \ldots$. (Observe that in fact $0<\varepsilon^{* *}<\varepsilon^{*}$ ).

For the proofs of Theorems 1 and 2, we need a simple stability version of the inequality between the arithmetic and geometric means. If $n \geq 2$ and $0<a_{1} \leq \ldots \leq a_{n}$, then

$$
\begin{aligned}
\frac{a_{1}+\ldots+a_{n}}{n \cdot\left(a_{1} \cdot \ldots \cdot a_{n}\right)^{1 / n}} & =\frac{\left(\sqrt{a_{n}}-\sqrt{a_{1}}\right)^{2}+2 \sqrt{a_{1} a_{n}}+\sum_{1<j<n} a_{j}}{n \cdot\left(a_{1} \cdot \ldots \cdot a_{n}\right)^{1 / n}} \\
& \geq \frac{\left(\sqrt{a_{n}}-\sqrt{a_{1}}\right)^{2}+n \cdot\left(a_{1} \cdot \ldots \cdot a_{n}\right)^{1 / n}}{n \cdot\left(a_{1} \cdot \ldots \cdot a_{n}\right)^{1 / n}} \\
& \geq 1+\frac{1}{n}\left(1-\sqrt{\frac{a_{1}}{a_{n}}}\right)^{2} .
\end{aligned}
$$

It follows that

$$
\left\{\begin{array}{l}
\text { if } \left.\varepsilon \geq 0 \text { and }\left(a_{1}+\ldots+a_{n}\right) /\left[n \cdot\left(a_{1} \cdot \ldots \cdot a_{n}\right)^{1 / n}\right)\right] \leq 1+\varepsilon,  \tag{23}\\
\text { then } a_{j} / a_{k} \geq 1-2 \sqrt{n \varepsilon} \text { for any } 1 \leq j, k \leq n .
\end{array}\right.
$$

(It is easy to give the sharp version of this inequality. Fixing $a_{2}+\ldots+a_{n-1}$, the minimum occurs when $a_{2}=\ldots=a_{n-1}$; let their common value be $x \in$ $\left[a_{1}, a_{n}\right]$. Then derivation w.r.t. $x$ gives for the minimum that $x=\left(a_{1}+a_{n}\right) / 2$. However, the formula given above will be more convenient to apply.)

Proof of Theorem 1. 1. First we estimate $\delta_{B M}(K, P)$ from above. Here we may assume that $o$ is the Santaló point of $K$, i.e., its centre of symmetry. As explained in §3, after Theorem 3, we may assume that $K_{i} \subset K \subset K_{o}$, where $K_{o}$ and $K_{i}$ are squares centered at $o$, the midpoints of the sides of $K_{o}$ are the vertices of $K_{i}$, and the sides of $K_{o}$ have length 2 . In particular, $K_{i}$ and $K_{o}$ are polar to each other. It also follows that $\delta_{B M}(K, P) \leq 2$, and hence if $\varepsilon \geq 0.005$, then we are done. Therefore we assume that $\varepsilon<0.005$.

Now, in a suitable coordinate system, $K_{o}$ can be dissected into four unit squares $S_{o}^{1}:=[0,1] \times[0,1], S_{o}^{2}:=[-1,0] \times[0,1],-S_{o}^{1}$ and $-S_{o}^{2}$. We write $S_{i}^{j}=S_{o}^{j} \cap K_{i}$, and $C_{j}=S_{o}^{j} \cap K$ and $C_{j}^{*}=S_{o}^{j} \cap K^{*}$ for $j=1,2$, and hence Lemma 7 implies $\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \geq\left|S_{i}^{1}\right| \cdot\left|S_{o}^{1}\right|$ for $j=1,2$. We deduce by the hypothesis $|K| \cdot\left|K^{*}\right| \leq(1+\varepsilon) \cdot 8$ and Lemma 7 that

$$
\left\{\begin{array}{l}
(1+\varepsilon) \cdot\left|S_{i}^{1}\right| \cdot\left|S_{o}^{1}\right| \geq\left[\left(\left|C_{1}\right|+\left|C_{2}\right|\right) / 2\right] \cdot\left[\left(\left|C_{1}^{*}\right|+\left|C_{2}^{*}\right|\right) / 2\right]  \tag{24}\\
\geq \sqrt{\left|C_{1}\right| \cdot\left|C_{2}\right| \cdot\left|C_{1}^{*}\right| \cdot\left|C_{2}^{*}\right|}, \quad \text { and }\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \geq\left|S_{i}^{1}\right| \cdot\left|S_{o}^{1}\right| .
\end{array}\right.
$$

In particular,

$$
\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \leq(1+\varepsilon)^{2} \cdot\left|S_{i}^{1}\right| \cdot\left|S_{o}^{1}\right| \leq(1+2.005 \varepsilon) \cdot\left|S_{i}^{1}\right| \cdot\left|S_{o}^{1}\right| \text { for } j=1,2 .
$$

To apply Lemma 8 , we have $\lambda=\mu=1$ and $\gamma=6(1+\sqrt{2})<15$ both in the cases of $C_{1}$ and $C_{2}$. Therefore, for each of $j=1,2$, either $C_{j} \subset(1+\gamma \cdot 2.005 \varepsilon) S_{i}^{j}$, or $(1+\gamma \cdot 2.005 \varepsilon)^{-1} S_{o}^{j} \subset C_{j}$. If both of $C_{1}$ and $C_{2}$ satisfy either the first or the second condition, then $\delta_{B M}(K, P) \leq 1+31 \varepsilon$, and we are done. Therefore we suppose that $C_{1} \subset(1+\gamma \cdot 2.005 \varepsilon) S_{i}^{1}$, and $(1+\gamma \cdot 2.005 \varepsilon)^{-1} S_{o}^{2} \subset C_{2}$, and seek a contradiction. We have $\left|C_{1}\right| \leq(1+$ $\gamma \cdot 2.005 \varepsilon)^{2} / 2$, and since the diagonal of $S_{o}^{2}$ not containing $o$ is a subset of $C_{2}$, we also have $\left|C_{2}\right| \geq(1+\gamma \cdot 2.005 \varepsilon)^{-1}$. It follows by $\varepsilon<0.005$ that $\left|C_{1}\right|<(1-2 \sqrt{2 \varepsilon})\left|C_{2}\right|$. On the other hand, (23) applied in (24) leads to $\left|C_{1}\right| \geq(1-2 \sqrt{2 \varepsilon})\left|C_{2}\right|$, a contradiction.
2. The stability of the centre of polarity is deduced from Lemma 11 like in Theorem 5, by supposing $x=0$. Simultaneously, we have to replace $K^{*}$ with $(K-c)^{*}$, for some $c \in \operatorname{int} K$ ("fixed to $K$ "). Let $K_{0}:=\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] P$. Now $\varepsilon_{1}\left(K_{0}\right)=1 /\left(64 \pi^{2}\right)$, and $c_{1}\left(K_{0}\right)=64 \sqrt{2} \pi^{4}$, and $c_{2}\left(K_{0}\right)=16 \sqrt{2 /(3 \pi)}$. We only note that by hypothesis $\varepsilon<0.005$, and then we use the sharper estimate $\delta_{B M}(K, P)=\delta_{B M}\left(K, K_{0}\right) \leq 1+31 \varepsilon$. Then, rather than (16) and (17), we have

$$
\left\{\begin{array}{l}
K_{0}(1-(31 / 2) \varepsilon) \subset K_{0} /\left[\left(1+\lambda_{2} / \lambda_{1}\right) / 2\right] \subset K  \tag{25}\\
\subset K_{0} /\left[\left(1+\lambda_{1} / \lambda_{2}\right) / 2\right] \subset K_{0}(1+(31 / 2) \varepsilon),
\end{array}\right.
$$

for

$$
\begin{equation*}
1-(31 / 2) \varepsilon>1-(31 / 2) / 200 \quad(>0) . \tag{26}
\end{equation*}
$$

By (25) we may choose $\varepsilon_{1}:=(31 / 2) \varepsilon$, and by hypothesis of the theorem we may choose $\varepsilon_{2}:=8 \varepsilon$.

Then we have, analogously to (18) and (19), that

$$
\begin{equation*}
\left\|c-s\left(K_{0, n}\right)\right\| \leq\left(64 \sqrt{2} \pi^{4}\right) \cdot(31 / 2) \varepsilon+16 \sqrt{2 /(3 \pi)} \cdot \sqrt{8} \sqrt{\varepsilon}, \tag{27}
\end{equation*}
$$

for

$$
\begin{equation*}
0<\varepsilon \leq \varepsilon^{*}:=\left[\varepsilon_{1}\left(K_{0}\right)\right] /(31 / 2)<0.005 . \tag{28}
\end{equation*}
$$

Then, analogously to (18), (21) and (22), we have, also using $\lambda_{2} / \lambda_{1} \leq 2$, that for $0<\varepsilon \leq \varepsilon^{* *} \quad\left(\leq \varepsilon^{*}\right)$ we have

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq\left(64 \sqrt{2} \pi^{4}(31 / 2) \sqrt{\varepsilon^{* *}}+16 \sqrt{2 /(3 \pi)} \sqrt{8}\right) \cdot \sqrt{\varepsilon} \tag{29}
\end{equation*}
$$

and for $\varepsilon \geq \varepsilon^{* *}$ we have

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq\left[4 /\left(3 \sqrt{\varepsilon^{* *}}\right)\right] \cdot \sqrt{\varepsilon} \tag{30}
\end{equation*}
$$

Hence, for any $\varepsilon>0$, we have

$$
\left\{\begin{array}{l}
\left\|c-s\left(K_{0}\right)\right\| \leq  \tag{31}\\
\left(\max \left\{64 \sqrt{2} \pi^{4}(31 / 2) \sqrt{\varepsilon^{* *}}+16 \sqrt{2 /(3 \pi)} \sqrt{8}, 4 /\left(3 \sqrt{\varepsilon^{* *}}\right)\right\}\right) \cdot \sqrt{\varepsilon}
\end{array}\right.
$$

The optimal choice of $\varepsilon^{* *}$ is $\varepsilon^{*}$. The distance to be estimated from above is at most 335.10941... $\cdot \sqrt{\varepsilon}$.

Proof of Theorem 2. 1. First we estimate $\delta_{B M}(K, T)$ from above. We may assume that $K$ is not a parallelogram, and $o$ is the Santaló point of $K$. As it is explained in $\S 3$, after Theorem 3, we may assume that $K_{i} \subset K \subset K_{o}$, where $K_{i}$ and $K_{o}$ are regular triangles, and the midpoints of the sides of $K_{o}$ are the vertices of $K_{i}$. It also follows that $\delta_{B M}(K, T) \leq 4$, and hence if $\varepsilon \geq 1 / 300$, then we are done. Therefore we assume that $\varepsilon<1 / 300$.

We use the notation and ideas of the proof Theorem 3; in particular $o \in \operatorname{int} K_{i}$. We may assume that the circumradius of $K_{i}$ is 1 , and hence $d_{1}+d_{2}+d_{3}=3$, and $a=b=\sqrt{3}$.

Since $|K| \cdot\left|K^{*}\right| \leq(1+\varepsilon) \cdot\left|K_{o}\right| \cdot\left|K_{o}^{*}\right|$, and we used the inequality between arithmetic and geometric means for $\left|C_{1}\right|,\left|C_{2}\right|,\left|C_{3}\right|$ in (5), and for $d_{1}, d_{2}, d_{3}$ in the step from (6) to (7), for $j, k=1,2,3$, we deduce by (23) that

$$
\begin{align*}
\left|C_{j}\right| /\left|C_{k}\right| & \geq 1-2 \sqrt{3 \varepsilon} \geq 4 / 5, \quad \text { and }  \tag{32}\\
d_{j} / d_{k} & \geq 1-2 \sqrt{3 \varepsilon} \geq 4 / 5 \tag{33}
\end{align*}
$$

Since $d_{1}+d_{2}+d_{3}=3$, we have

$$
\begin{align*}
d_{j} & \geq 3 /(1+5 / 4+5 / 4)=6 / 7, \quad \text { and }  \tag{34}\\
d_{j} & \leq 3 /(1+4 / 5+4 / 5)=15 / 13 \tag{35}
\end{align*}
$$

Like in the proof of Theorem 1, by hypothesis, and by Lemma 7,

$$
\begin{aligned}
& \left\{\begin{array}{l}
(1+\varepsilon)\left(\prod_{j=1}^{3}\left(\left|\left[o, x_{j-1}, x_{j}, y_{j}\right]\right| \cdot\left|\left[o, y_{j-1}^{*}, y_{j}^{*}\right]\right|\right)\right)^{1 / 3} \geq \\
\left(\prod_{j=1}^{3}\left(\left|C_{j}\right| \cdot\left|C_{j}^{*}\right|\right)\right)^{1 / 3}, \text { and } \\
\quad\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \geq\left|\left[o, x_{j-1}, x_{j}, y_{j}\right]\right| \cdot\left|\left[o, y_{j-1}^{*}, y_{j}^{*}\right]\right| .
\end{array}\right.
\end{aligned}
$$

Hence, for each $j=1,2,3$, we have

$$
\begin{equation*}
\left|C_{j}\right| \cdot\left|C_{j}^{*}\right| \leq(1+3.1 \varepsilon)\left|\left[o, x_{j-1}, x_{j}, y_{j}\right]\right| \cdot\left|\left[o, y_{j-1}^{*}, y_{j}^{*}\right]\right| . \tag{36}
\end{equation*}
$$

Let $j=1,2,3$. To apply Lemma 8 , we define $\lambda_{j}, \mu_{j}>0$ by

$$
y_{j}=\lambda_{j} x_{j-1}+\mu_{j} x_{j} .
$$

Since $\lambda_{j} / \mu_{j}=\left|\left[o, x_{j}, y_{j}\right]\right| /\left|\left[o, x_{j-1}, y_{j}\right]\right|=d_{j} / d_{j-1}$, (33) implies

$$
\frac{\lambda_{j}+\mu_{j}}{\min \left\{\lambda_{j}, \mu_{j}\right\}} \leq 1+5 / 4=9 / 4
$$

Now the distances of $y_{j}$, or $o$ from the line through $x_{j-1}, x_{j}$ are $3 / 2$, or $\left\|x_{j+1}^{*}\right\|^{-1}=3 / 2-d_{j+1} \geq 9 / 26$, by (35), respectively, and hence

$$
\left\{\begin{array}{l}
\lambda_{j}+\mu_{j}=\left\langle x_{j}^{*}, y_{j}\right\rangle=\left\langle x_{j}^{*}, x_{j}\right\rangle+\left\|x_{j}^{*}\right\| \cdot\left\langle\left\|x_{j}^{*}\right\|^{-1} x_{j}^{*}, y_{j}-x_{j}\right\rangle \\
\leq 1+(3 / 2) /(9 / 26)=16 / 3
\end{array}\right.
$$

We define $\gamma_{j}:=3\left[\left(\lambda_{j}+\mu_{j}\right) / \min \left\{\lambda_{j}, \mu_{j}\right\}\right]\left(1+\sqrt{\lambda_{j}+\mu_{j}}\right)$, and hence

$$
3.1 \gamma_{j} \leq 3.1 \cdot 3 \cdot(9 / 4) \cdot(1+4 / \sqrt{3})<70
$$

In particular, it follows by Lemma 8 and (36) that

$$
\text { either }(1+70 \varepsilon)^{-1}\left[o, x_{j-1}, x_{j}, y_{j}\right] \subset C_{j}, \quad \text { or } \quad C_{j} \subset(1+70 \varepsilon)\left[o, x_{j-1}, x_{j}\right]
$$

We note that $1+70 \varepsilon \leq 5 / 4$ and $\left\|x_{j-1}-x_{j}\right\|=\sqrt{3}$. If $(1+70 \varepsilon)^{-1}\left[o, x_{j-1}\right.$, $\left.x_{j}, y_{j}\right] \subset C_{j}$, then (35) yields

$$
\left\{\begin{array}{l}
\left|C_{j}\right| \geq\left|\left[o, x_{j-1}, x_{j},(4 / 5) y_{j}\right]\right|=  \tag{37}\\
(4 / 5) \cdot(\sqrt{3} / 2) \cdot\left(3 / 2-d_{j+1}+3 / 2\right) \geq(2 \sqrt{3} / 5) \cdot 48 / 26>1.27
\end{array}\right.
$$

On the other hand, if $C_{j} \subset(1+70 \varepsilon)\left[o, x_{j-1}, x_{j}\right]$, then (34) yields

$$
\left\{\begin{array}{l}
\left|C_{j}\right| \leq(5 / 4)^{2} \cdot\left|\left[o, x_{j-1}, x_{j}\right]\right|=(5 / 4)^{2} \cdot(\sqrt{3} / 2) \cdot\left(3 / 2-d_{j+1}\right) \leq  \tag{38}\\
(5 / 4)^{2} \cdot(\sqrt{3} / 2) \cdot(9 / 14)<0.87
\end{array}\right.
$$

Comparing (32), (37) and (38) shows that either $(1+70 \varepsilon)^{-1}\left[o, x_{j-1}, x_{j}, y_{j}\right]$ $\subset C_{j}$ for all $j=1,2,3$, or $C_{j} \subset(1+70 \varepsilon)\left[0, x_{j-1}, x_{j}\right]$ for all $j=1,2,3$. Therefore either $(1+70 \varepsilon)^{-1} K_{o} \subset K$, or $K \subset(1+70 \varepsilon) K_{i}$, and hence the Banach-Mazur distance of $K$ from the triangles is at most $1+70 \varepsilon$.
2. The stability of the centre of polarity is deduced from Lemma 11 like in Theorem 5 and Theorem 2, by supposing $x=o$. Simultaneously, we have to replace $K^{*}$ with $(K-c)^{*}$, for some $c \in \operatorname{int} K$ ("fixed to $K$ "). Let $K_{0}:=\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] T$. Now $\varepsilon_{1}\left(K_{0}\right)=\sqrt{3} /\left(128 \pi^{2}\right)$ and $c_{1}\left(K_{0}\right)=512 \pi^{4} / 9$ and $c_{2}\left(K_{0}\right)=8 \sqrt{2 /(3 \pi)} \cdot 3^{-1 / 4}$. We only note that by hypothesis $\varepsilon<1 / 300$, and then we use the sharper estimate $\delta_{B M}(K, T)=\delta_{B M}\left(K, K_{0}\right) \leq 1+70 \varepsilon$. Then, rather than (16), (25) and (17), (26), we have

$$
\left\{\begin{array}{l}
K_{0}(1-(70 / 2) \varepsilon) \subset K_{0} /\left[\left(1+\lambda_{2} / \lambda_{1}\right) / 2\right] \subset K  \tag{39}\\
\subset K_{0} /\left[\left(1+\lambda_{1} / \lambda_{2}\right) / 2\right] \subset K_{0}(1+(70 / 2) \varepsilon),
\end{array}\right.
$$

for

$$
\begin{equation*}
1-(70 / 2) \varepsilon>1-(70 / 2) / 300 \quad(>0) . \tag{40}
\end{equation*}
$$

By (39) we may choose $\varepsilon_{1}:=(70 / 2) \varepsilon$, and by hypothesis of the theorem, we may choose $\varepsilon_{2}:=(27 / 4) \varepsilon$.

Then we have, analogously to (18), (27), and (19), (28) that

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq\left(512 \pi^{4} / 9\right) \cdot(70 / 2) \varepsilon+8 \sqrt{2 /(3 \pi)} \cdot 3^{-1 / 4} \sqrt{27 / 4} \sqrt{\varepsilon}, \tag{41}
\end{equation*}
$$

for

$$
\begin{equation*}
0<\varepsilon \leq \varepsilon^{*}:=\left[\varepsilon_{1}\left(K_{0}\right)\right] /(70 / 2)<1 / 300 \tag{42}
\end{equation*}
$$

Then, analogously to (18), (27), and (21), (30), and (22), (31) we have, also using $\lambda_{2} / \lambda_{1} \leq 4$, that for $0<\varepsilon \leq \varepsilon^{* *}\left(\leq \varepsilon^{*}\right)$ there holds

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq\left(\left(512 \pi^{4} / 9\right)(70 / 2) \sqrt{\varepsilon^{* *}}+8 \sqrt{2 /(3 \pi)} \cdot 3^{-1 / 4} \sqrt{27 / 4}\right) \cdot \sqrt{\varepsilon} \tag{43}
\end{equation*}
$$

and for $\varepsilon \geq \varepsilon^{* *}$ we have

$$
\begin{equation*}
\left\|c-s\left(K_{0}\right)\right\| \leq \lambda_{2} /\left[\left(\lambda_{1}+\lambda_{2}\right) / 2\right] \leq\left[8 /\left(5 \sqrt{\varepsilon^{* *}}\right)\right] \cdot \sqrt{\varepsilon} \tag{44}
\end{equation*}
$$

Hence, for any $\varepsilon>0$, we have

$$
\left\{\begin{array}{l}
\left\|c-s\left(K_{0}\right)\right\| \leq  \tag{45}\\
\left(\max \left\{\left(512 \pi^{4} / 9\right)(70 / 2) \sqrt{\varepsilon^{* *}}+8 \sqrt{2 /(3 \pi)} 3^{-1 / 4} \sqrt{27 / 4}, 8 /\left(5 \sqrt{\varepsilon^{* *}}\right)\right\}\right) \\
\cdot \sqrt{\varepsilon}
\end{array}\right.
$$

The optimal choice of $\varepsilon^{* *}$ is $\varepsilon^{*}$. The distance to be estimated from above is at most 916.69531... $\sqrt{\varepsilon}$.

We turn to the proof of Theorem 6. We proceed analogously as in Lemma 9 and Corollary 10. Again, the proof of Lemma 12 will use an idea of Behrend, [7], proof of (77), pp. 739-740, and of (112), pp. 746-747.

As in the proof of Theorem 2, we assume that $K_{i} \subset K \subset K_{o}$, where $K_{o}=[a, b, c]$ and $K_{i}=\left[a^{\prime}, b^{\prime}, c^{\prime}\right]$ are regular triangles, and $a^{\prime}=(b+c) / 2$, $b^{\prime}=(c+a) / 2, c^{\prime}=(a+b) / 2$. Now we assume $\|a-b\|=2$. We let $\alpha_{1}:=$ $\max \left\{\left|\left[x, b^{\prime}, c^{\prime}\right]\right| /\left|\left[a, b^{\prime}, c^{\prime}\right]\right| \mid x \in K \cap\left[a, b^{\prime}, c^{\prime}\right]\right\}$, and $\alpha_{2}:=\max \left\{\left|\left[x, c^{\prime}, a^{\prime}\right]\right| /\right.$ $\left.\left|\left[b, c^{\prime}, a^{\prime}\right]\right| \mid x \in K \cap\left[b, c^{\prime}, a^{\prime}\right]\right\}$, and $\alpha_{3}:=\max \left\{\left|\left[x, a^{\prime}, b^{\prime}\right]\right| /\left|\left[c, a^{\prime}, b^{\prime}\right]\right| \mid x \in\right.$ $\left.K \cap\left[c, a^{\prime}, b^{\prime}\right]\right\}$. Then $\alpha_{i} \in[0,1]$, and we let $\alpha:=\left(\alpha_{1}+\alpha_{2}+\alpha_{3}\right) / 3 \in[0,1]$.

Lemma 12 With the above notations, we have

$$
|K| \cdot\left|[(K-K) / 2]^{*}\right| \geq 6+(3 / 2) \alpha(1-\alpha) .
$$

Proof. The supporting lines of $K$, parallel to and different from the side lines of $K_{o}$, contain points $a^{\prime \prime}, b^{\prime \prime}, c^{\prime \prime}$ of $K$, with $a^{\prime \prime}$ lying in the triangle $b^{\prime} a c^{\prime}$, etc. We let $K_{i}^{\prime}:=\left[a^{\prime}, c^{\prime \prime}, b^{\prime}, a^{\prime \prime}, c^{\prime}, b^{\prime \prime}\right]$, and let $K_{o}^{\prime}$ be the hexagon bounded by all supporting lines of $K$ parallel to the sides of $K_{o}$. We have

$$
K_{i}^{\prime} \subset K \subset K_{o}^{\prime}
$$

Hence,

$$
\begin{equation*}
\left.|K| \cdot\left|[(K-K) / 2]^{*}\right| \geq\left|K_{i}^{\prime}\right| \cdot \mid\left[\left(K_{o}-K_{o}\right) / 2\right)\right]^{*} \mid . \tag{46}
\end{equation*}
$$

Here

$$
\begin{gather*}
\left|K_{i}^{\prime}\right|=(\sqrt{3} / 4)\left(1+\alpha_{1}+\alpha_{2}+\alpha_{3}\right),  \tag{47}\\
\left\{\begin{array}{l}
\left|\left[\left(K_{o}^{\prime}-K_{o}^{\prime}\right) / 2\right]^{*}\right|=2(4 / \sqrt{3})^{2}\left[\left(1+\alpha_{1}\right)^{-1}\left(1+\alpha_{2}\right)^{-1}+\right. \\
\left.\left(1+\alpha_{2}\right)^{-1}\left(1+\alpha_{3}\right)^{-1}+\left(1+\alpha_{3}\right)^{-1}\left(1+\alpha_{1}\right)^{-1}\right] \sin (\pi / 3) / 2 .
\end{array}\right. \tag{48}
\end{gather*}
$$

Now, (47), (48), and the arithmetic-geometric mean inequality imply

$$
\left\{\begin{array}{l}
\left|K_{i}^{\prime}\right| \cdot\left|\left[\left(K_{o}-K_{o}\right) / 2\right]^{*}\right|=2(1+3 \alpha)(3+3 \alpha) \times  \tag{49}\\
\left(1+\alpha_{1}\right)^{-1}\left(1+\alpha_{2}\right)^{-1}\left(1+\alpha_{3}\right)^{-1} \geq 6(1+3 \alpha)(1+\alpha)^{-2}
\end{array}\right.
$$

Taking in account (46), it suffices to show that the last quantity in (49) is at least

$$
6+(3 / 2) \alpha(1-\alpha)
$$

However, if we replace in the last expression $3 / 2$ by some $c \geq 0$, this claimed inequality becomes equivalent to

$$
\alpha(1-\alpha)\left(1-(c / 6)(1+\alpha)^{2}\right) \geq 0
$$

that is (just) satisfied for $c=3 / 2$.
Proof of Theorem 6. We will use the notations in Lemma 12 and its proof. By hypotheses and Lemma 12,

$$
6 \cdot(1+\varepsilon) \geq|K| \cdot\left|[(K-K) / 2]^{*}\right| \geq 6+(3 / 2) \alpha(1-\alpha)
$$

hence

$$
\alpha^{2}-\alpha+4 \varepsilon \geq 0
$$

i.e., $\alpha \leq \alpha_{-}$, or $\alpha \geq \alpha_{+}$, where $\alpha_{ \pm}$are the roots of the last polynomial. They are real, with $\alpha_{-}<\alpha_{+}$, for

$$
\varepsilon \in[0,1 / 16)
$$

which last inequality will be supposed preliminarily.
For $\alpha \leq \alpha_{-}$we have

$$
\begin{equation*}
\delta_{B M}(K, T) \leq 1+\alpha_{1}+\alpha_{2}+\alpha_{3}=1+3 \alpha_{-} . \tag{50}
\end{equation*}
$$

Now let $\alpha \geq \alpha_{+}$. We proceed analogously, as in the proof of Corollary 10 . We write $\beta_{i}:=1-\alpha_{i} \in[0,1]$, and $\beta:=1-\alpha \in[0,1]$. Then $\beta=\left(\sum \beta_{i}\right) / 3 \leq$ $\alpha_{-}$, hence $\beta_{i} \leq \sum \beta_{i} \leq 3 \alpha_{-}$. We have $K \cap\left[a^{\prime}, b^{\prime}, c\right] \supset\left[a^{\prime}, b^{\prime}, c^{\prime \prime}\right]$. We diminish this last triangle by retaining its side line $a^{\prime} b^{\prime}$, and replacing its sides $\left[a^{\prime}, c^{\prime \prime}\right],\left[b^{\prime}, c^{\prime \prime}\right]$ by sides containing $c^{\prime \prime}$, and parallel to $\left[a^{\prime}, c\right],\left[b^{\prime}, c\right]$. We further diminish this last triangle by retaining its side line $a^{\prime} b^{\prime}$, and translating its side lines parallel to $\left[a^{\prime}, c\right],\left[b^{\prime}, c\right]$, so that they should contain $c^{\prime \prime}\left(b^{\prime}\right), c^{\prime \prime}\left(a^{\prime}\right)$, where $\left[c^{\prime \prime}\left(a^{\prime}\right), c^{\prime \prime}\left(b^{\prime}\right)\right] \ni c^{\prime \prime}$ is a chord of $\left[a^{\prime}, b^{\prime}, c\right]$ parallel to $\left[a^{\prime}, b^{\prime}\right]$, with $c^{\prime \prime}\left(a^{\prime}\right) \in\left[c, a^{\prime}\right]$ and $c^{\prime \prime}\left(b^{\prime}\right) \in\left[c, b^{\prime}\right]$. Of course this is only possible for $\beta_{3} \leq 3 \alpha_{-} \leq 1 / 2$; therefore we preliminarily suppose also

$$
\alpha_{-} \leq 1 / 6, \text { or, equivalently, } \varepsilon \in[0,1 / 28.8](\subset[0,1 / 16))
$$

In this case the vertex $c^{\prime \prime \prime}$ of the last triangle opposite its side on $\left[a^{\prime}, b^{\prime}\right]$ depends only on $\beta_{3}$ : it lies on the angle bisector of the triangle $\left[a^{\prime}, c, b^{\prime}\right]$ at $c$, and $\left\|c^{\prime \prime \prime}-c\right\|=\beta_{3} \sqrt{3}$. Lastly we replace $c^{\prime \prime \prime}$ by $c^{\prime \prime \prime \prime}$, which is constructed analogously as $c^{\prime \prime \prime}$, but replacing at the beginning $\beta_{3}$ by $3 \alpha_{-}\left(\geq \beta_{3}\right)$. Analogously we define the points $a^{\prime \prime \prime \prime}, b^{\prime \prime \prime \prime}$. Then $\left[a^{\prime \prime \prime \prime}, b^{\prime \prime \prime \prime}, c^{\prime \prime \prime \prime}\right] \subset\left[a^{\prime}, c^{\prime \prime \prime}, b^{\prime}, a^{\prime \prime \prime \prime}, c^{\prime}, b^{\prime \prime \prime \prime}\right] \subset K$, hence

$$
\begin{equation*}
\delta_{B M}(K, T) \leq 1 /\left(1-(9 / 2) \alpha_{-}\right) \tag{51}
\end{equation*}
$$

Here we have $1-(9 / 2) \alpha_{-} \geq 1 / 4$, i.e., $\alpha_{-} \leq 1 / 6$, thus $a^{\prime \prime \prime \prime}, b^{\prime \prime \prime \prime}, c^{\prime \prime \prime \prime} \notin \operatorname{int}\left[a^{\prime}, b^{\prime}\right.$, $c^{\prime}$ ].

Now, (50) and (51) give

$$
\left\{\begin{array}{l}
\delta_{B M}(K, T) \leq \max \left\{1+3 \alpha_{-}, 1 /\left(1-(9 / 2) \alpha_{-}\right)\right\}=  \tag{52}\\
1 /\left(1-(9 / 2) \alpha_{-}\right)=1+\left[(9 / 2) \alpha_{-}\right] /\left[1-(9 / 2) \alpha_{-}\right] \leq \\
1+\left[(9 / 2) \alpha_{-}\right] /[1-(9 / 2)(1 / 6)]=1+18 \alpha_{-}
\end{array}\right.
$$

By convexity of the respective function,

$$
\begin{equation*}
\alpha_{-}=(1-\sqrt{1-16 \varepsilon}) / 2 \leq(24 / 5) \varepsilon, \text { for } \varepsilon \in[0,1 / 28.8] \tag{53}
\end{equation*}
$$

Thus, by (52) and (53),

$$
\begin{equation*}
\delta_{B M}(K, T) \leq 1+18 \alpha_{-} \leq 1+86.4 \varepsilon \tag{54}
\end{equation*}
$$

There remains the case $\varepsilon \geq 1 / 28.8$. Then

$$
\begin{equation*}
\delta_{B M}(K, T) \leq 4 \leq 1+86.4 \varepsilon . \tag{55}
\end{equation*}
$$

Lastly, (54) and (55) together prove the theorem.

## 6 A short proof of the inequality of MahlerReisner

Theorem 13 (Mahler-Reisner [44], [64]). If $K$ is an o-symmetric convex body in $\mathbb{R}^{2}$, then

$$
|K| \cdot\left|K^{*}\right| \geq 8,
$$

with equality if and only if $K$ is a parallelogram.
In the proof of this theorem we use the results of [57], more exactly, the proof of their Theorem 15. Actually we will make only slight modifications in its proof.

Proof of Theorem 13. Like in [57], proof of their Theorem 15, we may suppose that a diameter of $K$ (a segment of maximal length contained in $K)$ is $[(-1,0),(1,0)]$, where $K \subset \mathbb{R}^{2}$ has a minimal volume product among 0 -symmetric convex bodies. Let

$$
K=\{(x, y) \mid x \in[-1,1],-f(-x) \leq y \leq f(x)\}
$$

where

$$
\left\{\begin{array}{l}
f(x) \text { is a concave function on }[-1,1], \text { with }  \tag{56}\\
f(-1)=f(1)=0, \text { and } f(x)>0 \text { for } x \in(-1,1)
\end{array}\right.
$$

If the graph of $f$ consists of two segments, we are done. If not, then, by Lemma 14 of [57], there are functions $g, h$, both satisfying (56) above, both not proportional to $f$, such that $f=(g+h) / 2$.

Let $t \in[-1,1]$. Let $f_{t}:=f+t(h-g) / 2$. Then the area of the convex body

$$
K_{t}:=\left\{(x, y) \mid x \in[-1,1],-f_{t}(-x) \leq y \leq f_{t}(x)\right\}
$$

is a linear function of $t$. By Theorem 1 of [57] the reciprocal of $\varphi(t):=$ $\left|\left[K_{t}-s\left(K_{t}\right)\right]^{*}\right|$ is a convex function of $t$. Hence $\min \varphi$ is attained either for $t=-1$ or for $t=1$. Since $K=K_{0}$ has minimum volume product, $\varphi$ is constant. Then, by Proposition 7 of [57], $K_{1}$ is an affine image of $K$, by an affinity of the form $(x, y) \rightarrow(x, u x+v y+w)$. By [57], p. 140, Remark to Proposition 7, we have $h(x)=v f(x)+u x+w$. Putting here $x= \pm 1$, we see $u=w=0$. Hence, $h$ is proportional to $f$, a contradiction.

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